

Cupertino Sports Center

The City of Cupertino Sports Center is a 6 acres site located across the street from De Anza College. The Sports Center is open to Cupertino residents and non residents. We offer a variety of activities and you can pay by the day, the month or the year!

Cupertino Sports Center offers:

- Fitness Room
- Fitness Classes
- Personal Training
- Child Watch
- Basketball
- Pickleball
- Badminton
- Table Tennis
- Tennis Courts
- Racquetball Courts
- LifeFitness Strength Training Equipment
- Free weights
- Lifecycles
- Treadmills
- Precor AMT's
- LifeFitness Elliptical
- Adult Sports
- Locker Rooms
- Teen Center



The Sports Center is Handicap Accessible, please let us know if you require any assistance.

MEMBERSHIP FEES

Type	1 Month	1 Year
Single	\$65R/\$75NR	\$430R/\$465NR
Couple	\$85R/\$100NR	\$815R/\$890NR
Family	\$105R/\$125NR	\$910R/\$990NR
Senior	\$50R/\$60N	\$385R/\$415NR
Student	\$30	N/A
Junior	\$30	\$305R/\$340NR

Call for monthly specials.
Please note, prices are subject to change.

DROP-IN FEES

		10 PACKS
Day Pass	\$10R/\$13NR	\$90R/\$117NR
Aerobics, Dance, Sculpting	\$6 per class/Members FREE	\$4
Yoga, TRX, Pilates	\$8 per class/Members FREE	\$72
Basketball, Badminton, Pickleball, Table Tennis	\$6 per visit/Members FREE	\$4

Tennis, Table Tennis, & Badminton Camps & Classes

Registration will be accepted at the Sports Center, Quinlan Community Center, online at www.cupertino.org/register, fax at 408-777-1305, or mail.

For more information, call 408-777-3160.

Private Tennis Instruction

Private, semi-private, and small group lessons may be arranged upon request at various times. Please contact Lifetime Activities at 408-777-3169.

Cupertino Tennis Club

The Cupertino Tennis Club is co-sponsored by the City and is open to residents and nonresidents. CTC offers tournaments, interclub, social events, and sponsors teams, which compete in the USTA Nor-Cal Leagues.

Yearly Fee: Resident Family \$25, Nonresident Family \$30, Resident Single \$20, Nonresident Single \$25.

For more information please visit www.cupertinotennisclub.org

Cupertino Sports Center

Phone: 408-777-3160
2111 Stevens Creek Boulevard
www.cupertino.org/sportscenter

Hours of Operation

Monday-Friday 6am-10pm
Saturday 8am-10pm
Sunday, 8am-8pm

Closed: July 4, Thanksgiving, Christmas Eve, Christmas Day, New Years Eve, New Years Day.

Check out the schedule of fitness classes at www.cupertino.org/sportscenter.



LIFETIME ACTIVITIES GENERAL INFORMATION

Make-up Policy

In the event a class is cancelled, make-up classes will be rescheduled (as time and weather permits) at the discretion of Lifetime Activities. Make-up classes tend to be on Saturdays and/or Sundays. Make-up classes are not offered due to student absences. Students/parents are responsible for calling or checking online at www.lifetimeactivities.com for make-up days and times.

Rain Policy

In the event of rain, contact the Lifetime Activities rain hotline at 408-252-4529. Please do not call any earlier than one hour before class is scheduled as conditions may change from hour to hour.

Bring Your Own Equipment

All students in all classes are asked to bring their own equipment to class. Equipment for tennis, table tennis, and badminton can be purchased in the Lifetime Activities Pro Shop at the Cupertino Sports Center, 408-777-3169.

Ball Machine Rental

Lifetime Activities offers a ball machine for rent at the Sports Center on our specialized ball machine court. You can rent this great practice and workout tool for 45 minutes or with long-term passes. For further information on products, services, and prices, please call 408-777-3169.

Tennis Pro Shop

The Cupertino Sports Center has an on-site pro shop, services include racquet stringing and regripping. There is a demo program to test out racquets and knowledgeable staff to assist you with any of your pro shop needs.

Locations of Classes

Youth classes take place at the Cupertino Sports Center. Adult classes may take place at the Cupertino Sports Center or Memorial Park tennis courts.

Refund Policy

See page 85.

Check-in/out for Children 14 Years Old or Younger

It is the policy of the Cupertino Recreation and Community Services Department that all children 0-14 years of age must be checked in and out of classes and activities by a parent or guardian. Please see the instructor to check your child in and out. If you have questions regarding this policy, please call the Recreation and Community Services office at 408-777-3120.

More Lesson Options

If your preferred class is filled, please contact Lifetime Activities at 408-777-3169 to discuss other lesson options.





Sports Center

CAMPS

All Day Activities 1

6-15Y

These camps combine cricket, with volleyball, basketball, and chess for a full day of exercise and social interaction. Bring snacks, lunch, sunscreen and a water bottle. Ratio 8:1. No class 7/4. Instructor: Lifetime Activities

Faria Elementary School Soccer Field

Codes	Days	Times	Dates	Mtgs	Fees
69779	M-F	9:00am- 5:30pm	6/12-6/16	5	\$499R/\$549N
69780	M-F	9:00am- 5:30pm	6/19-6/23	5	\$499R/\$549N
69781	M-F	9:00am- 5:30pm	6/26-6/30	5	\$499R/\$549N
69782	M W-F	9:00am- 5:30pm	7/3-7/7	4	\$400R/\$440N
69783	M-F	9:00am- 5:30pm	7/10-7/14	5	\$499R/\$549N
69784	M-F	9:00am- 5:30pm	7/17-7/21	5	\$499R/\$549N
69785	M-F	9:00am- 5:30pm	7/24-7/28	5	\$499R/\$549N
69786	M-F	9:00am- 5:30pm	7/31-8/4	5	\$499R/\$549N
69787	M-F	9:00am- 5:30pm	8/7-8/11	5	\$499R/\$549N
69787	M-F	9:00am- 5:30pm	8/7-8/11	5	\$499R/\$549N

All Day Activities 2

6-15Y

These camps combine basketball, volleyball, pickleball, and chess for a full day of exercise and social interaction. Bring snacks, lunch, sunscreen and a water bottle. No class 7/4. Instructor: Lifetime Activities

Cupertino Sports Center Sports Court

Codes	Days	Times	Dates	Mtgs	Fees
69669	M-F	9:00am- 5:30pm	6/12-6/16	5	\$499R/\$549N
69670	M-F	9:00am- 5:30pm	6/19-6/23	5	\$499R/\$549N
69671	M-F	9:00am- 5:30pm	6/26-6/30	5	\$499R/\$549N
69672	M W-F	9:00am- 5:30pm	7/3-7/7	4	\$400R/\$440N
69673	M-F	9:00am- 5:30pm	7/10-7/14	5	\$499R/\$549N
69674	M-F	9:00am- 5:30pm	7/17-7/21	5	\$499R/\$549N
69675	M-F	9:00am- 5:30pm	7/24-7/28	5	\$499R/\$549N
69676	M-F	9:00am- 5:30pm	7/31-8/4	5	\$499R/\$549N
69677	M-F	9:00am- 5:30pm	8/7-8/11	5	\$499R/\$549N

Badminton & Table Tennis Combo Camps 6-15Y

Twice the fun as students participate in both the badminton and table tennis camps at a discounted rate! Ratio is 6:1. No class 7/4. Instructor: Lifetime Activities

Cupertino Sports Center Multi-Purpose Room

Codes	Days	Times	Dates	Mtgs	Fees
68944	M-F	1:10pm- 5:20pm	4/3-4/7	5	\$326R/\$359N
68945	M-F	1:10pm- 5:20pm	4/10-4/14	5	\$326R/\$359N
69317	M-F	1:10pm- 5:20pm	6/5-6/9	5	\$326R/\$359N
69318	M-F	1:10pm- 5:20pm	6/12-6/16	5	\$326R/\$359N
69319	M-F	1:10pm- 5:20pm	6/19-6/23	5	\$326R/\$359N
69320	M-F	1:10pm- 5:20pm	6/26-6/30	5	\$326R/\$359N
69321	M W-F	1:10pm- 5:20pm	7/3-7/7	4	\$261R/\$288N
69322	M-F	1:10pm- 5:20pm	7/10-7/14	5	\$326R/\$359N
69323	M-F	1:10pm- 5:20pm	7/17-7/21	5	\$326R/\$359N
69324	M-F	1:10pm- 5:20pm	7/24-7/28	5	\$326R/\$359N
69325	M-F	1:10pm- 5:20pm	7/31-8/4	5	\$326R/\$359N
69326	M-F	1:10pm- 5:20pm	8/7-8/11	5	\$326R/\$359N
69327	M-F	1:10pm- 5:20pm	8/14-8/18	5	\$326R/\$359N
69328	M-F	1:10pm- 5:20pm	8/21-8/25	5	\$326R/\$359N
69329	M-F	1:10pm- 5:20pm	8/28-9/1	5	\$326R/\$359N

Badminton Camps

6-15Y

An exciting week of fun and skill building. Students are grouped by age and ability levels. Improve fundamentals and be involved in singles and doubles match play. Players are asked to bring a racquet. Ratio is 6:1. No class 7/4. Instructor: Lifetime Activities

Cupertino Sports Center Multi-Purpose Room

Codes	Days	Times	Dates	Mtgs	Fees
68947	M-F	1:10pm- 3:10pm	4/10-4/14	5	\$193R/\$212N
69291	M-F	1:10pm- 3:10pm	6/5-6/9	5	\$193R/\$212N
69292	M-F	1:10pm- 3:10pm	6/12-6/16	5	\$193R/\$212N
69293	M-F	1:10pm- 3:10pm	6/19-6/23	5	\$193R/\$212N
69294	M-F	1:10pm- 3:10pm	6/26-6/30	5	\$193R/\$212N
69295	M W-F	1:10pm- 3:10pm	7/3-7/7	4	\$155R/\$170N
69296	M-F	1:10pm- 3:10pm	7/10-7/14	5	\$193R/\$212N
69297	M-F	1:10pm- 3:10pm	7/17-7/21	5	\$193R/\$212N
69298	M-F	1:10pm- 3:10pm	7/24-7/28	5	\$193R/\$212N
69299	M-F	1:10pm- 3:10pm	7/31-8/4	5	\$193R/\$212N
69300	M-F	1:10pm- 3:10pm	8/7-8/11	5	\$193R/\$212N



Chess Camp

Beginning through Intermediate Chess puzzles and creative exercise will enhance critical thinking. Group instruction and individual coaching will improve skills. Each first time participant will receive their own personal roll up chess board with chess pieces. Ratio is 8:1. No class 7/4.

Instructor: Lifetime Activities

6-12Y

Chess

Cupertino Sports Center Conference Room

Codes	Days	Times	Dates	Mtgs	Fees
68974	M-F	12:30pm- 2:00pm	4/10-4/14	5	\$135R/\$149N
69457	M-F	2:15pm- 3:45pm	4/10-4/14	5	\$135R/\$149N
69447	M-F	12:30pm- 2:00pm	6/5-6/9	5	\$135R/\$149N
69458	M-F	2:15pm- 3:45pm	6/5-6/9	5	\$135R/\$149N
69468	M-F	4:00pm- 5:30pm	6/5-6/9	5	\$135R/\$149N
69448	M-F	12:30pm- 2:00pm	6/12-6/16	5	\$135R/\$149N
69459	M-F	2:15pm- 3:45pm	6/12-6/16	5	\$135R/\$149N
69469	M-F	4:00pm- 5:30pm	6/12-6/16	5	\$135R/\$149N
69449	M-F	12:30pm- 2:00pm	6/19-6/23	5	\$135R/\$149N
69460	M-F	2:15pm- 3:45pm	6/19-6/23	5	\$135R/\$149N
69470	M-F	4:00pm- 5:30pm	6/19-6/23	5	\$135R/\$149N
69450	M-F	12:30pm- 2:00pm	6/26-6/30	5	\$135R/\$149N
69461	M-F	2:15pm- 3:45pm	6/26-6/30	5	\$135R/\$149N
69471	M-F	4:00pm- 5:30pm	6/26-6/30	5	\$135R/\$149N
69451	M W-F	12:30pm- 2:00pm	7/3-7/7	4	\$108R/\$120N
69462	M W-F	2:15pm- 3:45pm	7/3-7/7	4	\$108R/\$120N
69472	M W-F	4:00pm- 5:30pm	7/3-7/7	4	\$108R/\$120N
69452	M-F	12:30pm- 2:00pm	7/10-7/14	5	\$135R/\$149N
69463	M-F	2:15pm- 3:45pm	7/10-7/14	5	\$135R/\$149N
69473	M-F	4:00pm- 5:30pm	7/10-7/14	5	\$135R/\$149N
69453	M-F	12:30pm- 2:00pm	7/17-7/21	5	\$135R/\$149N
69464	M-F	2:15pm- 3:45pm	7/17-7/21	5	\$135R/\$149N
69474	M-F	4:00pm- 5:30pm	7/17-7/21	5	\$135R/\$149N
69454	M-F	12:30pm- 2:00pm	7/24-7/28	5	\$135R/\$149N
69465	M-F	2:15pm- 3:45pm	7/24-7/28	5	\$135R/\$149N
69475	M-F	4:00pm- 5:30pm	7/24-7/28	5	\$135R/\$149N
69455	M-F	12:30pm- 2:00pm	7/31-8/4	5	\$135R/\$149N
69466	M-F	2:15pm- 3:45pm	7/31-8/4	5	\$135R/\$149N
69476	M-F	4:00pm- 5:30pm	7/31-8/4	5	\$135R/\$149N
69456	M-F	12:30pm- 2:00pm	8/7-8/11	5	\$135R/\$149N
69467	M-F	2:15pm- 3:45pm	8/7-8/11	5	\$135R/\$149N
69477	M-F	4:00pm- 5:30pm	8/7-8/11	5	\$135R/\$149N

Lifetime Activities Extended Care

6-15Y

Students enrolled in Lifetime Activities camps can be part of our extended care from 8 - 9 am and from 5:30 - 6 pm. No class 7/4.

Instructor: Lifetime Activities

Cupertino Sports Center Sports Court

Codes	Days	Times	Dates	Mtgs	Fees
69788	M-F	8-9am & 5:30-6pm	4/10-4/14	5	\$75R/\$83N
69841	M-F	8-9am & 5:30-6pm	6/5-6/9	5	\$75R/\$83N
69842	M-F	8-9am & 5:30-6pm	6/12-6/16	5	\$75R/\$83N
69843	M-F	8-9am & 5:30-6pm	6/19-6/23	5	\$75R/\$83N
69844	M-F	8-9am & 5:30-6pm	6/26-6/30	5	\$75R/\$83N
69845	M W-F	8-9am & 5:30-6pm	7/3-7/7	4	\$60R/\$67N
69846	M-F	8-9am & 5:30-6pm	7/10-7/14	5	\$75R/\$83N
69847	M-F	8-9am & 5:30-6pm	7/17-7/21	5	\$75R/\$83N
69848	M-F	8-9am & 5:30-6pm	7/24-7/28	5	\$75R/\$83N
69849	M-F	8-9am & 5:30-6pm	7/31-8/4	5	\$75R/\$83N
69850	M-F	8-9am & 5:30-6pm	8/7-8/11	5	\$75R/\$83N

Outdoor Volleyball/Chess Camp

6-15Y

Twice the fun as students participate in both volleyball and chess camps at a discounted rate. Bring a snack, sunscreen and a water bottle. Ratio is 8:1. No class 7/4. Instructor: Lifetime Activities

Cupertino Sports Center Sports Court

Codes	Days	Times	Dates	Mtgs	Fees
69768	M-F	12:30pm- 3:45pm	4/10-4/14	5	\$239R/\$263N
69769	M-F	12:30pm- 3:45pm	6/5-6/9	5	\$239R/\$263N
69770	M-F	12:30pm- 3:45pm	6/12-6/16	5	\$239R/\$263N
69771	M-F	12:30pm- 3:45pm	6/19-6/23	5	\$239R/\$263N
69772	M-F	12:30pm- 3:45pm	6/26-6/30	5	\$239R/\$263N
69773	M W-F	12:30pm- 3:45pm	7/3-7/7	4	\$192R/\$211N
69774	M-F	12:30pm- 3:45pm	7/10-7/14	5	\$239R/\$263N
69775	M-F	12:30pm- 3:45pm	7/17-7/21	5	\$239R/\$263N
69776	M-F	12:30pm- 3:45pm	7/24-7/28	5	\$239R/\$263N
69777	M-F	12:30pm- 3:45pm	7/31-8/4	5	\$239R/\$263N
69778	M-F	12:30pm- 3:45pm	8/7-8/11	5	\$239R/\$263N

Fee Waiver

For fee waiver assistance, contact West Valley Community Services at 408-255-8033.

Disability

If you have a disability that requires special accommodations, please let us know when you register.

Cancellations

A minimum number of participants must enroll in order for a class to be held. Classes with low enrollment may be cancelled, so please register early.

Refunds and Transfers

Before you register, please read the Refund Policy on page 85.

Outdoor Basketball Camp**6-15Y**

Students will learn the passing, dribbling and shooting techniques in a week long camp. Team play will be introduced and students will learn the roles of the guard, forward and center positions. Bring snack and water bottle. Ratio is 8:1. No class 7/4.

Instructor: Lifetime Activities

Cupertino Sports Center Sports Court

Codes	Days	Times	Dates	Mtgs	Fees
69550	M-F	9:00am-11:30am	4/10-4/14	5	\$135R/\$149N
69586	M-F	2:15pm- 3:45pm	4/10-4/14	5	\$135R/\$149N
69576	M-F	9:00am-11:30am	6/5-6/9	5	\$135R/\$149N
69587	M-F	2:15pm- 3:45pm	6/5-6/9	5	\$135R/\$149N
69577	M-F	9:00am-11:30am	6/12-6/16	5	\$135R/\$149N
69588	M-F	2:15pm- 3:45pm	6/12-6/16	5	\$135R/\$149N
69578	M-F	9:00am-11:30am	6/19-6/23	5	\$135R/\$149N
69589	M-F	2:15pm- 3:45pm	6/19-6/23	5	\$135R/\$149N
69579	M-F	9:00am-11:30am	6/26-6/30	5	\$135R/\$149N
69590	M-F	2:15pm- 3:45pm	6/26-6/30	5	\$135R/\$149N
69580	M W-F	9:00am-11:30am	7/3-7/7	4	\$108R/\$120N
69591	M W-F	2:15pm- 3:45pm	7/3-7/7	4	\$108R/\$120N
69581	M-F	9:00am-11:30am	7/10-7/14	5	\$135R/\$149N
69592	M-F	2:15pm- 3:45pm	7/10-7/14	5	\$135R/\$149N
69582	M-F	9:00am-11:30am	7/17-7/21	5	\$135R/\$149N
69593	M-F	2:15pm- 3:45pm	7/17-7/21	5	\$135R/\$149N
69583	M-F	9:00am-11:30am	7/24-7/28	5	\$135R/\$149N
69594	M-F	2:15pm- 3:45pm	7/24-7/28	5	\$135R/\$149N
69584	M-F	9:00am-11:30am	7/31-8/4	5	\$135R/\$149N
69595	M-F	2:15pm- 3:45pm	7/31-8/4	5	\$135R/\$149N
69585	M-F	9:00am-11:30am	8/7-8/11	5	\$135R/\$149N
69596	M-F	2:15pm- 3:45pm	8/7-8/11	5	\$135R/\$149N

Outdoor Basketball/Volleyball Combo Camp 7-15Y

Twice the fun as students participate in both the basketball and volleyball camps at a discounted rate. Bring snack and water bottle. Ratio is 8:1. No class 7/4. **Instructor: Lifetime Activities**

Cupertino Sports Center Sports Court

Basketball/Volleyball

Codes	Days	Times	Dates	Mtgs	Fees
69635	M-F	9:00am- 2:00pm	4/10-4/14	5	\$349R/\$384N
69726	M-F	9:00am- 2:00pm	6/5-6/9	5	\$349R/\$384N
69727	M-F	9:00am- 2:00pm	6/12-6/16	5	\$349R/\$384N
69728	M-F	9:00am- 2:00pm	6/19-6/23	5	\$349R/\$384N
69729	M-F	9:00am- 2:00pm	6/26-6/30	5	\$349R/\$384N
69730	M W-F	9:00am- 2:00pm	7/3-7/7	4	\$280R/\$308N
69731	M-F	9:00am- 2:00pm	7/10-7/14	5	\$349R/\$384N
69732	M-F	9:00am- 2:00pm	7/17-7/21	5	\$349R/\$384N
69733	M-F	9:00am- 2:00pm	7/24-7/28	5	\$349R/\$384N
69734	M-F	9:00am- 2:00pm	7/31-8/4	5	\$349R/\$384N
69735	M-F	9:00am- 2:00pm	8/7-8/11	5	\$349R/\$384N

Volleyball/Basketball

Codes	Days	Times	Dates	Mtgs	Fees
69736	M-F	12:30pm- 3:45pm	4/10-4/14	5	\$239R/\$263N
69737	M-F	12:30pm- 3:45pm	6/5-6/9	5	\$239R/\$263N
69738	M-F	12:30pm- 3:45pm	6/12-6/16	5	\$239R/\$263N
69739	M-F	12:30pm- 3:45pm	6/19-6/23	5	\$239R/\$263N
69740	M-F	12:30pm- 3:45pm	6/26-6/30	5	\$239R/\$263N
69741	M W-F	12:30pm- 3:45pm	7/3-7/7	4	\$192R/\$211N
69742	M-F	12:30pm- 3:45pm	7/10-7/14	5	\$239R/\$263N
69743	M-F	12:30pm- 3:45pm	7/17-7/21	5	\$239R/\$263N
69744	M-F	12:30pm- 3:45pm	7/24-7/28	5	\$239R/\$263N
69745	M-F	12:30pm- 3:45pm	7/31-8/4	5	\$239R/\$263N
69746	M-F	12:30pm- 3:45pm	8/7-8/11	5	\$239R/\$263N

Outdoor Basketball /Chess Combo Camp 6-15Y

Twice the fun as students participate in both the basketball and chess camps at a discounted rate. Bring snack and water bottle. Ratio is 8:1. No class 7/4. **Instructor: Lifetime Activities**

Cupertino Sports Center Sports Court

Basketball/Chess

Codes	Days	Times	Dates	Mtgs	Fees
69597	M-F	9:00am- 2:00pm	4/10-4/14	5	\$349R/\$384N
69636	M-F	9:00am- 2:00pm	6/5-6/9	5	\$349R/\$384N
69657	M-F	2:15pm- 5:30pm	6/5-6/9	5	\$239R/\$263N
69637	M-F	9:00am- 2:00pm	6/12-6/16	5	\$349R/\$384N
69658	M-F	2:15pm- 5:30pm	6/12-6/16	5	\$239R/\$263N
69638	M-F	9:00am- 2:00pm	6/19-6/23	5	\$349R/\$384N
69659	M-F	2:15pm- 5:30pm	6/19-6/23	5	\$239R/\$263N
69639	M-F	9:00am- 2:00pm	6/26-6/30	5	\$349R/\$384N
69660	M-F	2:15pm- 5:30pm	6/26-6/30	5	\$239R/\$263N
69640	M W-F	9:00am- 2:00pm	7/3-7/7	4	\$280R/\$308N
69661	M W-F	2:15pm- 5:30pm	7/3-7/7	4	\$192R/\$211N
69641	M-F	9:00am- 2:00pm	7/10-7/14	5	\$349R/\$384N
69662	M-F	2:15pm- 5:30pm	7/10-7/14	5	\$239R/\$263N
69642	M-F	9:00am- 2:00pm	7/17-7/21	5	\$349R/\$384N
69663	M-F	2:15pm- 5:30pm	7/17-7/21	5	\$239R/\$263N
69643	M-F	9:00am- 2:00pm	7/24-7/28	5	\$349R/\$384N
69664	M-F	2:15pm- 5:30pm	7/24-7/28	5	\$239R/\$263N
69644	M-F	9:00am- 2:00pm	7/31-8/4	5	\$349R/\$384N
69665	M-F	2:15pm- 5:30pm	7/31-8/4	5	\$239R/\$263N
69645	M-F	9:00am- 2:00pm	8/7-8/11	5	\$349R/\$384N
69666	M-F	2:15pm- 5:30pm	8/7-8/11	5	\$239R/\$263N

Chess/Basketball

Codes	Days	Times	Dates	Mtgs	Fees
69747	M-F	12:30pm- 3:45pm	4/10-4/14	5	\$239R/\$263N
69748	M-F	12:30pm- 3:45pm	6/5-6/9	5	\$239R/\$263N
69749	M-F	12:30pm- 3:45pm	6/12-6/16	5	\$239R/\$263N
69750	M-F	12:30pm- 3:45pm	6/19-6/23	5	\$239R/\$263N

69751	M-F	12:30pm- 3:45pm	6/26-6/30	5	\$239R/\$263N
69752	M W-F	12:30pm- 3:45pm	7/3-7/7	4	\$192R/\$211N
69753	M-F	12:30pm- 3:45pm	7/10-7/14	5	\$239R/\$263N
69754	M-F	12:30pm- 3:45pm	7/17-7/21	5	\$239R/\$263N
69755	M-F	12:30pm- 3:45pm	7/24-7/28	5	\$239R/\$263N
69756	M-F	12:30pm- 3:45pm	7/31-8/4	5	\$239R/\$263N
69757	M-F	12:30pm- 3:45pm	8/7-8/11	5	\$239R/\$263N

Outdoor Volleyball Camp 7-15Y

Students will learn the towheaded pass, set, over head spike, the concept of a net block, and either the other hand or over hand serve as appropriate. Ratio is 8:1. No class 7/4.

Instructor: Lifetime Activities

Cupertino Sports Center Sports Court

Codes	Days	Times	Dates	Mtgs	Fees
69519	M-F	12:30pm- 2:00pm	4/10-4/14	5	\$135R/\$149N
69532	M-F	12:30pm- 2:00pm	6/5-6/9	5	\$135R/\$149N
69533	M-F	12:30pm- 2:00pm	6/12-6/16	5	\$135R/\$149N
69534	M-F	12:30pm- 2:00pm	6/19-6/23	5	\$135R/\$149N
69535	M-F	12:30pm- 2:00pm	6/26-6/30	5	\$135R/\$149N
69536	M W-F	12:30pm- 2:00pm	7/3-7/7	4	\$108R/\$120N
69537	M-F	12:30pm- 2:00pm	7/10-7/14	5	\$135R/\$149N
69538	M-F	12:30pm- 2:00pm	7/17-7/21	5	\$135R/\$149N
69539	M-F	12:30pm- 2:00pm	7/24-7/28	5	\$135R/\$149N
69540	M-F	12:30pm- 2:00pm	7/31-8/4	5	\$135R/\$149N
69541	M-F	12:30pm- 2:00pm	8/7-8/11	5	\$135R/\$149N

Pickleball / ChessCamp 6-15Y

Twice the fun as students participate in both the pickleball and chess camps at a discounted rate. Bring snack and a water bottle.

Ratio is 8:1. No class 7/4. Instructor: Lifetime Activities

Cupertino Sports Center Tennis Courts

Codes	Days	Times	Dates	Mtgs	Fees
69667	M-F	2:15pm- 5:30pm	4/10-4/14	5	\$239/\$263
69758	M-F	2:15pm- 5:30pm	6/5-6/9	5	\$239/\$263
69759	M-F	2:15pm- 5:30pm	6/12-6/16	5	\$239/\$263
69760	M-F	2:15pm- 5:30pm	6/19-6/23	5	\$239/\$263
69761	M-F	2:15pm- 5:30pm	6/26-6/30	5	\$239/\$263
69762	M W-F	2:15pm- 5:30pm	7/3-7/7	4	\$192/\$211
69763	M-F	2:15pm- 5:30pm	7/10-7/14	5	\$239/\$263
69764	M-F	2:15pm- 5:30pm	7/17-7/21	5	\$239/\$263
69765	M-F	2:15pm- 5:30pm	7/24-7/28	5	\$239/\$263
69766	M-F	2:15pm- 5:30pm	7/31-8/4	5	\$239/\$263
69767	M-F	2:15pm- 5:30pm	8/7-8/11	5	\$239/\$263

Racquet Sports Camps 6-15Y

These camps combine the 8:1-ratio morning Jr. Improvement and Match Play tennis camp with the 6:1-ratio afternoon Badminton and Table Tennis Combo Camp, for a full day of exercise and social interaction. Bring snacks and lunch. No class 7/4.

Instructor: Lifetime Activities

Cupertino Sports Center Multi-Purpose Room

Codes	Days	Times	Dates	Mtgs	Fees
69331	M-F	9:00am- 5:20pm	6/5-6/9	5	\$443R/\$477N
69332	M-F	9:00am- 5:20pm	6/12-6/16	5	\$443R/\$477N
69333	M-F	9:00am- 5:20pm	6/19-6/23	5	\$443R/\$477N
69334	M-F	9:00am- 5:20pm	6/26-6/30	5	\$443R/\$477N
69335	M W-F	9:00am- 5:20pm	7/3-7/7	4	\$355R/\$382N
69336	M-F	9:00am- 5:20pm	7/10-7/14	5	\$443R/\$477N
69337	M-F	9:00am- 5:20pm	7/17-7/21	5	\$443R/\$477N
69338	M-F	9:00am- 5:20pm	7/24-7/28	5	\$443R/\$477N
69339	M-F	9:00am- 5:20pm	7/31-8/4	5	\$443R/\$477N
69340	M-F	9:00am- 5:20pm	8/7-8/11	5	\$443R/\$477N
69341	M-F	9:00am- 5:20pm	8/14-8/18	5	\$443R/\$477N
69342	M-F	9:00am- 5:20pm	8/21-8/25	5	\$443R/\$477N
69343	M-F	9:00am- 5:20pm	8/28-9/1	5	\$443R/\$477N

Inservice Day Camp

Codes	Days	Times	Dates	Mtgs	Fees
69346	M	9:00am- 5:20pm	5/29	1	\$89R/\$96N

Spring Camps

Codes	Days	Times	Dates	Mtgs	Fees
69347	M-F	9:00am- 5:20pm	4/3-4/7	5	\$443R/\$477N
69348	M-F	9:00am- 5:20pm	4/10-4/14	5	\$443R/\$477N
69349	M-F	9:00am- 5:20pm	4/17-4/21	5	\$443R/\$477N

Table Tennis Camps 6-15Y

An exciting week of fun and skill building. Students are grouped by age and ability levels. They will improve fundamentals and be involved in singles and doubles match play. Players are asked to bring a paddle. Ratio is 6:1. No class 7/4.

Instructor: Lifetime Activities

Cupertino Sports Center Multi-Purpose Room

Codes	Days	Times	Dates	Mtgs	Fees
69006	M-F	3:20pm- 5:20pm	4/10-4/14	5	\$193R/\$212N
69304	M-F	3:20pm- 5:20pm	6/5-6/9	5	\$193R/\$212N
69305	M-F	3:20pm- 5:20pm	6/12-6/16	5	\$193R/\$212N
69306	M-F	3:20pm- 5:20pm	6/19-6/23	5	\$193R/\$212N
69307	M-F	3:20pm- 5:20pm	6/26-6/30	5	\$193R/\$212N
69308	M W-F	3:20pm- 5:20pm	7/3-7/7	4	\$155R/\$170N
69309	M-F	3:20pm- 5:20pm	7/10-7/14	5	\$193R/\$212N
69310	M-F	3:20pm- 5:20pm	7/17-7/21	5	\$193R/\$212N
69311	M-F	3:20pm- 5:20pm	7/24-7/28	5	\$193R/\$212N
69312	M-F	3:20pm- 5:20pm	7/31-8/4	5	\$193R/\$212N
69313	M-F	3:20pm- 5:20pm	8/7-8/11	5	\$193R/\$212N



Little Tennis & Little Rallyers Camp

4-6Y

Little Tennis students will learn to hit the forehand, backhand, and serve, parts of the racquet and court, and improve coordination and motor skills. Little Rallyers will work on their full-court abilities through a series of drills and games. Bring a snack. Ratio is 4:1. No class 7/4. **Instructor: Lifetime Activities**

Cupertino Sports Center Tennis Courts

Codes	Days	Times	Dates	Mtgs	Fees
69234	M-F	9:00am-10:30am	6/5-6/9	5	\$174R/\$191N
69249	M-F	10:30am-12:00pm	6/5-6/9	5	\$174R/\$191N
69235	M-F	9:00am-10:30am	6/12-6/16	5	\$174R/\$191N
69250	M-F	10:30am-12:00pm	6/12-6/16	5	\$174R/\$191N
69236	M-F	9:00am-10:30am	6/19-6/23	5	\$174R/\$191N
69251	M-F	10:30am-12:00pm	6/19-6/23	5	\$174R/\$191N
69237	M-F	9:00am-10:30am	6/26-6/30	5	\$174R/\$191N
69253	M-F	10:30am-12:00pm	6/26-6/30	5	\$174R/\$191N
69238	M W-F	9:00am-10:30am	7/3-7/7	4	\$140R/\$153N
69254	M W-F	10:30am-12:00pm	7/3-7/7	4	\$140R/\$153N
69239	M-F	9:00am-10:30am	7/10-7/14	5	\$174R/\$191N
69255	M-F	10:30am-12:00pm	7/10-7/14	5	\$174R/\$191N
69240	M-F	9:00am-10:30am	7/17-7/21	5	\$174R/\$191N
69256	M-F	10:30am-12:00pm	7/17-7/21	5	\$174R/\$191N
69241	M-F	9:00am-10:30am	7/24-7/28	5	\$174R/\$191N
69257	M-F	10:30am-12:00pm	7/24-7/28	5	\$174R/\$191N
69242	M-F	9:00am-10:30am	7/31-8/4	5	\$174R/\$191N
69258	M-F	10:30am-12:00pm	7/31-8/4	5	\$174R/\$191N
69243	M-F	9:00am-10:30am	8/7-8/11	5	\$174R/\$191N
69259	M-F	10:30am-12:00pm	8/7-8/11	5	\$174R/\$191N
69244	M-F	9:00am-10:30am	8/14-8/18	5	\$174R/\$191N
69260	M-F	10:30am-12:00pm	8/14-8/18	5	\$174R/\$191N
69245	M-F	9:00am-10:30am	8/21-8/25	5	\$174R/\$191N
69261	M-F	10:30am-12:00pm	8/21-8/25	5	\$174R/\$191N
69246	M-F	9:00am-10:30am	8/28-9/1	5	\$174R/\$191N
69262	M-F	10:30am-12:00pm	8/28-9/1	5	\$174R/\$191N

Spring Camps

Codes	Days	Times	Dates	Mtgs	Fees
69071	M-F	9:00am-10:30am	4/3-4/7	5	\$174R/\$191N
69247	M-F	10:30am-12:00pm	4/3-4/7	5	\$174R/\$191N
69072	M-F	9:00am-10:30am	4/10-4/14	5	\$174R/\$191N
69248	M-F	10:30am-12:00pm	4/10-4/14	5	\$174R/\$191N

Improvement & Match Play

6-15Y

Beginning through Intermediate students will learn tennis skills through our unique court rotation and activity system. Matchplay level students will play singles and doubles and Instructors will help players with scoring, rules, and match strategy. Players should bring a snack; ice water is provided. 8:1 is Ratio. No class 7/4. **Instructor: Lifetime Activities**

Cupertino Sports Center Tennis Courts

Codes	Days	Times	Dates	Mtgs	Fees
69263	M-F	9:00am-12:00pm	6/5-6/9	5	\$226R/\$249N
69278	M-F	12:30pm- 3:30pm	6/5-6/9	5	\$181R/\$200N
69264	M-F	9:00am-12:00pm	6/12-6/16	5	\$226R/\$249N
69279	M-F	12:30pm- 3:30pm	6/12-6/16	5	\$181R/\$200N
69265	M-F	9:00am-12:00pm	6/19-6/23	5	\$226R/\$249N
69280	M-F	12:30pm- 3:30pm	6/19-6/23	5	\$181R/\$200N
69266	M-F	9:00am-12:00pm	6/26-6/30	5	\$226R/\$249N
69281	M-F	12:30pm- 3:30pm	6/26-6/30	5	\$181R/\$200N
69267	M W-F	9:00am-12:00pm	7/3-7/7	4	\$181R/\$200N
69282	M W-F	12:30pm- 3:30pm	7/3-7/7	4	\$136R/\$150N
69268	M-F	9:00am-12:00pm	7/10-7/14	5	\$226R/\$249N
69283	M-F	12:30pm- 3:30pm	7/10-7/14	5	\$181R/\$200N
69269	M-F	9:00am-12:00pm	7/17-7/21	5	\$226R/\$249N
69284	M-F	12:30pm- 3:30pm	7/17-7/21	5	\$181R/\$200N
69270	M-F	9:00am-12:00pm	7/24-7/28	5	\$226R/\$249N
69285	M-F	12:30pm- 3:30pm	7/24-7/28	5	\$181R/\$200N
69271	M-F	9:00am-12:00pm	7/31-8/4	5	\$226R/\$249N
69286	M-F	12:30pm- 3:30pm	7/31-8/4	5	\$181R/\$200N
69272	M-F	9:00am-12:00pm	8/7-8/11	5	\$226R/\$249N
69287	M-F	12:30pm- 3:30pm	8/7-8/11	5	\$181R/\$200N
69273	M-F	9:00am-12:00pm	8/14-8/18	5	\$226R/\$249N
69288	M-F	12:30pm- 3:30pm	8/14-8/18	5	\$181R/\$200N
69274	M-F	9:00am-12:00pm	8/21-8/25	5	\$226R/\$249N
69289	M-F	12:30pm- 3:30pm	8/21-8/25	5	\$181R/\$200N
69275	M-F	9:00am-12:00pm	8/28-9/1	5	\$226R/\$249N
69290	M-F	12:30pm- 3:30pm	8/28-9/1	5	\$181R/\$200N

Spring Camps

Codes	Days	Times	Dates	Mtgs	Fees
69075	M-F	9:00am-12:00pm	4/3-4/7	5	\$226R/\$249N
69076	M-F	9:00am-12:00pm	4/10-4/14	5	\$226R/\$249N
69276	M-F	12:30pm- 3:30pm	4/3-4/7	5	\$226R/\$249N
69277	M-F	12:30pm- 3:30pm	4/10-4/14	5	\$226R/\$249N



LITTLE TENNIS

All Little Tennis Program classes have a ratio of 4:1

Little Tennis & Athletic Development 4-6Y

This specialized program is designed for children 4 to 6 years old. Students will learn hand/eye coordination drills along with basic tennis shots. Parents will be impressed by the range of learning aids and development plans used throughout this program.

Equipment can be purchased in the Cupertino Sports Center Pro Shop. For more information, please contact Lifetime Activities at 408-777-3169 or stop by the Lifetime Activities office located at the Cupertino Sports Center. Ratio is 4:1.

Instructor: Lifetime Activities

Cupertino Sports Center Tennis Courts

Codes	Days	Times	Dates	Mtgs	Fees
69417	Tu	3:00pm- 4:00pm	3/21-4/25	6	\$141R/\$155N
69418	W	6:00pm- 7:00pm	3/22-4/26	6	\$141R/\$155N
69419	F	5:00pm- 6:00pm	3/24-4/28	6	\$141R/\$155N
69420	Sa	9:00am-10:00am	3/25-4/29	6	\$141R/\$155N
69421	Sa	10:00am-11:00am	3/25-4/29	6	\$141R/\$155N
69422	Su	9:00am-10:00am	3/26-4/30	6	\$141R/\$155N
69423	Su	10:00am-11:00am	3/26-4/30	6	\$141R/\$155N
69424	Tu	3:00pm- 4:00pm	5/2-6/6	6	\$141R/\$155N
69425	W	6:00pm- 7:00pm	5/3-6/7	6	\$141R/\$155N
69426	F	5:00pm- 6:00pm	5/5-6/9	6	\$141R/\$155N
69427	Sa	9:00am-10:00am	5/6-6/10	6	\$141R/\$155N
69428	Sa	10:00am-11:00am	5/6-6/10	6	\$141R/\$155N
69429	Su	9:00am-10:00am	5/7-6/11	6	\$141R/\$155N
69430	Su	10:00am-11:00am	5/7-6/11	6	\$141R/\$155N

Little Rallyers 5-7Y

This program is designed for students who are able to move left to right with proper grips and have sufficient skills to start the long-court rally process. They will learn basic grips, strokes, and tracking skills in preparation to strike the ball. This program is available to students who have graduated from Little Tennis and have instructor approval. Ratio is 4:1.

Instructor: Lifetime Activities

Cupertino Sports Center Tennis Courts

Codes	Days	Times	Dates	Mtgs	Fees
69119	M	6:00pm- 7:00pm	3/20-4/24	6	\$141R/\$155N
69120	W	3:00pm- 4:00pm	3/22-4/26	6	\$141R/\$155N
69121	Th	6:00pm- 7:00pm	3/23-4/27	6	\$141R/\$155N
69122	F	6:00pm- 7:00pm	3/24-4/28	6	\$141R/\$155N
69123	F	7:00pm- 8:00pm	3/24-4/28	6	\$141R/\$155N
69124	Sa	10:00am-11:00am	3/25-4/29	6	\$141R/\$155N
69125	Sa	11:00am-12:00pm	3/25-4/29	6	\$141R/\$155N
69158	Su	10:00am-11:00am	3/26-4/30	6	\$141R/\$155N
69159	Su	11:00am-12:00pm	3/26-4/30	6	\$141R/\$155N
69160	M	6:00pm- 7:00pm	5/1-6/5	6	\$141R/\$155N
69161	W	3:00pm- 4:00pm	5/3-6/7	6	\$141R/\$155N
69162	Th	6:00pm- 7:00pm	5/4-6/8	6	\$141R/\$155N



69163	F	6:00pm- 7:00pm	5/5-6/9	6	\$141R/\$155N
69164	F	7:00pm- 8:00pm	5/5-6/9	6	\$141R/\$155N
69165	Sa	10:00am-11:00am	5/6-6/10	6	\$141R/\$155N
69166	Sa	11:00am-12:00pm	5/6-6/10	6	\$141R/\$155N
69167	Su	10:00am-11:00am	5/7-6/11	6	\$141R/\$155N
69168	Su	11:00am-12:00pm	5/7-6/11	6	\$141R/\$155N

Intro to Tournament 6-8Y

This program is designed for students who have demonstrated the ability to rally long court and are able to make the occasional serve in the correct box. They will continue to refine their strokes in this class to prepare for the next level, Tournament Training. This program is available to students who have graduated from Little Rallyers and/or have instructor approval. Must enroll for two days minimum. Ratio is 4:1. **Instructor: Lifetime Activities**

Cupertino Sports Center Tennis Courts

Codes	Days	Times	Dates	Mtgs	Fees
69401	M	6:00pm- 7:00pm	3/20-4/24	6	\$141R/\$155N
69402	Tu	6:00pm- 7:00pm	3/21-4/25	6	\$141R/\$155N
69403	W	6:00pm- 7:00pm	3/22-4/26	6	\$141R/\$155N
69404	Th	6:00pm- 7:00pm	3/23-4/27	6	\$141R/\$155N
69405	F	5:00pm- 6:00pm	3/24-4/28	6	\$141R/\$155N
69406	F	6:00pm- 7:00pm	3/24-4/28	6	\$141R/\$155N
69407	Sa	11:00am-12:00pm	3/25-4/29	6	\$141R/\$155N
69408	Su	11:00am-12:00pm	3/26-4/30	6	\$141R/\$155N
69409	M	6:00pm- 7:00pm	5/1-6/5	6	\$141R/\$155N
69410	Tu	6:00pm- 7:00pm	5/2-6/6	6	\$141R/\$155N
69411	W	6:00pm- 7:00pm	5/3-6/7	6	\$141R/\$155N
69412	Th	6:00pm- 7:00pm	5/4-6/8	6	\$141R/\$155N
69413	F	5:00pm- 6:00pm	5/5-6/9	6	\$141R/\$155N
69414	F	6:00pm- 7:00pm	5/5-6/9	6	\$141R/\$155N
69415	Sa	11:00am-12:00pm	5/6-6/10	6	\$141R/\$155N
69416	Su	11:00am-12:00pm	5/7-6/11	6	\$141R/\$155N

JUNIOR TENNIS

Competition Programs

These year 'round programs are designed to prepare students for tennis tournaments. Students learn from certified instructors and former touring pros with over 20 years of coaching experience. Contact John Vest for more info at 408-777-3385.

Shoggy Park's Match Play Program 7-15Y

This program is for current private lesson students of Shoggy Park. Students will learn to play in a match play format conducted by Shoggy Park and his assistants. **Instructor: Lifetime Activities**

Cupertino Sports Center Tennis Courts

Codes	Days	Times	Dates	Mtgs	Fees
69004	Sa	8:00pm- 9:30pm	3/25-6/10	12	\$126R/\$139N

Jr. Development Teams**8-17Y**

For graduates of the Red Level program or those who fulfill the program requirements. Goal: develop the foundation to become a well-rounded tennis player, successfully play singles and doubles matches and play in local tennis leagues, school teams, or tournaments. Ratio is 8:1. **Instructor: Lifetime Activities**

Cupertino Sports Center Tennis Courts

Bronze

Codes	Days	Times	Dates	Mtgs	Fees
69355	Tu	4:00pm- 6:00pm	3/21-4/25	6	\$174R/\$191N
69357	F	5:30pm- 7:30pm	3/24-4/28	6	\$174R/\$191N
69359	Sa	4:00pm- 6:00pm	3/25-4/29	6	\$174R/\$191N
69361	Su	3:30pm- 5:30pm	3/26-4/30	6	\$174R/\$191N
69363	Tu	4:00pm- 6:00pm	5/2-6/6	6	\$174R/\$191N
69365	F	5:30pm- 7:30pm	5/5-6/9	6	\$174R/\$191N
69367	Sa	4:00pm- 6:00pm	5/6-6/10	6	\$174R/\$191N
69369	Su	3:30pm- 5:30pm	5/7-6/11	6	\$174R/\$191N

Silver/Gold

Codes	Days	Times	Dates	Mtgs	Fees
69356	Th	4:00pm- 6:00pm	3/23-4/27	6	\$174R/\$191N
69358	F	7:30pm- 9:30pm	3/24-4/28	6	\$174R/\$191N
69360	Sa	6:00pm- 8:00pm	3/25-4/29	6	\$174R/\$191N
69362	Su	5:30pm- 7:30pm	3/26-4/30	6	\$174R/\$191N
69364	Th	4:00pm- 6:00pm	5/4-6/8	6	\$174R/\$191N
69366	F	7:30pm- 9:30pm	5/5-6/9	6	\$174R/\$191N
69368	Sa	6:00pm- 8:00pm	5/6-6/10	6	\$174R/\$191N
69370	Su	5:30pm- 7:30pm	5/7-6/11	6	\$174R/\$191N

Green, Blue, Red**7-15Y**

This 3-tiered introduction program develops early tennis skills such as ground strokes, serving, volleys, overheads, and basic vocabulary. Students are grouped by age and ability levels the first day of class. **Instructor: Lifetime Activities**

Cupertino Sports Center Tennis Courts

7-10Y**4:1 Ratio**

Codes	Days	Times	Dates	Mtgs	Fees
69376	Sa	9:00am-10:30am	3/25-4/29	6	\$209R/\$231N
69381	Su	9:00am-10:30am	3/26-4/30	6	\$209R/\$231N
69391	Sa	9:00am-10:30am	5/6-6/10	6	\$209R/\$231N
69396	Su	9:00am-10:30am	5/7-6/11	6	\$209R/\$231N

7-15 Y

Codes	Days	Times	Dates	Mtgs	Fees
69371	M	4:00pm- 5:30pm	3/20-4/24	6	\$209R/\$231N
69372	W	4:00pm- 5:30pm	3/22-4/26	6	\$209R/\$231N
69374	F	3:30pm- 5:00pm	3/24-4/28	6	\$209R/\$231N
69378	Sa	2:00pm- 3:30pm	3/25-4/29	6	\$209R/\$231N
69380	Sa	5:00pm- 6:30pm	3/25-4/29	6	\$209R/\$231N
69383	Su	2:00pm- 3:30pm	3/26-4/30	6	\$209R/\$231N
69385	Su	5:00pm- 6:30pm	3/26-4/30	6	\$209R/\$231N
69386	M	4:00pm- 5:30pm	5/1-6/5	6	\$209R/\$231N
69387	W	4:00pm- 5:30pm	5/3-6/7	6	\$209R/\$231N

69389	F	3:30pm- 5:00pm	5/5-6/9	6	\$209R/\$231N
69393	Sa	2:00pm- 3:30pm	5/6-6/10	6	\$209R/\$231N
69395	Sa	5:00pm- 6:30pm	5/6-6/10	6	\$209R/\$231N
69398	Su	2:00pm- 3:30pm	5/7-6/11	6	\$209R/\$231N
69400	Su	5:00pm- 6:30pm	5/7-6/11	6	\$209R/\$231N

7-15Y**8:1 Ratio**

Codes	Days	Times	Dates	Mtgs	Fees
69373	F	3:30pm- 5:00pm	3/24-4/28	6	\$126R/\$139N
69379	Sa	3:30pm- 5:00pm	3/25-4/29	6	\$126R/\$139N
69384	Su	3:30pm- 5:00pm	3/26-4/30	6	\$126R/\$139N
69388	F	3:30pm- 5:00pm	5/5-6/9	6	\$126R/\$139N
69394	Sa	3:30pm- 5:00pm	5/6-6/10	6	\$126R/\$139N
69399	Su	3:30pm- 5:00pm	5/7-6/11	6	\$126R/\$139N

10-15Y

Codes	Days	Times	Dates	Mtgs	Fees
69375	F	5:30pm- 7:00pm	3/24-4/28	6	\$126R/\$139N
69377	Sa	10:30am-12:00pm	3/25-4/29	6	\$126R/\$139N
69382	Su	10:30am-12:00pm	3/26-4/30	6	\$126R/\$139N
69390	F	5:30pm- 7:00pm	5/5-6/9	6	\$126R/\$139N
69392	Sa	10:30am-12:00pm	5/6-6/10	6	\$126R/\$139N
69397	Su	10:30am-12:00pm	5/7-6/11	6	\$126R/\$139N

ADULT TENNIS**Adult Friday Drop-in Tennis**

This is a program designed to give players of varying ability levels the opportunity to meet and play with other players in a fun, noncompetitive atmosphere. Participants meet on court at 7pm and play until 9:40pm. This program is open to the first 24 paid participants each Friday. The cost is \$8/person for the general public and \$3 for current CSC pass holders.

Beginning Tennis**16+**

For students with little or no previous tennis instruction. Students will be introduced to the forehand, backhand, serve, and basic vocabulary. Ratio is 6:1. **Instructor: Lifetime Activities**

Cupertino Sports Center Tennis Courts

Codes	Days	Times	Dates	Mtgs	Fees
69023	M	9:00am-10:30am	3/20-4/24	6	\$174R/\$192N
69024	W	9:00am-10:30am	3/22-4/26	6	\$174R/\$192N
69025	W	6:00pm- 7:00pm	3/22-4/26	6	\$117R/\$129N
69026	Sa	8:00am- 9:00am	3/25-4/29	6	\$117R/\$129N
69027	Sa	2:00pm- 3:30pm	3/25-4/29	6	\$174R/\$192N
69028	Su	8:00am- 9:00am	3/26-4/30	6	\$117R/\$129N
69207	M	9:00am-10:30am	5/1-6/5	6	\$174R/\$192N
69208	W	9:00am-10:30am	5/3-6/7	6	\$174R/\$192N
69209	W	6:00pm- 7:00pm	5/3-6/7	6	\$117R/\$129N
69210	Sa	8:00am- 9:00am	5/6-6/10	6	\$117R/\$129N
69211	Sa	2:00pm- 3:30pm	5/6-6/10	6	\$174R/\$192N
69212	Su	8:00am- 9:00am	5/7-6/11	6	\$117R/\$129N

2. Advanced Beginning

16Y+

For students completing 6 or more hours of beginning tennis. In this level, we will be adding movement to groundstroke rallying and improving serving technique. Ratio is 6:1. **Instructor: Lifetime Activities**

Cupertino Sports Center Tennis Courts

Codes	Days	Times	Dates	Mtgs	Fees
69011	M	10:30am-12:00pm	3/20-4/24	6	\$174R/\$192N
69012	W	10:30am-12:00pm	3/22-4/26	6	\$174R/\$192N
69013	W	7:00pm- 8:30pm	3/22-4/26	6	\$174R/\$192N
69014	Sa	8:00am- 9:00am	3/25-4/29	6	\$117R/\$129N
69015	Sa	2:00pm- 3:30pm	3/25-4/29	6	\$174R/\$192N
69350	M	10:30am-12:00pm	5/1-6/5	6	\$174R/\$192N
69351	W	10:30am-12:00pm	5/3-6/7	6	\$174R/\$192N
69352	W	7:00pm- 8:30pm	5/3-6/7	6	\$174R/\$192N
69353	Sa	8:00am- 9:00am	5/6-6/10	6	\$117R/\$129N
69354	Sa	2:00pm- 3:30pm	5/6-6/10	6	\$174R/\$192N

3. Intermediate/Advanced

16Y+

For students who have completed 12-24 hours of advanced beginning tennis. Introduction to volleys and overheads while improving overall confidence and consistency of the forehand, backhand and serve. Movement becomes a key component at this level. Ratio is 6:1. **Instructor: Lifetime Activities**

Cupertino Sports Center Tennis Courts

Codes	Days	Times	Dates	Mtgs	Fees
69047	M	7:00pm- 8:30pm	3/20-4/24	6	\$174R/\$192N
69048	W	7:00pm- 8:30pm	3/22-4/26	6	\$174R/\$192N
69049	Su	2:00pm- 3:30pm	3/26-4/30	6	\$105R/\$116N
69219	M	7:00pm- 8:30pm	5/1-6/5	6	\$174R/\$192N
69220	W	7:00pm- 8:30pm	5/3-6/7	6	\$174R/\$192N
69221	Su	2:00pm- 3:30pm	5/7-6/11	6	\$105R/\$116N

4. Drill & Specialty Programs

16Y+

Prerequisite: Intermediate course or instructor approval. Workouts cover ground strokes, volleys, overheads, and serving drills. A great class for those wanting to move and hit lots of tennis balls. Ratio is 6:1. **Instructor: Lifetime Activities**

Cupertino Sports Center Tennis Courts

Adult Academy 3.0/3.5 Level

Codes	Days	Times	Dates	Mtgs	Fees
69041	Tu	9:00am-10:30am	3/21-4/25	6	\$174R/\$192N
69224	Th	7:00pm- 8:30pm	3/23-4/27	6	\$174R/\$192N
69228	Tu	9:00am-10:30am	5/2-6/6	6	\$174R/\$192N
69232	Th	7:00pm- 8:30pm	5/4-6/8	6	\$174R/\$192N

Cardio Tennis

Codes	Days	Times	Dates	Mtgs	Fees
69040	M	6:00pm- 7:00pm	3/20-4/24	6	\$117R/\$129N
69223	Th	6:00pm- 7:00pm	3/23-4/27	6	\$117R/\$129N



69227	M	6:00pm- 7:00pm	5/1-6/5	6	\$117R/\$129N
69231	Th	6:00pm- 7:00pm	5/4-6/8	6	\$117R/\$129N

Drill

Codes	Days	Times	Dates	Mtgs	Fees
69225	Sa	8:00am- 9:00am	3/25-4/29	6	\$117R/\$129N
69233	Sa	8:00am- 9:00am	5/6-6/10	6	\$117R/\$129N

Improve Your Serve

Codes	Days	Times	Dates	Mtgs	Fees
69039	M	6:00pm- 7:00pm	3/20-4/24	6	\$117R/\$129N
69226	M	6:00pm- 7:00pm	5/1-6/5	6	\$117R/\$129N

Men's Advanced Drill 3.5+

Codes	Days	Times	Dates	Mtgs	Fees
69222	Tu	7:00pm- 8:00pm	3/21-4/25	6	\$117R/\$129N
69230	Tu	7:00pm- 8:00pm	5/2-6/6	6	\$117R/\$129N

Women's Advanced Drill 3.5+

Codes	Days	Times	Dates	Mtgs	Fees
69042	Tu	6:00pm- 7:00pm	3/21-4/25	6	\$117R/\$129N
69229	Tu	6:00pm- 7:00pm	5/2-6/6	6	\$117R/\$129N

BADMINTON

Badminton Beginner through Intermediate 7-15Y

Beginning students will learn stroke fundamentals, while advanced beginning and intermediate students will develop footwork, game strategies, shot selection, and specialty skills. **Instructor: Lifetime Activities**

Cupertino Sports Center Multi-Purpose Room

7-11Y 4:1 Ratio

Codes	Days	Times	Dates	Mtgs	Fees
69811	Sa	1:30pm- 3:00pm	3/25-4/29	6	\$209R/\$231N
69815	Sa	1:30pm- 3:00pm	5/6-6/10	6	\$209R/\$231N

7-15Y 8:1 Ratio

Codes	Days	Times	Dates	Mtgs	Fees
69810	M	4:05pm- 5:50pm	3/20-4/24	5	\$123R/\$135N
69814	M	4:05pm- 5:50pm	5/1-6/5	6	\$147R/\$162N

7-15Y 8:1 Ratio

Codes	Days	Times	Dates	Mtgs	Fees
69813	Sa	4:30pm- 6:00pm	3/25-4/29	6	\$126R/\$139N
69817	Sa	4:30pm- 6:00pm	5/6-6/10	6	\$126R/\$139N

12-15Y 4:1 Ratio

Codes	Days	Times	Dates	Mtgs	Fees
69812	Sa	3:00pm- 4:30pm	3/25-4/29	6	\$209R/\$231N
69816	Sa	3:00pm- 4:30pm	5/6-6/10	6	\$209R/\$231N

Tennis, Badminton, Racquetball, & Table Tennis Lessons and Camps Available!

Sign up for group lessons, private lessons, or camps. See pages 72 for details, or call 408-777-3169.

Badminton Advanced**7-15Y**

Students will develop skills designed to succeed in competition situations. Specialized footwork, match strategies, rules, and conditioning will be implemented for enhanced playing results. Ratio is 8:1. **Instructor: Lifetime Activities**

Cupertino Sports Center Multi-Purpose Room

Codes	Days	Times	Dates	Mtgs	Fees
68948	Sa	6:00pm- 7:30pm	3/25-4/29	6	\$126R/\$139N
68949	Sa	7:30pm- 9:00pm	3/25-4/29	6	\$126R/\$139N
69789	Sa	6:00pm- 7:30pm	5/6-6/10	6	\$126R/\$139N
69790	Sa	7:30pm- 9:00pm	5/6-6/10	6	\$126R/\$139N

**CHESS****Chess****6-15Y**

Beginning through Intermediate Chess puzzles and creative exercise will enhance critical thinking. Group instruction and individual coaching will improve skills. Each first time participant will receive their own personal roll up chess board with chess pieces. Ratio is 8:1. **Instructor: Lifetime Activities**

Cupertino Sports Center Conference Room

Codes	Days	Times	Dates	Mtgs	Fees
68965	Tu	6:00pm- 7:00pm	3/21-4/25	6	\$108R/\$119N
70898	Tu	7:00pm-8:00pm	3/21-4/25	6	\$108R/\$119N
68967	Th	6:00pm- 7:00pm	3/23-4/27	6	\$108R/\$119N
70900	Th	7:00pm-8:00pm	3/23-4/27	6	\$108R/\$119N
68972	Sa	10:45am- 11:45am	3/25-4/29	6	\$108R/\$119N
69431	Sa	11:45am- 12:45pm	3/56-4/29	6	\$108R/\$119N
69432	Su	11:45am- 12:45pm	3/26-4/30	6	\$108R/\$119N
69433	Su	12:45pm- 1:45pm	3/26-4/30	6	\$108R/\$119N
68968	F	5:00pm- 6:00pm	3/24-4/28	6	\$108R/\$119N
68969	F	6:00pm- 7:00pm	3/24-4/28	6	\$108R/\$119N
69435	Tu	6:00pm- 7:00pm	5/2-6/6	6	\$108R/\$119N
70899	Tu	7:00pm-8:00pm	5/2-6/6	6	\$108R/\$119N
69437	Th	6:00pm- 7:00pm	5/4-6/8	6	\$108R/\$119N
70901	Th	7:00pm-8:00pm	5/4-6/8	6	\$108R/\$119N
69438	F	5:00pm- 6:00pm	5/5-6/9	6	\$108R/\$119N
69439	F	6:00pm- 7:00pm	5/5-6/9	6	\$108R/\$119N
69441	Sa	10:45am-11:45pm	5/6-6/10	6	\$108R/\$119N
69442	Sa	11:45am- 12:45pm	5/6-6/10	6	\$108R/\$119N
69444	Su	11:45am- 12:45pm	5/7-6/11	6	\$108R/\$119N
69445	Su	12:45pm- 1:045pm	5/7-6/11	6	\$108R/\$119N

PICKLEBALL**Outdoor Youth Pickleball****7-15Y**

For players with little or no pickle ball experience fundamentals, rules, and play opportunity will occur at this level. Ratio is 8:1. **Instructor: Lifetime Activities**

Cupertino Sports Center Tennis Courts

Codes	Days	Times	Dates	Mtgs	Fees
69794	Sa	5:00pm- 6:00pm	3/25-4/29	6	\$108R/\$119N
69795	Sa	5:00pm- 6:00pm	5/6-6/10	6	\$108R/\$119N

Outdoor Adult Pickleball**16Y+**

For players with little or no previous pickle ball experience. Fundamentals, rules, and play opportunity will occur at this level. **Instructor: Lifetime Activities**

Cupertino Sports Center Tennis Courts+

Codes	Days	Times	Dates	Mtgs	Fees
69818	Tu	9:30am-10:30am	3/21-4/25	6	\$49R/\$54N
69819	Tu	10:30am-11:30am	3/21-4/25	6	\$49R/\$54N
69820	Th	1:30pm- 2:30pm	3/23-4/27	6	\$49R/\$54N
69821	Th	2:30pm- 3:30pm	3/23-4/27	6	\$49R/\$54N
69822	Tu	9:30am-10:30am	5/2-6/6	6	\$49R/\$54N
69823	Tu	10:30am-11:30am	5/2-6/6	6	\$49R/\$54N
69824	Th	1:30pm- 2:30pm	5/4-6/8	6	\$49R/\$54N
69825	Th	2:30pm- 3:30pm	5/4-6/8	6	\$49R/\$54N

TABLE TENNIS**Youth Beginner through Intermediate****7-15Y**

Beginning students will learn stroke fundamentals, while advanced beginning and intermediate students will be developing the necessary footwork, game strategies, shot selection, and specialty skills. Students are asked to bring a paddle. Equipment can be purchased in the Cupertino Sports Center Pro Shop. **Instructor: Lifetime Activities**

Cupertino Sports Center Multi-Purpose Room

Codes	Days	Times	Dates	Mtgs	Fees
69009	W	4:05pm- 5:50pm	3/22-4/26	6	\$147R/\$162N
69546	Su	2:30pm- 4:00pm	3/26-4/30	6	\$126R/\$139N
69547	W	4:05pm- 5:50pm	5/3-6/7	6	\$147R/\$162N
69548	Su	2:30pm- 4:00pm	5/7-6/11	6	\$126R/\$139N

Adult Beginner through Intermidate**16Y+**

For players with little or no previous table tennis instruction. Fundamentals, rules, and play opportunity will occur at this level. Players are asked to bring a paddle. Equipment can be purchased in the Cupertino Sports Center Pro Shop. **Instructor: Lifetime Activities**

Cupertino Sports Center Multi-Purpose Room

Codes	Days	Times	Dates	Mtgs	Fees
69007	Su	4:00pm- 5:30pm	3/26-4/30	6	\$126R/\$139N
69549	Su	4:00pm- 5:30pm	5/7-6/11	6	\$126R/\$139N

SPORTS

Youth Basketball League

9-15Y

Looking to play more basketball? This program is designed to practice your skills on the court playing against other youth, All games all the time! **Instructor: Lifetime Activities**

Cupertino Sports Center Sports Court

Codes	Days	Times	Dates	Mtgs	Fees
69344	M W	6:00pm- 7:00pm	3/13-5/17	20	\$166R/\$182N
69345	M W	7:15pm- 8:15pm	3/13-5/17	20	\$166R/\$182N

Basketball CSC

7-15Y

Students will learn the passing, dribbling and shooting techniques. Team play will be introduced and students will learn the roles of the guard, forward and center positions. Offensive and defensive responsibilities will be introduced, along with game rules, vocabulary and recreational game play as skills improve. Ratio is 8:1. **Instructor: Lifetime Activities**

Cupertino Sports Center Multi-Purpose Room

Indoor Basketball

Codes	Days	Times	Dates	Mtgs	Fees
68958	Tu	4:05pm- 5:50pm	3/21-4/25	5	\$158R/\$173N
68959	F	4:05pm- 5:50pm	3/24-4/28	5	\$158R/\$173N
68960	F	7:00pm- 8:45pm	3/24-4/28	6	\$189R/\$208N
69542	Tu	4:05pm- 5:50pm	5/2-6/6	6	\$189R/\$208N
69543	F	4:05pm- 5:50pm	5/5-6/9	6	\$189R/\$208N
69544	F	7:00pm- 8:45pm	5/5-6/9	6	\$189R/\$208N

Outdoor Basketball

Codes	Days	Times	Dates	Mtgs	Fees
68961	Sa	12:00pm- 1:30pm	3/25-4/29	6	\$162R/\$178N
69545	Sa	12:00pm- 1:30pm	5/6-6/10	6	\$162R/\$178N

Racquetball Class

6-17Y

A complete and comprehensive developmental program for eager to learn juniors with an eye towards progressive skills development. Racquetball is FUN, FAST, FURIOUS FITNESS! **Instructor: Lifetime Activities**

Cupertino Sports Center Raquetball Court

6-12Y

Codes	Days	Times	Dates	Mtgs	Fees
69796	M W	3:30pm- 5:00pm	3/20-4/26	12	\$216R/\$238N
69001	M W	3:30pm- 5:00pm	4/24-5/31	12	\$216R/\$238N

Cupertino Sports Center Multi-Purpose Room

12-17Y

Codes	Days	Times	Dates	Mtgs	Fees
69002	Tu Th	3:30pm- 5:00pm	3/14-4/20	12	\$216R/\$238N
69797	Tu T	3:30pm- 5:00pm	4/25-6/1	12	\$216R/\$238N

See pages 84-87 for general information, fee waiver assistance, disability accommodations, refund policy, registration info and addresses

Volleyball CSC

7-12Y

Students will learn the two-handed pass, set, overhead spike, the concept of a net block, and either the underhand or overhand serve as appropriate. Game play will be introduced and students will learn how to set, rotate, and how scoring works. Teamwork and sportsmanship will be emphasized at all skill levels. Ratio is 8:1. **Instructor: Lifetime Activities**

Cupertino Sports Center Multi-Purpose Room

Indoor Volleyball

Codes	Days	Times	Dates	Mtgs	Fees
69697	Th	4:05pm- 5:50pm	3/23-4/27	5	\$158R/\$173N
69699	Th	4:05pm- 5:50pm	5/4-6/8	6	\$189R/\$208N

Cupertino Sports Center Sports Court

Outdoor Volleyball

Codes	Days	Times	Dates	Mtgs	Fees
69698	Su	1:00pm- 2:30pm	3/26-4/30	6	\$162R/\$179N
69700	Su	1:00pm- 2:30pm	5/7-6/11	6	\$162R/\$179N

Combo Classes

7-15Y

Students will be able to participate in multiple programs at a discounted rate. Ratio is 8:1. **Instructor: Lifetime Activities**

Cupertino Sports Center Conference Room

Chess and Outdoor Basketball

Codes	Days	Times	Dates	Mtgs	Fees
69802	Sa	10:45am- 1:30pm	3/25-4/29	6	\$249R/\$276N

Chess and Outdoor Volleyball

Codes	Days	Times	Dates	Mtgs	Fees
69803	Su	11:45am- 2:30pm	3/26-4/30	6	\$249R/\$276N

Cupertino Sports Center Multi-Purpose Room

Basketball and Chess

Codes	Days	Times	Dates	Mtgs	Fees
69798	Tu	4:05pm- 7:00pm	3/21-4/25	5	\$225R/\$248N
69800	F	4:05pm- 7:00pm	3/24-4/28	5	\$225R/\$248N
69804	Tu	4:05pm- 7:00pm	5/2-6/6	6	\$269R/\$296N
69806	F	4:05pm- 7:00pm	5/5-6/9	6	\$269R/\$296N

Chess and Basketball

Codes	Days	Times	Dates	Mtgs	Fees
69801	F	6:00pm- 8:45pm	3/24-4/28	6	\$269R/\$296N
69807	F	6:00pm- 8:45pm	5/5-6/9	6	\$269R/\$296N

Chess and Outdoor Basketball

Codes	Days	Times	Dates	Mtgs	Fees
69808	Sa	10:45am- 1:30pm	5/6-6/10	6	\$249R/\$276N

Chess and Outdoor Volleyball

Codes	Days	Times	Dates	Mtgs	Fees
69809	Su	11:45am- 2:30pm	5/7-6/11	6	\$249R/\$276N

Volleyball and Chess

Codes	Days	Times	Dates	Mtgs	Fees
69799	Th	4:05pm- 7:00pm	3/23-4/27	5	\$225R/\$248N
69805	Th	4:05pm- 7:00pm	5/4-6/8	6	\$269R/\$296N