

Preparing Yourself for Preschool

Telephone Numbers

Recreation and Community Services Office:	408-777-3120
Program Coordinator Marilu Mejia:	408-777-3124
Quinlan Center Preschool room:	Available after Enrollment
Monta Vista Center Preschool room:	Available after Enrollment

First Week of Preschool

The first day of preschool can be harder for the parents than the children. Plan to hang around for 10-15 minutes on the first day. Get to know the classroom with your child and meet other children. Find an activity that they like in order to ease the transition. Once your child is engaged it is time for you to leave the classroom.

Your child's reaction will come from you. When you are ready to leave say an upbeat and quick goodbye, let them know they will have fun and you will be back to pick them up after school. Resist the urge to "rescue" your child. This is the most important part of the transition. DO NOT run back into the classroom if you hear your child crying. Once you have said goodbye, you need to leave the classroom happy, with no apprehension. Trust the teachers! You may be surprised how soon they will become comfortable and not even realize you are leaving.

Communications

You will receive a flyer at the beginning of each session that will inform you of our weekly themes. If you have any skills or talent that could help us make any of the weekly topics more exciting for the children, we would welcome your participation. We communicate with you on a regular basis using Shutterfly. You will receive an invitation to join our preschool group after enrolling. At any time throughout the school year you are welcome to discuss your child's progress – please feel free to make an appointment with the teachers. The best time for an extended conversation is at the end of the teacher's workday.

In/Out

As a courtesy to the instructors and your children, please do not drop off your child early or pick them up late. Be sure to sign your child in/out each day and always remember to take your child to the bathroom before dropping him/her off in the classroom. We welcome parents to socialize with one another, but we ask that you drop your child off and continue your visit outside the classroom so that teachers can prepare and/or begin class time. We also ask that you drop your child off and leave the classroom; please do not return to classroom until pick-up. This makes the process easier for your children.

Parking (QCC students only)

The Recreation & Community Services Department is proud of the success and continued utilization of the Quinlan Community Center. However, we do realize that parking spaces are at a premium on very busy days. For your convenience, a rear parking lot is available (enter on Alves Drive) if the front parking lot is full. In addition, the rear entrances to the building are accessible. Please note that parking is not permitted on Christensen Drive.