



LEADER IN TRAINING INFORMATION NIGHT

TUESDAY, APRIL 18th, 2017 @ 6:30pm
QUINLAN COMMUNITY CENTER

Learn on-the-job skills, develop your personal sense of leadership, earn volunteer hours, and have fun doing it!

Ages
14 - 17

Mandatory Training
June 5th - 9th

Apply
Applications will be accepted April 24th - May 1st.
30 applicants will be randomly selected.

www.cupertino.org/LIT



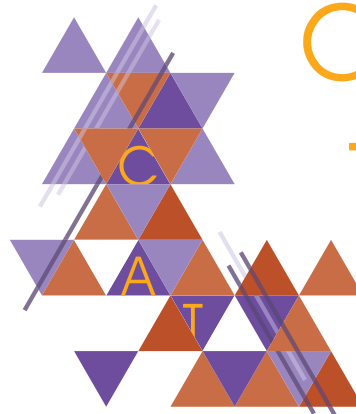
College Preparation Program

Save the date! The highly regarded college preparation courses taught by experienced FUHSD guidance counselors and English teachers return during the Spring and Summer. Current juniors (c/o 2018) should look for information from the district office on College Planning Workshop and College Essay Workshop soon!

Workshops are offered only to current juniors who are enrolled in Fremont Union School District. Full and half-scholarships are available. Contact your guidance counselor or more information.

Questions about program content should be directed to FUHSD, 408-552-2241.

Questions about the registration process should be directed to the Cupertino Recreation Office, 408-777-3120.



Civically Active Teens

Civically Active Teens is the ideal program for those who want the opportunity to learn and get first-hand experience volunteering in our community.

SPRING

Big Bunny 5K - Thursday, April 13 & Saturday, April 15, 2017
C.A.T has partnered with the Big Bunny 5K to provide teens with an opportunity to earn valuable service hours. **Volunteers must attend both dates & pre-register because space is limited. Register on www.bigbunny5k.com. Volunteers must individually register.**

SUMMER

During the summer, drop off & pick up for C.A.T program will be at the Teen Center. Participants can expect between 4-6 hours per date. Transportation will be provided.

Codes	Days	Times	Dates	Mtgs	Fees
70904	W	9:00am- 1:00pm	6/21	1	\$5R/\$6N
70905	W	9:00am- 1:00pm	6/28	1	\$5R/\$6N
70906	W	9:00am- 1:00pm	7/12	1	\$5R/\$6N
70907	W	9:00am- 1:00pm	7/19	1	\$5R/\$6N
70908	W	9:00am- 1:00pm	7/26	1	\$5R/\$6N
70909	W	9:00am- 1:00pm	8/2	1	\$5R/\$6N



TEENS

CAMPS

SAT/PSAT Prep: Reading, Writing, and SAT Essay 14-17Y

This intensive course introduces students to the reading and writing sections of the new SAT test. The students will improve their reading comprehension and grammar skills and will learn how to plan and write a timed SAT essay. The curriculum includes an overview of the SAT and PSAT tests, vocabulary development, key grammar topics, test taking strategies, and fun! Materials fee: \$20. **Instructor: Austin**

Monta Vista Recreation Center Education Classroom

Codes	Days	Times	Dates	Mtgs	Fees
69882	M-F	9:00am- 3:00pm	8/7-8/11	5	\$370R/\$444N

COMMUNICATION

Instructors' Notes

Communication Academy 7337 Bollinger Road
408-777-8870 | www.communicationacademy.com

Common Core Writing: Narrative 11-14Y

Tackle that Common Core test with confidence! Directed writing strategies and preparation teaches six skills of effective writing: organization, voice, content, clarity, grammar/mechanics and sentence fluency. Includes a strong grammar and reading comprehension component. Materials fee: \$25.

Instructor: Communication Academy

Communication Academy

Codes	Days	Times	Dates	Mtgs	Fees
70211	Sa	4:30pm- 6:00pm	4/1-6/3	10	\$370R/\$444N

Communication Combo Classes 11-14Y

SAVE! Experience two valuable classes, back-to-back, at a discounted price! Students attend two engaging classes from Communication Academy that explore two enrichment subjects at one convenient time-frame. Space is limited so don't delay on this amazing opportunity! Max of 12 students. Materials fee: \$30-\$50. **Instructor: Communication Academy**

Communication Academy

Public Speaking & Common Core Writing

Codes	Days	Times	Dates	Mtgs	Fees
70214	Sa	2:45pm- 6:00pm	4/1-6/3	10	\$655R/\$786N

Public Speaking & Debate

Codes	Days	Times	Dates	Mtgs	Fees
70215	Sa	1:00pm- 4:15pm	4/1-6/3	10	\$655R/\$786N

Debate: Congressional 11-14Y

In Congressional Debate, a mock legislative session, students debate 'bills.' While they improve critical thinking, research, organization, presentation, and listening skills, students have fun, gain confidence, and experience teambuilding. Materials fee: \$15. **Instructor: Communication Academy**

Communication Academy

Codes	Days	Times	Dates	Mtgs	Fees
70208	Tu	5:30pm- 7:00pm	3/28-5/30	10	\$385R/\$462N

Free Communication Academy Open House 5-17Y

Our FREE open house offers an excellent overview of our innovative curriculum, our ongoing course series, and sample activities from our public speaking, debate, reading, and writing courses. Contact: 408-777-8876 or visit www.communicationacademy.com.

Communication Academy

Codes	Days	Times	Dates	Mtgs	Fees
70224	Sa	3:30pm- 4:30pm	3/18	1	FREE

Public Speaking: Expository 11-14Y

Expository drills the essentials of clear effective presentation. Students create a speech on a topic of their choice and learn to manage nervousness develop research/organizational skills and communicate effectively. Most importantly students gain confidence. Final speeches recorded. Materials fee: \$25. **Instructor: Communication Academy**

Communication Academy

Codes	Days	Times	Dates	Mtgs	Fees
70206	W	5:30pm- 7:00pm	3/29-5/31	10	\$370R/\$444N

EDUCATION

SAT Prep: Reading, Writing, & SAT Essay 14-17Y

This dynamic SAT preparation class for middle and high school students covers the necessary vocabulary, grammar, reading comprehension, and essay writing skills, as well as successful test-taking strategies for the new SAT. No class 4/15. **Instructor: Austin**

Monta Vista Recreation Center Education Classroom

Codes	Days	Times	Dates	Mtgs	Fees
69872	Sa	12:00pm- 1:30pm	4/1-6/3	9	\$307R/\$368N

Driver's Education Online Course 15Y+

This Online Drivers Education Course is approved by the California Department of Motor Vehicles. Reading, videos, and quizzes will prepare the reader to pass the written DMV test. To register, visit www.economicdrivingschool.com/online. Please complete the question, 'How did you hear about us?' by choosing Activity Guide 3120.

ENGINEERING & TECHNOLOGY

AP Computer Science (Virtual Classroom) 11Y+

This AP Computer Science class is a conceptually intensive course for students in middle school and high school who plan to take AP Computer Science. Students are expected to complete homework, quizzes, and a final exam in Java. Students must have their own computer. Please ensure your Cupertino Recreation account has a valid & updated email address for online access. **Instructor: Tinker Academy**

Your Home Your Living Room

Codes	Days	Times	Dates	Mtgs	Fees
69861	Sa	3:15pm- 4:15pm	4/8-6/10	10	\$200R/\$240N

RAMAYANA 8-18Y

For the first time, San Francisco Shakespeare Festival is joining the City of Cupertino to present a youth theatre production of Ramayana. Children aged 8-18 will join professional theatre artists to tell the epic story of Prince Rama, who joins forces with Hanuman the flying monkey to rescue his love Princess Sita from the evil Demon King Ravana.

Auditions: March 14, 2017 (all participants will be cast)

Rehearsals: Tues/Thurs March 21-May 18

Performances: May 19-21 at the Quinlan Center

Enroll at www.sfshakes.org

Upstart Crow Teen Camp 12-18Y

Play: **Julius Caesar**

Location: Quinlan Community Center Cupertino Room

Days: Monday-Friday Time: 9:00am-3:00pm

Dates: July 24th- August 4th

Cost: \$574 for two weeks, all supplies and materials included.

Register at www.sfshakes.org

For more information call: (415) 558-0888

Programming Using Java (Virtual Classroom) 10Y+

This is an exclusively online class with active instructors which will teach students Java and object oriented concepts, the Java API and Java language fundamentals. Students must have their own laptop computer and complete assignments. Students are expected to complete homework, quizzes, and a final exam in Java. Please ensure your Cupertino Recreation account has a valid & updated email address for online access.

Instructor: Tinker Academy

Your Home Your Living Room

Codes	Days	Times	Dates	Mtgs	Fees
69863	Sa	2:00pm- 3:00pm	4/8-6/10	10	\$200R/\$240N



TEENS

FITNESS

Kids Yoga 6-11Y

Children will have fun learning about all the asanas of Yoga in a creative way. Every class they will explore various poses. With multiple sessions, kids will gain all the benefits of Yoga - increased flexibility, concentration, strength, and coordination. No class 4/13. **Instructor: Shri Shakthi Yoga**

Quinlan Community Center Activity Room

Codes	Days	Times	Dates	Mtgs	Fees
68178	Th	4:45pm- 5:45pm	3/30-6/8	10	\$120R/\$144N

Tai Chi for Kids**7-14Y**

Tai Chi teaches kids strategic thinking, as well as focus and concentration. Under the professional guidance of world Tai Chi champion Master Yunjian Zou, they will learn martial arts applications, strengthen their bodies, and develop patience, understanding, and confidence. **Instructor: ZOU**

Omei Academy Omei Academy					
Codes	Days	Times	Dates	Mtgs	Fees
70667	Sa	2:00pm- 3:00pm	4/8-6/10	10	\$260R/\$312N

10 HIIT classes at FIT36® Fitness**16Y+**

Get total body strength and endurance training in just 36 minutes with our high intensity interval circuits. The heart rate training not only changes and challenges, but it is all under the guidance of our certified trainers.

In addition to your 10 class package, receive ONE WEEK FREE. For more information visit <http://fit36fitness.com/cupertino> or call **408-333-9188**
Instructor: FIT36 Fitness Studio **\$200R/NR**

Studio Address: 19700 Vallco Pkwy #100, Cupertino

MUSIC*Instructors' Notes*

Joyful Melodies Music School
 10455 Bandle Drive, Suite 300

Group Guitar for Teens**13-18Y**

Here's your chance to play with a real rock star! In this class you'll learn everything you need to know about how to become a great guitar player. Students must bring their own guitars.
Instructor: Joyful Melodies Staff

Joyful Melodies Music School					
Codes	Days	Times	Dates	Mtgs	Fees
70182	W	7:00pm- 8:00pm	3/29-6/7	11	\$330R/\$396N
70183	Sa	3:00pm- 4:00pm	4/1-6/10	11	\$330R/\$396N

Group Violin for Teens**13-18Y**

This group will teach the fundamentals of playing a stringed instrument and focus on the basics of violin technique. Students will learn to play individually and in an ensemble setting and will also learn music theory and ear training. Please prepare your own violin for class. **Instructor: Joyful Melodies Staff**

Joyful Melodies Music School					
Codes	Days	Times	Dates	Mtgs	Fees
70191	Tu	4:00pm- 5:00pm	3/28-6/6	11	\$330R/\$396N

iMusic Instrument Ensemble**6Y+**

For advanced and beginner students. Joyful Melodies offers a great opportunity to play music with other students. Music ensemble is the best way to develop musicianship and learning from each other. **Instructor: Joyful Melodies Staff**

Joyful Melodies Music School					
Codes	Days	Times	Dates	Mtgs	Fees
70200	Th	5:30pm- 6:30pm	3/30-6/8	11	\$330R/\$396N

SPORTS**Basketball Youth League****9-15Y**

Looking to play more basketball? This program is designed to practice your skills on the court playing against other youth, All games all the time! **Instructor: Lifetime Activities**

Cupertino Sports Center Sports Court					
Codes	Days	Times	Dates	Mtgs	Fees
69344	M W	6:00pm- 7:00pm	3/13-5/17	20	\$160R/\$176N
69345	M W	7:15pm- 8:15pm	3/13-5/17	20	\$160R/\$176N

Basketball CSC**7-15Y**

Students will learn the passing, dribbling and shooting techniques. Team play will be introduced and students will learn the roles of the guard, forward and center positions. Offensive and defensive responsibilities will be introduced, along with game rules, vocabulary and recreational game play as skills improve. Ratio is 8:1. **Instructor: Lifetime Activities**

Cupertino Sports Center Multi-Purpose Room					
Indoor Basketball					
Codes	Days	Times	Dates	Mtgs	Fees
68958	Tu	4:05pm- 5:50pm	3/21-4/25	5	\$158R/\$173N
69542	Tu	4:05pm- 5:50pm	5/2-6/6	6	\$189R/\$208N
68959	F	4:05pm- 5:50pm	3/24-4/28	5	\$158R/\$173N
69543	F	4:05pm- 5:50pm	5/5-6/9	6	\$189R/\$208N
68960	F	7:00pm- 8:45pm	3/24-4/28	6	\$189R/\$208N
69544	F	7:00pm- 8:45pm	5/5-6/9	6	\$189R/\$208N
Outdoor Basketball					
Codes	Days	Times	Dates	Mtgs	Fees
68961	Sa	12:00pm- 1:30pm	4/29-6/3	6	\$162R/\$178N
69545	Sa	12:00pm- 1:30pm	5/6-6/10	6	\$162R/\$178N

Introduction to Ice Hockey**6-14Y**

Balance, use of edges, forward and backward crossovers, and hockey stops will all be taught in the first four weeks. Prerequisite: Completion of Intro to Ice Skating class.
Instructor: Ice Center of Cupertino

Vallco Shopping Mall Ice Center					
Codes	Days	Times	Dates	Mtgs	Fees
70089	W	4:00pm- 4:30pm	5/17-6/21	6	\$99R/\$119N

Jr. Golf: Beginning

7-17Y

Hey, young golfers! Learn and develop the basic skills and knowledge for playing golf. This class prepares you for level 2, Junior Golf: Intermediate, play on the course!

Instructor: Deep Cliff Staff

Deep Cliff Golf Course Golf Course

Codes	Days	Times	Dates	Mtgs	Fees
70090	Sa	10:30am-12:00pm	3/25-4/15	4	\$150R/\$180N
70091	Sa	10:30am-12:00pm	4/29-5/20	4	\$150R/\$180N

Jr. Golf: Intermediate

7-17Y

This class is designed to give you a place to continue building your golf skills and knowledge as you play on the course.

Prerequisite for this class is Junior Golf Beginning, Junior Golf Camp or instructor approval. Instructor: Deep Cliff Staff

Deep Cliff Golf Course Golf Course

Codes	Days	Times	Dates	Mtgs	Fees
70092	Sa	3:00pm- 6:00pm	4/8-4/29	4	\$252R/\$302N
70093	Sa	3:00pm- 6:00pm	5/6-5/27	4	\$252R/\$302N

Kids Karate: Beginning

7-17Y

Shotokan Karate is a traditional Japanese form of the martial arts involving discipline of mind, body, and spirit. Have fun while learning balance and coordination through basic kicks, punches, blocks, forms, and self-defense techniques. Optional belt testing is available for an additional fee. No class 5/29.

Instructor: Wright Way Shotokan

Monta Vista Recreation Center Multi-Purpose Room

Level 1

Codes	Days	Times	Dates	Mtgs	Fees
70098	M W	5:30pm- 6:30pm	4/3-5/31	17	\$153R/\$184N

Level 2

Codes	Days	Times	Dates	Mtgs	Fees
70099	M W	5:30pm- 6:30pm	4/3-5/31	17	\$153R/\$184N

Kids Karate: Advanced

7-17Y

Continue your martial arts development with more advanced training. Students will be challenged with more complex kicks, punches, blocks, forms, and self-defense techniques and fighting techniques. Optional belt testing is available for an additional fee. No class 5/29. Instructor: Wright Way Shotokan

Monta Vista Recreation Center Multi-Purpose Room

Level 1

Codes	Days	Times	Dates	Mtgs	Fees
70096	M W	6:30pm- 7:30pm	4/3-5/31	17	\$153R/\$184N

Level 2

Codes	Days	Times	Dates	Mtgs	Fees
70097	M W	6:30pm- 7:30pm	4/3-5/31	17	\$153R/\$184N

The Player's Golf Academy

10-17Y

The Player's Golf Academy will help you continue developing a more complete golf game. This class is for you if you have completed Jr. Golf Intermediate and have gained instructor approval to advance to this level. Instructor: Deep Cliff Staff

Deep Cliff Golf Course Golf Course

Codes	Days	Times	Dates	Mtgs	Fees
70102	Sa	2:00pm- 6:00pm	3/25-4/15	4	\$336R/\$403N
70103	Sa	2:30pm- 6:30pm	4/22-5/13	4	\$336R/\$403N
70139	Sa	2:30pm- 6:30pm	5/20-6/10	4	\$336R/\$403N

VOLUNTEER

Civically Active Teens C.A.T

9-12G

Civically Active Teens is the ideal program for those who want the opportunity to learn and get first-hand experience volunteering in our community. Each date will feature different local organizations and be a combination of education and hands-on volunteering experience. Location will be published online once confirmed. Instructor: Staff

SPRING

Big Bunny 5K - Thursday, April 13 & Saturday, April 15, 2017
C.A.T has partnered with the Big Bunny 5K to provide teens with an opportunity to earn valuable service hours. **Volunteers must attend both dates & preregister because space is limited.** Register on www.bigbunny5k.com. All volunteers must individually register, registration cannot be on the behalf of a group.

SUMMER

Codes	Days	Times	Dates	Mtgs	Fees
70904	W	9:00am- 1:00pm	6/21	1	\$5R/\$6N
70905	W	9:00am- 1:00pm	6/28	1	\$5R/\$6N
70906	W	9:00am- 1:00pm	7/12	1	\$5R/\$6N
70907	W	9:00am- 1:00pm	7/19	1	\$5R/\$6N
70908	W	9:00am- 1:00pm	7/26	1	\$5R/\$6N
70909	W	9:00am- 1:00pm	8/2	1	\$5R/\$6N

WATER ACTIVITIES

Introductory Sailing

14Y+

Learn to harness the calm morning breeze in protected water. This introductory course covers tacking, jibing, docking, water safety, and terminology needed to get out on the water. Includes a 1-hour private lesson which can be scheduled at your convenience after completing the course.

Instructor: Shoreline Aquatic Center

Shoreline Park Aquatic Center

Codes	Days	Times	Dates	Mtgs	Fees
70694	Sa-Su	9:00am- 1:00pm	6/10-6/11	2	\$285
70695	Sa-Su	9:00am- 1:00pm	6/17-6/18	2	\$285
70696	Sa-Su	9:00am- 1:00pm	6/24-6/25	2	\$285
70697	Sa-Su	9:00am- 1:00pm	7/8-7/9	2	\$285
70698	Sa-Su	9:00am- 1:00pm	7/15-7/16	2	\$285
70699	Sa-Su	9:00am- 1:00pm	7/22-7/23	2	\$285
70700	Sa-Su	9:00am- 1:00pm	7/29-7/30	2	\$285
70701	Sa-Su	9:00am- 1:00pm	8/5-8/6	2	\$285