

JANUARY 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2 SENIOR CENTER CLOSED 耆英中心歇業 	3 8:30-11:30 Ping Pong 乒乓 9-11 Tennis 網球 10:30-11:30 Book Discussion 12-4 Card Playing 12:15-1:15 Blood Pressure Check 量血壓	4 10-12 Case Manager Consultation 社工諮詢 12-4 Card Playing	5 11:15-1:30 Needlecraft 12-2 Card Playing 1:30-4:30 Karaoke 卡拉OK 2-4 Open Bridge	6 9:30-11:30 Rhythmaires Band Practice 12-4 Mah Jongg 麻將 1-3:30 Bingo 賓果 1-4:30 Ping Pong 乒乓 1:15-3 Book Review— <i>A Plague of Doves</i> , by Louise Erdrich 1:30-4 TechTime	
9 10-12 Golf for Seniors 12-4 Card Playing 1:30-2:30 Blood Pressure Check 量血壓 2:05-3:35 Ballroom Dance Social 交際舞社	10 8:30-3:15 SF Museum of Modern Art Trip 8:30-11:30 Ping Pong 乒乓 9-11 Tennis 網球 9:30-11:30 TV Production - The Better Part 10:30-11:30 Booktalk 12-4 Card Playing 12:30-1:30 New Volunteer Orientation 12:45-1:45 Motivating a New Me Lecture	11 7:30 Day Trip Preview 8 Trip Sign-up Day 10-12 Case Manager Consultation 社工諮詢 12-4 Card Playing 12 January Birthday Bash (\$10) Chicken Teriyaki and California Roll 照燒鷄和加卷	12 11:15-1:30 Needlecraft 12-2 Card Playing 1:30-4:30 Karaoke 卡拉OK 2 Learn about the Senior Center 2-4 Open Bridge 3-4:30 Caregiver Support Group	13 9:30-11:30 Rhythmaires Band Practice 12-4 Mah Jongg 麻將 1-3:30 Bingo 賓果 1-4:30 Ping Pong 乒乓 1:30-4 TechTime <div style="background-color: black; color: white; padding: 5px; text-align: center; margin-top: 10px;"> VOLUNTEER HOURS DUE! </div>	
16 MARTIN LUTHER KING, JR. DAY SENIOR CENTER CLOSED 馬丁路德金紀念日 耆英中心歇業一天	17 8:30-11:30 Ping Pong 乒乓 9-11 Tennis 網球 9:30-11:30 TV Production - The Better Part 12-4 Card Playing 12:15-1:15 Blood Pressure Check 量血壓	18 10-11 Music and News 10-12 Case Manager Consultation 社工諮詢 12-4 Card Playing 1-2:30 Let's Talk Current Events	19 9:30-4 Crime and Punishment Trip 11:15-1:30 Needlecraft 12-2 Card Playing 12 Karaoke Holiday Lunch (\$10) 卡拉OK節日午餐 1-2:30 Reconnecting to Life After Loss Group 1:30-4:30 Karaoke 卡拉OK 2-4 Open Bridge	20 9:30-11:30 Rhythmaires Band Practice 12-4 Mah Jongg 麻將 1-3:30 Bingo 賓果 1-4:30 Ping Pong 乒乓 1:30-4 TechTime	
23 10-12 Golf for Seniors 12-4 Card Playing 1 Volunteer Advisory Council Meeting 1:30-2:30 Blood Pressure Check 量血壓 2:05-3:35 Ballroom Dance Social 交際舞社	24 8:30-11:30 Ping Pong 乒乓 9-11 Tennis 網球 9:30-11:30 TV Production - The Better Part 12-4 Card Playing	25 10-11 Downloadable Music 10-12 Case Manager Consultation 社工諮詢 11:45 Lunch with Friends (\$6) Hot Patty Melt Sandwich 熱牛肉餅三明治 12-4 Card Playing 1:30-3:30 Monthly Movie - <i>My Favorite Brunette</i> (1947)	26 11:15-1:30 Needlecraft 12-2 Card Playing 1-2:30 Reconnecting to Life After Loss Group 1:30-4:30 Karaoke 卡拉OK 2-4 Open Bridge	27 9:30-11:30 Rhythmaires Band Practice 12-4 Mah Jongg 麻將 1-3:30 Bingo 賓果 1-4:30 Ping Pong 乒乓 1:30-4 TechTime	
30 10-12 Golf for Seniors 12-4 Card Playing	31 8:30-11:30 Ping Pong 乒乓 9-11 Tennis 網球 12-4 Card Playing 12:15-1:15 Blood Pressure Check 量血壓 1:30 Canadian Rockies & Southern Charm Travel Presentations	<div style="background-color: black; color: white; padding: 10px; margin: 0 auto; width: 80%;"> YOUR 2016 MEMBERSHIP EXPIRES JANUARY 31 </div>			CITY OF CUPERTINO SENIOR CENTER 408.777.3150 CENTER OPEN: Monday-Thursday 8am-7:30pm OFFICE HOURS: Monday-Friday 8am-5pm EMAIL: SeniorCntr@cupertino.org WEBSITE: www.cupertino.org/senior Find us on Facebook!

FEBRUARY 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div style="border: 1px solid black; padding: 10px; text-align: center;"> <p>CITY OF CUPERTINO SENIOR CENTER 408.777.3150</p> <p>CENTER OPEN: Monday-Thursday 8am-7:30pm</p> <p>OFFICE HOURS: Monday-Friday 8am-5pm</p> <p>EMAIL: SeniorCntr@cupertino.org</p> <p>WEBSITE: www.cupertino.org/senior</p> <p>Find us on Facebook!</p> </div>		<p>1 8-5:30 Marvelous Monterey with Gary Trip 10-12 Case Manager Consultation 社工諮詢 12-4 Card Playing</p>	<p>2 11:15-1:30 Needlecraft 12-2 Card Playing 1-2:30 Reconnecting to Life After Loss Group 1:30-4:30 Karaoke 卡拉OK 2-4 Open Bridge</p>	<p>3 9:30-11:30 Rhythmaires Band Practice 12-4 Mah Jongg 麻將 1-3:30 Bingo 賓果 1-4:30 Ping Pong 乒乓 1:15-3 Book Review—Members' Annual Favorite Book Presentations 1:30-4 TechTime</p>
<p>6 10-12 Golf for Seniors 11:30-1 Legal Planning for the Future 1:30-2:30 Advanced Care Planning 12-4 Card Playing 2:05-3:35 Ballroom Dance Social 交際舞社</p>	<p>7 8:30-11:30 Ping Pong 乒乓 9-11 Tennis 網球 9:30-11:30 TV Production - The Better Part 12-4 Card Playing 12:15-1:15 Blood Pressure Check 量血壓</p>	<p>8 10-12 Case Manager Consultation 社工諮詢 12-4 Card Playing 12 Chinese New Year Celebration and February Birthday Bash (\$12) 中國農曆新年慶祝活動</p>	<p>9 11:15-1:30 Needlecraft 12-2 Card Playing 1-2:30 Reconnecting to Life After Loss Group 1:30-4:30 Karaoke 卡拉OK 2 Learn about the Senior Center 2-4 Open Bridge 3-4:30 Caregiver Support Group</p>	<p>10 8:30-5:30 Napa Valley Wine Train Trip 9:30-11:30 Rhythmaires Band Practice 12-4 Mah Jongg 麻將 1-3:30 Bingo 賓果 1-4:30 Ping Pong 乒乓 1:30-4 TechTime</p>
<p>13 10-12 Golf for Seniors 12-4 Card Playing 1-4 The Age of Love movie and discussion 1:30-2:30 Blood Pressure Check 量血壓</p>	<p>14 8:30-11:30 Ping Pong 乒乓 9-11 Tennis 網球 9:30-11:30 TV Production - The Better Part 12-4 Card Playing 12:30-1:30 New Volunteer Orientation</p> <div style="text-align: center; margin-top: 10px;">  </div>	<p>15 10-11 Downloadable Music 10-12 Case Manager Consultation 社工諮詢 11:45 Lunch with Friends (\$6) Turkey Enchilada Casserole 墨式沙鍋火雞卷 12-4 Card Playing 2 Southern Charm & Canadian Rockies Travel Presentations 1-2:30 Let's Talk Current Events</p>	<p>16 9-6:30 Steinbeck House National Steinbeck Center Trip 11:15-1:30 Needlecraft 12-2 Card Playing 1-2:30 Reconnecting to Life After Loss Group 1:30-4:30 Karaoke 卡拉OK 2-4 Open Bridge</p>	<p>17 8:30 Newsletter Collating 9:30-11:30 Rhythmaires Band Practice 12-4 Mah Jongg 麻將 1-3:30 Bingo 賓果 1-4:30 Ping Pong 乒乓 1:30-4 TechTime</p>
<p>20 PRESIDENTS' DAY SENIOR CENTER CLOSED 總統節 耆英中心歇業一天</p>	<p>21 8:30-11:30 Ping Pong 乒乓 9-11 Tennis 網球 9:30-11:30 TV Production - The Better Part 11:30 Out to Lunch Bunch—Doppio Zero 12-4 Card Playing 12:15-1:15 Blood Pressure Check 量血壓</p>	<p>22 10-11 Music and News 10-12 Case Manager Consultation 社工諮詢 12-4 Card Playing 11:45 Lunch with Friends (\$6) Oven-Fried Chicken 脆皮烤雞 1:30-3:30 Monthly Movie - Shall We Dance (2004)</p>	<p>23 11:15-1:30 Needlecraft 12-2 Card Playing 1-2:30 Reconnecting to Life After Loss Group 1:30-4:30 Karaoke 卡拉OK 2-4 Open Bridge</p>	<p>24 9:30-11:30 Rhythmaires Band Practice 12-4 Mah Jongg 麻將 1-3:30 Bingo 賓果 1-4:30 Ping Pong 乒乓 1:30-4 TechTime</p>
<p>27 10-12 Golf for Seniors 12-4 Card Playing 1:30-2:30 Blood Pressure Check 量血壓 2:05-3:35 Ballroom Dance Social 交際舞社</p>	<p>28 8:30-11:30 Ping Pong 乒乓 9-11 Tennis 網球 12-4 Card Playing 1:30 Mardi Gras Travel Party</p>	<div style="border: 1px solid black; padding: 10px; display: inline-block;">  <div style="text-align: right;"> <p>Mardi Gras Travel Party</p> <p>Tuesday, February 28, 1:30pm</p> <p>Sign up at the front desk!</p> </div> </div>		