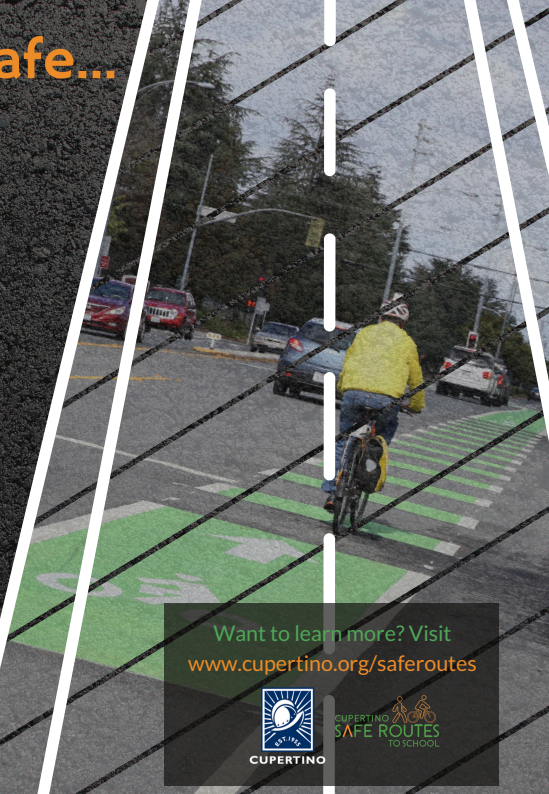


Keeping our routes safe...

Tips for Safe Driving

1. Check mirrors for cyclists advancing on either side
2. Relax and reduce your speed; no hurry is worth injury or death
3. Drive even slower around elementary school children, they're unpredictable!
4. Catch the eye of pedestrians before advancing across a crosswalk
5. Let passengers exit curbside, only at official drop-off points and not in the middle of traffic
7. After passing a cyclist on your right, check over your shoulder to make sure you have allowed adequate distance before merging back into the lane
6. Don't honk your horn when approaching bicyclists!
8. Use sunglasses or a visor to block sun glare
9. Give bicyclists extra room in inclement weather
10. Avoid making U-turns or other unsafe maneuvers that put others at risk



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One tip at a time!

Tips for Safe Cycling

1. Ride defensively and be alert!
2. No texting while riding
3. Don't assume drivers see you; make eye contact before turning or moving through intersections
4. Watch out for slippery, wet leaves and pavement when riding
5. Ride in a straight line on the road so the drivers can see you and expect you from a distance
6. Keep at least three feet away from the parked cars (to avoid getting hit by a car door)
7. Wear bright colored, reflective clothing when riding
8. Display a white light on the front of your bike and a red light on the back of your bike to increase visibility
9. No side-by-side riding on narrow streets
10. Yell "on your left/right" when passing another cyclist or pedestrian to signify where you are
11. Keep your hands on the handlebars as much as possible
12. Don't use ear buds/listen to music when riding
13. Use a helmet light and mirror when riding
14. Check your bike for maintenance issues before your ride
15. Always lock your bike when it is parked



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