

Membership Info

Membership includes access to Adult 50+ programs, services, classes, and socials.

\$25 for Cupertino Residents \$30 for Non Cupertino Residents

It's easy to become an Adult 50+ member:

- Be at least 50 years or better
- Register for membership (available at the Senior Center or online)

Visitor Pass

Thinking about becoming a member? Adults 50+ are welcome to spend the day as a guest with a \$5 Visitor Pass. Guests may sign up for any social or lecture for the day, if space is available, and will receive a temporary parking permit for that day.

GIFT CARDS

Looking for a gift that encourages having fun and staying active for a friend or family member ages 50 and better? The Cupertino Senior Center offers gift cards redeemable towards membership, classes, and more. Gift cards make great gifts and are available for purchase at the Senior Center's front desk.

STAY ACTIVE PROGRAM

The Stay Active Fund helps adults 50 years and older to remain active and engaged by participating in activities at the Cupertino Senior Center. This fund provides financial assistance through scholarships to offset the cost for Senior Center membership and registrations for classes and events. The Stay Active Fund is available from January 1 until the funds are depleted. Please contact the Senior Center front desk for more details.

Senior Advisory Council

Interested in contributing to expanding opportunities for seniors in our community? What programs and activities would you like to have? How can the contributions of seniors be more visible? Join leaders of social activities and volunteer groups at an upcoming meeting.

Next Meeting is:

Thursday, January 23 at 2 p.m. Thursday, March 27 at 2 p.m.

Bingo (Hosted by the Senior Advisory Council) Friday, 12:30 to 3:30 p.m.

Join the Senior Advisory Council for an afternoon of bingo. Bingo cards cost \$6 to \$10. *Sales end at 12:55 p.m. and play begins at 1 p.m.



Announcements

Cupertino Senior Center will be closed on:

- Monday, January 20 (Martin Luther King Jr. Day)
- Wednesday, January 29 (Lunar New Year)
- Monday, February 17 (President's Day)
- Monday, March 31 (Cesar Chavez Day)

CUPERTINO SENIOR CENTER





Monday to Friday 8 a.m. to 5 p.m.



21251 Stevens Creek Boulevard Cupertino, CA 95014

SOCIALS

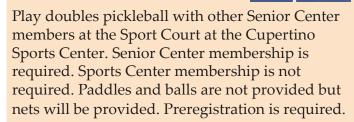
Register online by clicking the descriptions, call (408) 777-3150, or register in-person at the Cupertino Senior Center 8 a.m. to 5 p.m. Monday through Friday.

MONDAY

NEW! 50+ Pickleball

Monday, April 7 to June 2, 8 to 11 a.m.

Cupertino Sports Center





Monday, 10 a.m.

Blackberry Farm Golf Course

Start the week off right with a round of golf at the 9-hole Blackberry Farm Golf Course.



Rummikub

Monday, noon to 4 p.m.

Some board games available for play. Members are welcome to bring their own board games to play with other members.

Ballroom Dance Social

Monday, 2:30 to 4:30 p.m.

Drop in for fun and dancing. Room capacity is limited to 30 people.

TUESDAY

Ping Pong

Tuesday, 8:30 to 11:30 a.m.

Two ping pong tables are available for play in a non-competitive environment for all levels. First come, first served. Limited to 25 players.

50+ Tennis

Tuesday, 9 a.m.

Memorial Park Tennis Courts 5 and 6

Drop in to play and exercise while being social and meeting other Cupertino Senior Center members.

Cupertino TV Productions

Tuesday, January 7 to December 16, 10 a.m. to noon

Enjoy making film production or want to learn how? Join the Cupertino TV Production and create a TV segment that airs on the city channel, YouTube, and Roku. No experience required and new members are welcome to join. The group has bi-weekly meetings to discuss ongoing projects and new segment ideas. Those joining the Cupertino TV Production must be a Cupertino Senior Center member and an official volunteer.

Open Game Playing Time

Tuesday, 1 to 4 p.m.

Drop in to play a board game or card game at your leisure with other members. Some board games available for play. Members are welcome to bring their own games to play with others.

WEDNESDAY

50+ Bocce Ball

Wednesday, April 2 to November 26, 9 to 11 a.m.

Blackberry Farm

Enjoy the outdoors at Blackberry Farm alongside the Stevens Creek Trail while teaming up with fellow members playing bocce ball. First time players welcome, instructions are available.

SOCIALS

THURSDAY

50+ Softball

Thursday, April 3 to December 11, 9 a.m.

Memorial Park is home of the Cupertino Sandlot softball group who warm-up and take batting practice beginning at 9 a.m. A pick-up game starts promptly at 10 a.m. each week. Fee is \$65 for the season. Senior Center membership is required.

Let's Talk Technology

Thursday, January 9 to December 18, 10 to 11 a.m.

Come join this technology group discussion to have them answered while learning from other people's questions. Discussion is geared towards the interest of those who attend each session.

Conversations

Thursday, 10:30 a.m. to noon

Join in stimulating conversation of various topics and current events.

Needlecraft

Thursday, 10 a.m. to noon

Know how to knit or crochet and enjoy making blankets, scarves, and beanies? Become a volunteer to join our Needlecraft volunteer group to make knitted items for local homeless shelters and hospitals.

Contact Amanda at amandah@cupertino.gov if interested in joining.

Open Card Playing and Bridge

Thursday, noon to 4 p.m.

Form your own groups or meet others to play.

Karaoke Weekly Social

Thursday, 1 to 4:30 p.m.

Join this group every Thursday for fun, singing, and dancing.

FRIDAY

Ping Pong

Friday, 1 to 4:30 p.m.

Two ping pong tables are available for play in a non-competitive environment for all levels. First come, first served. Limited to 25 players.

50+ Tennis

Friday, 9 a.m.

Memorial Park

Tennis Courts 5 and 6

Drop in to play and exercise while being social and meeting other Cupertino Senior Center me



Mah Jongg

Friday, noon to 4 p.m.

Different styles are available or bring your own.

NEW! Tech Time

January 3 and 17, February 7 and 21, March 7 and 21, April 4 and 18

2:30 to 4:30 p.m.



Need help with technology? Drop in to our Tech Lab and receive one-on-one help with any technology questions you have for any device. You may bring your device (phone, laptop, tablet, smart watch, etc.) or come with your questions to get answered. Assistance will be a first come first served basis and are limited to one question at a time.

EVENTS

Register online, call (408) 777-3150, or register in-person at the Cupertino Senior Center 8 a.m. to 5 p.m., Monday through Friday.

Lunch with Friends

Last Wednesday of the Month 11:45 a.m.

Take a break from preparing a meal. Join Lunch with Friends and enjoy good food with good company.

Member fee is \$10, non-member is \$15.

February 26 March 26 April 30
Split Pea Meatloaf Salmon
Soup Casserole



Baking Workshop: Biscotti and Truffles

Wednesday, February 5, 10 a.m. to noon

What makes February even sweeter? Learning how to make truffles and biscotti for yourself or others to enjoy. These homemade treats will be a new go to for you to make for any occasion. Samples along with treats to take home are included.

Karaoke Holiday Lunch

Thursday, February 6, Noon

Join the Karaoke group to welcome the new year with a Chinese lunch, songs, dance, and games.

Member fee is \$15, non-member fee is \$20.

MONTHLY MOVIES

Free for members.

Wolfs (R, 2024)

Wednesday, February 26 1:30 p.m.



Hired to cover up a high-profile crime, a fixer soon finds his night spiralling out of control when he's forced to work with an unexpected counterpart.



Little Women (PG, 2019) Wednesday, March 26 1:30 p.m.

In nineteenth-century Massachusetts, with their father away serving in the Civil War, the women of the March family- the loving matriarch,



Marmee, and her four daughters, Jo, Meg, Amy, and Beth-are left all alone to fend for themselves.

Young Women and the Sea (PG, 2024) Wednesday, April 30

Wednesday, April 30 1:30 p.m.





Lemonade and popcorn provided.

CLASSES

How to Register for a Class:

Online: Register online by clicking the activity code or visiting **reg4rec.org**.

Phone: Call the Cupertino Senior Center at (408) 777-3150. **In-person:** Register in-person at the Cupertino Senior Center, 8 a.m. to 5 p.m. Monday through Friday.

Class times, dates, and prices are subject to change.

December

	Class registration for De	ecember	begins or	n Monday, Octob	er 28 at 8 a.m.	
Activity Number	Class	Day	Dates	Time	Instructor	Mem. Fee No Class
<u>26626</u>	Apple Assistance	M	12/2	1 to 2 p.m.	B. Carpenter	\$7
<u>26627</u>	Apple Assistance	M	12/2	2 to 3 p.m.	B. Carpenter	\$7
<u>26628</u>	Apple Assistance	M	12/2	3 to 4 p.m.	B. Carpenter	\$7
<u>26629</u>	Apple Assistance	M	12/9	1 to 2 p.m.	B. Carpenter	\$7
<u>26630</u>	Apple Assistance	M	12/9	2 to 3 p.m.	B. Carpenter	\$7
<u>26631</u>	Apple Assistance	M	12/9	3 to 4 p.m.	B. Carpenter	\$7
<u>26671</u>	Apple Group Assistance - Group 1	Th	12/5	1 to 2 p.m.	R. Schiros	\$6
<u>26672</u>	Apple Group Assistance - Group 2	Th	12/5	2 to 3 p.m.	R. Schiros	\$6
<u>26673</u>	Apple Group Assistance - Group 1	Th	12/12	1 to 2 p.m.	R. Schiros	\$6
<u>26674</u>	Apple Group Assistance - Group 2	Th	12/12	2 to 3 p.m.	R. Schiros	\$6
<u>26675</u>	Apple Group Assistance - Group 1	Th	12/19	1 to 2 p.m.	R. Schiros	\$6
<u>26676</u>	Apple Group Assistance - Group 2	Th	12/19	2 to 3 p.m.	R. Schiros	\$6
<u>26649</u>	PC and Apple Assistance in Mandarin	Th	12/5	10 to 11 a.m.	L. Su	\$6
<u>26650</u>	PC and Apple Assistance in Mandarin	Th	12/5	11 to noon	L. Su	\$6
<u>26684</u>	PC and Apple Assistance in Mandarin	Th	12/19	10 to 11 a.m.	L. Su	\$6
<u>26685</u>	PC and Apple Assistance in Mandarin	Th	12/19	11 to noon	L. Su	\$6
<u>25639</u>	Tech Troubleshooting	W	12/4	2 to 2:30 p.m.	Recreation Staff	\$3
<u>25640</u>	Tech Troubleshooting	W	12/4	2:30 to 3 p.m.	Recreation Staff	\$3
<u>25641</u>	Tech Troubleshooting	W	12/4	3 to 3:30 p.m.	Recreation Staff	\$3
<u>25642</u>	Tech Troubleshooting	W	12/4	3:30 to 4 p.m.	Recreation Staff	\$3

January

	Class registration for Jai	nuary b	egins on r	vionday, Decembe	er 16 at 8 a.m.		
Activity Number	Class	Day	Dates	Time	Instructor	Mem. Fee	No Class
<u>27568</u>	Accordion	M	1/6-2/24	2:15 to 3:45 p.m.	R. DiBono	\$14	1/20, 2/17
<u>27515</u>	Apple Assistance	M	1/6	1 to 2 p.m.	B. Carpenter	\$7	
<u>27516</u>	Apple Assistance	M	1/6	2 to 3 p.m.	B. Carpenter	\$7	
27517	Apple Assistance	M	1/6	3 to 4 p.m.	B. Carpenter	\$7	
<u>27518</u>	Apple Assistance	M	1/13	1 to 2 p.m.	B. Carpenter	\$7	
<u>27519</u>	Apple Assistance	M	1/13	2 to 3 p.m.	B. Carpenter	\$7	
<u>27520</u>	Apple Assistance	M	1/13	3 to 4 p.m.	B. Carpenter	\$7	
<u>27264</u>	Ballroom Dance Class	W	1/8-2/26	2 to 4 p.m.	M. Lee	\$70	1/29
<u>27265</u>	Beginning Chen Style Tai Chi	Tu	1/14-2/25	9 to 10 a.m.	D. Aspinwall	\$11	

CLASSES

January (Continued)

Class registration for January begins on Monday, December 16 at 8 a.m.

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Activity Number		Day	Dates	Time	Instructor	Mem. Fee	No Class
<u>27266</u>	Chair Exercise - Monday	M	TBD	9:30 to 10:30 a.m.	H. Lin	TBD	1/20, 2/17
27267	Chair Exercise - Thursday	Th	TBD	9:30 to 10:30 a.m.	H. Lin	TBD	
27268	Chair Yoga	Tu	1/21-2/25	1:45 to 2:30 p.m.	J. Pagadipaala	\$36	
<u>27269</u>	Chinese Brush Painting	M	1/6-2/24	10 a.m. to 12 p.m.	M. Lee	\$56	1/20, 2/17
<u>27303</u>	Chinese Calligraphy	M	1/6-2/24	1:30 to 3 p.m.	A. Wang	\$14	1/20, 2/17
<u>26937</u>	Conversational Mandarin - Level 1	W	1/8-2/26	11 a.m to 12 p.m.	I. Zhang	\$9	1/29, 2/19
<u>27270</u>	CSC Wednesday Jam	W	1/8-2/26	3 to 4:30 p.m.	J. Cunningham	\$16	1/29
27463	Cyber Security	M	1/27-2/10	10 to 11:30 a.m.	C. Helvey	\$22	
<u>27271</u>	Dancercise	F	1/10-2/28	2 to 3:30 p.m.	G. Tsun	\$18	
<u>27272</u>	ESL - Basics	W	TBD	10:30 to 11:30 a.m.	J. Zhang	TBD	
<u>27273</u>	ESL - Beginner	Th	TBD	10:30 to 11:30 a.m.	J. Zhang	TBD	
27274	ESL - Intermediate Conversation	Th	1/9-2/27	11:30 a.m. to 1 p.m.	J. Andrushko	\$18	
27275	Feldenkrais Method	Tu	1/7-2/25	10:30 to 11:30 a.m.	M. Westlaken	\$64	
27276	Gentle Yoga	F	1/10-2/28	3:45 to 4:45 p.m.	M. Periannan	\$12	
27277	HarmoniKatz	Tu	1/7-2/25	2:30 to 4 p.m.	D. Ng	\$18	
<u>27278</u>	Hula - Beginning	M	1/13-2/24	noon to 12:45 p.m.	P. A Gregory	\$6	1/20, 2/17
<u>27279</u>	Hula - Performance Group	M	1/13-2/24	1 to 2 p.m.	J. Pereria-Anderson	\$8	1/20, 2/17
<u>27280</u>	International Standard and Latin Dance - Beginner	Th	1/9-2/27	1 to 2:20 p.m.	K. Mao	\$16	
<u>27281</u>	International Standard and Latin Dance - Intermediate	Th	1/9-2/27	2:30-4:15 p.m.	K. Mao	\$21	
<u>26669</u>	iPad Beginning	Th	1/16-2/27	1 to 3 p.m.	R. Schiros	\$40	
<u>26661</u>	iPhone Intermediate	Tu	1/14-2/25	1 to 3 p.m.	R. Schiros	\$40	
27282	Lap Steel Guitar	Tu	1/20, 1/27, 2/11, 2/25	noon to 1 p.m.	L. Fujimoto	\$6	
<u>27283</u>	Line Dance - Basics	Th	1/9-2/27	9:30 to 10:30 a.m.	L. Hsu	\$60	
27284	Line Dance - Beginner	Th	1/9-2/27	10:35 to 11:50 a.m.	L. Hsu	\$60	
27285	Line Dance - High Beginner	F	1/10-2/28	11:45 a.m. to 1 p.m.	L. Hsu	\$60	
27286	Line Dance - Improver / Intermediate	Tu	1/7-2/25	10:15 to 11:45 a.m.	K. Chang	\$72	
27287	Line Dance - Intermediate+	М	1/6-2/24	10 to 11:45 a.m.	K. Chang	\$54	1/20, 2/17
<u>27288</u>	Line Dance - Intermediate/Advanced	W	1/8-2/26	10:15 a.m. to noon	K. Chang	\$70	1/29
<u>27289</u>	Painting and Drawing at all Levels	W	1/8-2/26	8:45 to 11:45 a.m.	J. Chin and L. Hwang	\$32	1/29
26637	PC and Apple Assistance in Mandarin	Th	1/9	10 to 11 a.m.	L. Su	\$6	
26638	PC and Apple Assistance in Mandarin	Th	1/9	11 a.m. to noon	L. Su	\$6	
26639	PC and Apple Assistance in Mandarin	Th	1/16	10 to 11 a.m.	L. Su	\$6	
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Classes							
27291	Qi Gong for Well Being	Th	1/9-2/26	Noon to 12:45 p.m.	A. Motoyama	\$12	
27539	Rhythmaires	F	1/10-2/28	9:30 to 11:30 a.m.	K. Miller	\$24	
27292	Tai Chi - Beginner Level 2	Tu	TBD	3 to 3:45 p.m.	K. Chung	TBD	
<u>27293</u>	Tai Chi - Beginner Level 3	Tu	TBD	4 to 4:45 p.m.	K. Chung	TBD	
27294	The Dream of the Red Chamber	F	1/10-2/28	10 to 11 a.m.	L. Hwang	\$12	
<u>27295</u>	U.S. History	M	1/6-2/24	1 to 2 p.m.	R. DiBono	\$9	1/20, 2/17
<u>27296</u>	Ukulele - Beginning	Tu	1/7-2/25	1 to 2 p.m.	D. Ng	\$12	
27298	Yoga Foundations	W	1/15-2/26	8:30 to 9:45 a.m.	R. Narayanan	\$69	1/29
27299	Yuan Chih Dance	F	1/10-2/28	10 to 11:30 a.m.	A. Fung	\$18	
<u>27300</u>	Yuan Chih Dance	W	1/8-2/26	12:15 to 1:45 p.m.	L. Hwang	\$16	1/29
<u>27301</u>	Zumba - Level 1 (in-person)	Tu	TBD	12:30 to 1:30 p.m.	H. Lin	TBD	
<u>27302</u>	Zumba Gold (virtual)	W	1/8-2/26	10 to 11 a.m.	G. DuVal	\$37	1/29

February

	Class registration for Feb	oruary b	pegins on	Monday, Decemb	per 16 at 8 a.m.	
Activity Number	Class	Day	Dates	Time	Instructor	Mem. Fee No Class
<u>27521</u>	Apple Assistance	M	2/3	1 to 2 p.m.	B. Carpenter	\$7
<u>27522</u>	Apple Assistance	M	2/3	2 to 3 p.m.	B. Carpenter	\$7
<u>27523</u>	Apple Assistance	M	2/3	3 to 4 p.m.	B. Carpenter	\$7
27524	Apple Assistance	M	2/10	1 to 2 p.m.	B. Carpenter	\$7
<u>27525</u>	Apple Assistance	M	2/10	2 to 3 p.m.	B. Carpenter	\$7
<u>27526</u>	Apple Assistance	M	2/10	3 to 4 p.m.	B. Carpenter	\$7
<u>25722</u>	Tech Troubleshooting	W	2/5	2 to 2:30 p.m.	Recreation Staff	\$3
<u>25723</u>	Tech Troubleshooting	W	2/5	2:30 to 3 p.m.	Recreation Staff	\$3
<u>25724</u>	Tech Troubleshooting	W	2/5	3 to 3:30 p.m.	Recreation Staff	\$3
25725	Tech Troubleshooting	W	2/5	3:30 to 4 p.m.	Recreation Staff	\$3

March

	Class registration for March begins on Monday, February 24 at 8 a.m.							
Activity Number	Class	Day	Dates	Time	Instructor	Mem. Fee	No Class	
<u>27569</u>	Accordion	M	3/3-4/28	2:15 to 3:45 p.m.	R. DiBono	\$18	3/31	
<u>27527</u>	Apple Assistance	M	3/3	1 to 2 p.m.	B. Carpenter	\$7		
<u>27528</u>	Apple Assistance	M	3/3	2 to 3 p.m.	B. Carpenter	\$7		
<u>27529</u>	Apple Assistance	M	3/3	3 to 4 p.m.	B. Carpenter	\$7		
<u>27530</u>	Apple Assistance	M	3/17	1 to 2 p.m.	B. Carpenter	\$7		
<u>27531</u>	Apple Assistance	M	3/17	2 to 3 p.m.	B. Carpenter	\$7		
<u>27532</u>	Apple Assistance	M	3/17	3 to 4 p.m.	B. Carpenter	\$7		
<u>27473</u>	Ballroom Dance Class	W	3/5-4/23	2 to 4 p.m.	M. Lee	\$80		
27474	Beginning Chen Style Tai Chi	Tu	3/4-4/15	9 to 10 a.m.	D. Aspinwall	\$11		
27475	Chair Exercise - Monday	M	3/3-4/28	9:30 to 10:30 a.m.	H. Lin	\$40	3/31	
<u>27476</u>	Chair Exercise - Thursday	Th	3/6-4/24	9:30 to 10:30 a.m.	H. Lin	\$40		
<u>27477</u>	Chair Yoga	Tu	3/4-4/22	1:45 to 2:30 p.m.	J. Pagadipaala	\$64		

CLASSES

March (Continued)

Class manishmakiam	for Monale leaving and	Mars days Ealarman	21 21 0 2 22
Class registration	for March begins on	Monday, Februari	v 24 at 8 a.m.

Activity Number	Class	Day	Dates	Time	Instructor	Mem. Fee	No Class
27478	Chinese Brush Painting	M	3/3-4/28	10 a.m. to noon	M. Lee	\$56	3/31
27479	Chinese Calligraphy	M	3/3-4/28	1:30 to 3 p.m.	A. Wang	\$18	3/31
27550	Conversational Mandarin - Level 1	W	TBD	11 a.m. to 12 p.m.	I. Zhang	TBD	-,
27480	CSC Wednesday Jam	W	3/5-4/30	3 to 4:30 p.m.	J. Cunningham	\$16	
27464	Cyber Security	M	3/3-3/17	10 to 11:30 a.m.	C. Helvey	\$22	
27481	Dancercise	F	3/7-4/25	2 to 3:30 p.m.	G. Tsun	\$18	
27482	ESL - Basics	W	TBD	10:30 to 11:30 a.m.	J. Zhang	TBD	
27483	ESL - Beginner	Th	TBD	10:30 to 11:30 a.m.	J. Zhang	TBD	
27484	ESL - Intermediate Conversation	Th	3/6-4/24	11:30 a.m. to 1 p.m.	J. Andrushko	\$18	
27485	Feldenkrais Method	Т	3/4-4/29	10:30 to 11:30 a.m.	M. Westlaken	\$72	
27486	Gentle Yoga	F	3/7-4/25	3:45 to 4:45 p.m.	M. Periannan	\$12	
27487	HarmoniKatz	Tu	3/4-4/29	2:30 to 4 p.m.	D. Ng	\$21	
27488	Hula - Beginning	M	3/3-4/28	noon to 12:45 p.m.	P.A Gregory	\$7	3/31
27489	Hula - Performance Group	M	3/3-4/28	1 to 2 p.m.	J. Pereria-Anderson	\$9	3/31
<u>27490</u>	International Standard and Latin Dance - Beginner	Th	3/6-4/24	1 to 2:20 p.m.	K. Mao	\$16	
<u>27491</u>	International Standard and Latin Dance - Intermediate	Th	3/6-4/24	2:30 to 4:15 p.m.	K. Mao	\$21	
<u>17620</u>	iPad Intermediate	Th	3/13-4/24	1 to 3 p.m.	R. Schiros	\$40	
<u>26662</u>	iPhone Beginning	Tu	3/11-4/22	1 to 3 p.m.	R. Schiros	\$40	
27492	Lap Steel Guitar	Tu	3/4, 3/18, 4/1, 4/15	noon to 1 p.m.	L. Fujimoto	\$6	
<u>27493</u>	Line Dance - Basics	Th	3/6-4/17	9:30 to 10:30 a.m.	L. Hsu	\$45	3/20
<u>27494</u>	Line Dance - Beginner	Th	3/6-4/17	10:35 to 11:50 a.m.	L. Hsu	\$45	3/20
<u>27495</u>	Line Dance - High Beginner	F	3/6-4/18	11:45 a.m. to 1 p.m.	L. Hsu	\$45	3/21
27496	Line Dance - Improver / Intermediate	Tu	3/4-4/29	10:15 to 11:45 a.m.	K. Chang	\$63	4/8, 4/15
27497	Line Dance - Intermediate+	M	3/3-4/28	10 to 11:45 a.m.	K. Chang	\$63	4/7, 4/14
<u>27498</u>	Line Dance - Intermediate/Advanced	W	3/5-4/30	10:15 a.m. to noon	K. Chang	\$70	4/9, 4/16
<u>27499</u>	Painting and Drawing at all Levels	W	3/5-4/23	8:45 to 11:45 a.m.	J. Chin and L. Hwang	\$36	
27449	PC and Apple Assistance in Mandarin	Th	3/20	10 to 11 a.m.	L. Su	\$6	
<u>27450</u>	PC and Apple Assistance in Mandarin	Th	3/20	11 a.m. to noon	L. Su	\$6	
<u>27451</u>	PC and Apple Assistance in Mandarin	Th	3/27	10 to 11 a.m.	L. Su	\$6	
<u>27452</u>	PC and Apple Assistance in Mandarin	Th	3/27	11 a.m. to noon	L. Su	\$6	
<u>27500</u>	Qi Gong for Well Being	Th	3/6-4/24	Noon to 12:45 p.m.	A. Motoyama	\$9	
<u>27540</u>	Rhythmaires	F	3/7-4/25	9:30 to 11:30 a.m.	K. Miller	\$21	3/28
<u>27501</u>	Tai Chi - Beginner Level 2	Tu	TBD	3 to 3:45 p.m.	K. Chung	TBD	
<u>27502</u>	Tai Chi - Beginner Level 3	Tu	TBD	4 to 4:45 p.m.	K. Chung	TBD	
<u>27468</u>	NEW! Tech Talk	W	3/19-4/23	10 to 11:15 a.m.	C. Helvey	\$15	

(408) 777-3150 **9**

	Classes							
25643	Tech Troubleshooting	W	3/5	2 to 2:30 p.m.	Recreation Staff	\$3		
<u>25644</u>	Tech Troubleshooting	W	3/5	2:30 to 3 p.m.	Recreation Staff	\$3		
25645	Tech Troubleshooting	W	3/5	3 to 3:30 p.m.	Recreation Staff	\$3		
<u>25646</u>	Tech Troubleshooting	W	3/5	3:30 to 4 p.m.	Recreation Staff	\$3		
<u>27503</u>	The Dream of the Red Chamber	F	3/6-5/2	10 to 11 a.m.	L. Hwang	\$12		
27504	U.S. History	M	3/3-4/28	1 to 2 p.m.	R. DiBono	\$12	3/31	
<u>27505</u>	Ukulele - Beginning	Tu	3/4-4/29	1 to 2 p.m.	D. Ng	\$14		
<u>27506</u>	Walk with Ease	M, W, F	3/3-4/14	10 to 11 a.m.	Recreation Staff	\$15	3/31	
<u>27507</u>	Yoga Foundations	W	3/5-4/23	8:30 to 9:45 a.m.	R. Narayanan	\$92		
<u>27508</u>	Yuan Chih Dance	F	1/10-2/28	10 to 11:30 a.m.	A. Fung	\$18		
27509	Yuan Chih Dance	W	3/5-4/23	12:15 to 1:45 p.m.	L. Hwang	\$18		
<u>27510</u>	Zumba - Level 1 (in-person)	Tu	3/4-4/22	12:30 to 1:30 p.m.	H. Lin	\$42		
<u>27511</u>	Zumba Gold (virtual)	W	3/5-4/23	10 to 11 a.m.	G. DuVal	\$42		

April

Class registration for	April be	egins on M	Ionday, F	February	24 at 8 a.m.

Activity Number		Day	Dates	Time	Instructor	Mem. Fee No Class
27533	Apple Assistance	M	4/14	1 to 2 p.m.	B. Carpenter	\$7
<u>27534</u>	Apple Assistance	M	4/14	2 to 3 p.m.	B. Carpenter	\$7
<u>27535</u>	Apple Assistance	M	4/14	3 to 4 p.m.	B. Carpenter	\$7
<u>27536</u>	Apple Assistance	M	4/28	1 to 2 p.m.	B. Carpenter	\$7
<u>27537</u>	Apple Assistance	M	4/28	2 to 3 p.m.	B. Carpenter	\$7
<u>27538</u>	Apple Assistance	M	4/28	3 to 4 p.m.	B. Carpenter	\$7
<u>27457</u>	PC and Apple Assistance in Mandarin	Th	4/10	10 to 11 a.m.	L. Su	\$6
<u>27458</u>	PC and Apple Assistance in Mandarin	Th	4/10	11 a.m. to noon	L. Su	\$6
27459	PC and Apple Assistance in Mandarin	Th	4/24	10 to 11 a.m.	L. Su	\$6
<u>27460</u>	PC and Apple Assistance in Mandarin	Th	4/24	11 a.m. to noon	L. Su	\$6
<u>25726</u>	Tech Troubleshooting	W	4/2	2 to 2:30 p.m.	Recreation Staff	\$3
<u>25727</u>	Tech Troubleshooting	W	4/2	2:30 to 3 p.m.	Recreation Staff	\$3
<u>25728</u>	Tech Troubleshooting	W	4/2	3 to 3:30 p.m.	Recreation Staff	\$3
25729	Tech Troubleshooting	W	4/2	3:30 to 4 p.m.	Recreation Staff	\$3

Winter Ball

Friday, December 20 6 to 8 p.m.

It's going to be a ball at the Senior Center! Come formally dressed and enjoy food, music, and dancing. Pot roast dinner included with side and light desserts. Vegetarian option available when registering.

Code #26677 | Members \$30, Non-members \$35



Lectures and Workshops

January and February registration opens on Monday, December 16 March and April registration opens on Monday, February 24



For additional information regarding lectures, call the Cupertino Senior Center front desk at (408) 777-3150.



Libby Workshop

Wednesday, January 22 10 to 11 a.m.

Access thousands of eBooks and audiobooks to read across your electronic devices or listen to on the go. Learn how you can download these eBooks and audiobooks to continue reading offline. See how to connect your selection to your Kindle and how you can adjust your eBook settings to customize to how you read. This workshop will show you how you may use this resource for free using your Santa Clara County Library card.

ChatGPT Workshop

Tuesday, January 28, and March 18, 10 to 11 a.m.

Learn what ChatGPT is and how you may use its features.

Photo Offloading Workshop

Tuesday, February 18 and April 8 10 to 11 a.m.

Learn how to take your photos off your phone and onto your computer, laptop, or cloud drive.

The Mercury News Online

Wednesday, February 26 10 to 11 a.m.

Learn how you can receive full access to today's local newspaper on the go or at home through the online version of The Mercury News. You will have access to issues from 2006 to now. Bring Santa Clara County Library Card ID and password.

NEW! Book Browser Workshop

Wednesday, March 26, 10 to 11 a.m.

Learn how you can use Book Browser for free with your Santa Clara Count Library card. Book Browser helps you find book recommendations, readalikes, author biographies and interviews. You will learn how you can also search by time period, setting and theme. This is a great resource for book clubs as Book Browser includes reading guides and online discussions.

Hoopla Workshop

Wednesday, April 30 10 to 11 a.m.

Download or stream eBooks, eAudiobooks, digital comics, music, movies, and TV series! Access in a browser or mobile app. Hoopla syncs across all your devices, and most tiles can also be downloaded to your phone or tablet. Borrow up to 10 titles a month, with no waitlists.

Want to see the 50+ events, socials, and workshops at a glance?

To see the Cupertino Senior Center's monthly calendars, visit <u>cupertino.gov/senior</u>.



Presentations



Extended Trips Coming in 2025

Collette Travel is offering extended trips beginning in 2025. To learn more about 2025 and 2026 trips, attend a presentation hosted by Collette:

Presentations

- Wednesday, January 22, 2 p.m.
- Wednesday, April 9, 2 p.m.

Registration

• Wednesday, February 12, 2 to 3 p.m.

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Questions?

Call (408) 777-3150, or ask us in-person at the Cupertino Senior Center 8 a.m. to 5 p.m. Monday through Friday.

VOLUNTEER CORNER



Learn more about volunteer opportunities at the Cupertino Senior Center at a volunteer orientation meeting. Contact the front desk at (408) 777-3150 for dates of upcoming volunteer orientations.

Class Instructors

Have expert knowledge on a specific subject or exercise? Become a volunteer instructor to share your skill set and engage others of similar interest. We are seeking instructors for ESL, Japanese, meditation, cardio drumming, bridge, chess, PC, and more.

Kitchen Crew

Are you the chef in the kitchen or enjoy cooking? Join a fun group and to help prepare and cook delicious meals for our monthly lunches and special events.



Interested in volunteering or helping out with the activities above? Contact Amanda at amandah@cupertino.gov or call (408) 777-3374. You must be onboarded as a volunteer before helping with volunteer programs.

Share Discovery Through Travel

Trip registration begins:

December to February Trips - Open

March Registration starts Tuesday November 12 for members and Monday, November 18 for non-members. April Registration starts Monday, December 9 for members and Monday, December 16 for non-members.

Please arrive 30 minutes prior to the departure time.

Some Like it Hot!

Wednesday, January 8, 9:30 a.m. to 5:30 p.m.

Some Like it Hot! returns to Orpheum Theater and claimed as the "super-sized, all-out-song-and-dance spectacular!" by the New York Times. Immerse your self in the lively production, unforgettable music, stunning costumes, and the robust theatrical "razzle and dazzle" of the most Tony Award winning musical of the season! Set in Chicago during the Prohibition, follow the story of two musicians forced out of the Windy City by gangsters after witnessing a mob hit. Trying to evade at every turn, the pair of musicians catch a cross-country train for a life-changing trip of a lifetime. Before the show, enjoy a delicious hosted lunch at Tad's Steakhouse in San Francisco.

Member Cost: \$162 – Includes Lunch, Orchestra Seats, Transportation, Tips, and Travel Staff.

Activity Level: Low; Walking at your own pace.

Beach Chalet and Mary Cassatt at the Legion of Honor

Wednesday, January 15, 9 a.m. to 5 p.m.

Experience a delightful day of art and beauty in San Francisco. Relax over a delectable brunch with sweeping views of the Pacific at The Beach Chalet restaurant across from Ocean Beach. Spend the afternoon immersed in priceless art at the stunning Legion of Honor Museum, home to works by Monet, Rodin, Rembrandt, Ansel Adams and more. Your visit includes timed entry to the special exhibit of Mary Cassatt, a celebrated member of the French impressionists, and the first major showing of the artist in 25 years.

Member Cost: \$146 – Includes Brunch, Museum Admission, Special Exhibit Admission, Transportation, Tips, and Travel Staff

Activity Level: Moderate; Walking at your own pace.



Steinbeck House and Center

Thursday, February 6, 8:30 a.m. to 4:30 p.m.

Visit the historic Steinbeck House, birthplace and boyhood home to Nobel prize winning author John Steinbeck, a restored Queen Ann style Victorian built in 1897 with original decorations, furnishings, family pictures and memorabilia. This literary landmark houses a charming restaurant, where we will enjoy a docent talk as well as gourmet lunch, prepared by the women of the Valley Guild, showcasing seasonal produce of the Salinas Valley.

Explore the National Steinbeck Center, with a private docent tour to explore Steinbeck's world through multi-sensory exhibits, rare artifacts, and seven themed theatres showcasing East of Eden, Cannery Row, Of Mice and Men, Grapes of Wrath, and more.

Member Cost: \$133 – Includes Lunch, Museum Admissions, Two Docent Talks, Transportation, Tips, and Travel Staff

Activity Level: Moderate; Walking at your own pace. May be uneven surfaces, stairs, and non-ADA compatible areas at the Steinbeck House.

(408) 777-3150 **13**

The House of Prime Rib

Wednesday, February 19, 3:45 to 9:15 p.m.

Join us for an elegant evening of fine dining at this San Francisco landmark, a perennial favorite that has been topping the charts for decades! The House of Prime Rib serves well-marbled Prime Rib aged for 21 days, in a traditional English setting. Their juicy and delicious prime rib is made from the highest quality of beef and is baked to perfection in rock salt and carved tableside. Each meal comes with their famous salad, fluffy mashed potatoes, creamed spinach, au jus, Yorkshire pudding, and a variety of horseradish. Enjoy this wonderful feast in their warm and inviting dining room, enhanced with a cozy fireplace.

Member Cost: \$156 – Includes Dinner, Transportation, Tips, and Travel Staff.

Activity Level: Low; Embark and disembarking the bus, walking from bus to restaurant.



Monterey Bay Whale Watching

Wednesday, March 5, 7:30 a.m. to 5 p.m.

Join on a two hour boat adventure to see one of the largest creatures in the world! Following your morning boat ride, explore Cannery Row for your no-host lunch and explore time to see and shop at the local stores.

Member Cost: \$138 – Includes Private Whale Watching Tour, Transportation, Tips, and Travel Staff.

Activity Level: High; Embark and disembarking the boat, walking at your own pace.



California Academy of Science

Thursday, March 20, 8:45 a.m. to 4:30 p.m.

Visit the only place on Earth with an aquarium, planetarium, rainforest, and natural history museum - all under one living roof! Meet the 60,000 animal residents, from a colony of playful African penguins to Claude, the lovable alligator with albinism. Wander through a lush four-story rainforest or travel to outer space at the planetarium, home to the world's largest digital dome.

Member Cost: \$110 – Includes Admission Ticket, Transportation, Tips, and Travel Staff.

Activity Level: Moderate; exploring the museum at your own pace.

Zorro and the Fountain Room

Thursday, April 17, 9 a.m. to 3:30 p.m.

Delight in a delectable brunch at the Fountain Restaurant featuring locally sourced California produce, gourmet coffee, and fresh squeezed juices. After your meal, visit the San Jose Opera for the final dress rehearsal of the world renowned masterpiece Zorro. A tragic story of jealousy, vengeance, and love, Zorro, is one of the most popular tales with an unforgettable story and score.

Member Cost: \$121 – Includes Brunch, admission, transportation, tips, and travel staff.

Activity Level: Low, Walking at your own pace.

Receive the Latest Updates!

Time and itinerary is subject to change.

Stay informed about upcoming trips by signing up for the Senior Center's monthly eNewsletter! Visit bit.ly/50scene to subscribe.

Resources for Seniors

To schedule an appointment, call the front desk at (408) 777-3150.

Caregiver Network Counseling

Wednesday, 1 to 4 p.m.

December 11, January 8, February 5, and March 5

The Caregivers Network provides friend or family caregivers free support for their unique situations. A Care Manager will be available for one-hour in-person appointments to provide resources and information for caregivers to support loved one.

Caregiver Support Group Tuesday, 1 to 2:30 p.m.

December 17, January 21, February 18, and March 18

Caregiving is tough and you do not have to do it alone. Join other friend and family caregivers to learn about resources, share experiences, and enjoy a social outlet. Lead by the Caregiver Network of Sourcewise, a Santa Clara County resource agency for seniors, the group is for caregivers of adults 60 and older or someone of any age with a dementia type disease (Huntington's, early onset Alzheimer's traumatic brain injury, etc.).

Health Insurance Counseling (HICAP)

Monday, 1 to 4 p.m.

December 2, January 27, February 10, February 24, March 10, and March 24

Find out what your options are with Medicare and what will work best for you. The Health Insurance Counseling and Advocacy Program will help you fully understand your Medicare options to be better informed to make the right choices.

Senior Adult Legal Aid (SALA) Friday, 10 a.m. to noon

December 20, January 17, February 21, and March 21

Free assistance to elders for basic legal matters in public benefits, long-term care, elder abuse, housing, consumer issues, incapacity planning probate alternative, and simple wills. Must be 60 or older and live in Santa Clara County. If unable to meet in person, call (408) 295-5991.

SALA(長者法律諮詢) 為居住在聖他克拉拉縣(Santa Clara County) 60 歲或以上的長者提供基本的法律援助. 中文翻译可预约.

Resource Referral Website

Please visit <u>cupertino.gov/seniorresources</u> to view contact information for resources, such as nutrition, transportation, counseling, elder abuse, and more.



Silicon Valley Hopper

Use Silicon Valley Hopper for destinations such as the grocery store, local eateries, post office, and more. Silicon Valley Hopper also takes Cupertino residents to medical appointments at Kaiser Santa Clara and Sutter Health West Valley Center. Discounted fares for seniors are \$1.75 per trip. To book download the SV Hopper app or call:

(669) 201-1892 | <u>cupertino.gov/shuttle</u>

Lipited Way Ray Area

211

United Way Bay Area Receive free, non-emergency community, health, and disaster information in Santa Clara County. 211 is confidential and available in over 170 languages. 24 hours a day, 7 days a week.

Dial 2-1-1 | 211bayarea.org



Sourcewise

information on a variety of topics including housing, nutrition, health insurance, transportation, and more. Sourcewise strives to educate, prepare, and support caregivers within Santa Clara County.

(408) 350-3200 | mysourcewise.com

(408) 777-3150 **15**

50 + Birthday Bash!

Doors open at noon

January and February registration opens Monday, December 16. March and April registration opens Monday, February 24.

Please state vegetarian option when registering.

Lunar New Year and January Birthday Bash

Wednesday, January 22

Let's celebrate the Year of the Snake! People born in this year are said to be smart, wise, determined and caring. Join us for a Chinese meal and cultural entertainment as the lion dancers join to ring in the New Year. Members with January birthdays will be honored.

Member \$15, Non-member \$20

February Birthday Bash

Wednesday, February 12

All you need is love when you come celebrate February birthdays with friends! Enjoy a salad before a diving into a plate of oven-baked ziti with a side of garlic bread, and dessert. Members with February birthdays will be honored.

Member \$12, Non-member \$17

St. Patricks Day Birthday Bash

Wednesday, March 12

Join us for the Irish tradition of St. Patrick's Day featuring Irish entertainment plus a full meal of corned beef and cabbage, carrots, potatoes, and dessert. Members with March birthdays will be honored

Member \$12, Non-member \$17

April Birthday Bash

Wednesday, April 9

We are having a garden party themed lunch with a bounty of salads. Enjoy a chicken salad, potato salad, and pasta salad finished with a fruit salad.

Member \$12, Non-member \$17



Note: If a lunch is full, please ask the front desk to add your name to the waitlist. When cancellations occur, we will fill from the waitlist in the order that names are taken. No money is required to be put on the waitlist.



To register, call (408) 777-3150, visit the Senior Center in-person, or Click Here.