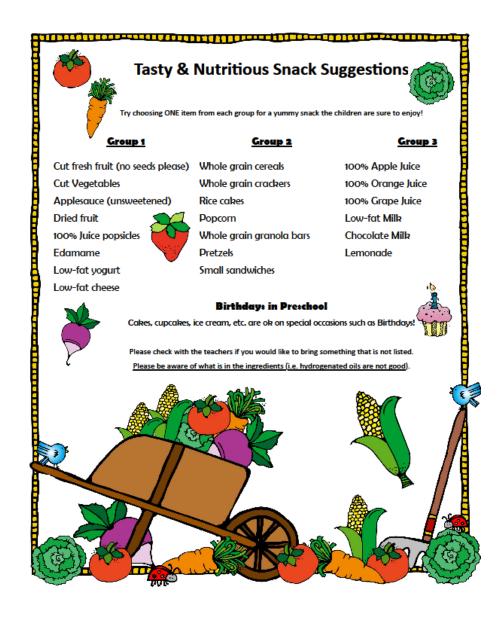
## **SNACK PROGRAM**

The Cupertino Recreation & Community Services Department's preschool program promotes a nutritious snack program. The development of positive attitudes toward food is the basis for the practice of healthy dietary patterns. Parents are required to provide a nutritional snack for the entire class (up to 24 children) 1-2 times each session. Sign-up in classrooms.



Please do not send any packages of food that have already been opened. Containers and packages should be sealed and unopened. Please reserve cupcakes and cookies for birthday celebrations. There will be cups, napkins, plates, and plastic silverware available in the classroom. You are welcome to send along themed paper products for birthday celebrations if you wish.

<u>Please write any food allergies or dietary restrictions on your child's emergency card</u>
The teachers will inform individual classes if there is a severe food allergy that will require adjustments in snack offerings. For example, if a student has a peanut allergy, the teachers may ask all parents to **not** bring any snacks containing peanut products. We appreciate your cooperation.