

# January



| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY  |
|--|--|--|---|---|
| <p align="center"><b>City of Cupertino<br/>Senior Center</b><br/>408.777.3150<br/>Monday - Thursday: 8 a.m. - 9 p.m.<br/>Friday: 8 a.m. - 5 p.m.<br/>Saturday: 8:30 a.m. - 4:30 p.m.<br/>Email: <a href="mailto:SeniorCntr@Cupertino.org">SeniorCntr@Cupertino.org</a><br/>Website: <a href="http://www.cupertino.org/senior">www.cupertino.org/senior</a><br/>Find us on Facebook and Yelp!</p> |  | <p align="center"><b>1</b></p> <p align="center"><b>Happy New Year!</b></p> <p align="center"><b>Senior Center Closed<br/>New Year's Day</b></p> <p align="center">耆英中心歇業</p>  | <p align="center"><b>2</b></p> <p>11:15-1:30<br/>Needlecraft<br/>12-2 Card Playing<br/>12:30-2 Archery<br/>1:15-4:30 Karaoke<br/>卡拉OK<br/>2-4 Open Bridge</p>                       | <p align="center"><b>3</b></p> <p>9:30-11:30 Rhythmaires<br/>12-4 Mah Jongg 麻將<br/>1-3:30 Bingo 賓果<br/>1-4:30 Ping Pong 乒乓<br/>1:30-3 Book Review-<br/>Favorite Book Review<br/>1:30-4 TechTime</p> <hr/> <p align="center"><b>4 Saturday</b></p> <p>10-1 Tech Assistance<br/>1-4 Ping Pong</p> |
| <p><b>6</b></p> <p>10-12 Golf for Seniors<br/>12-4 Card Playing<br/>1 Volunteer<br/>Orientation</p>  | <p><b>7</b></p> <p>8:30-11:30 Ping Pong 乒乓<br/>9-11 Tennis 網球<br/>10-11:30 Book Discussion-<br/>Beloved by T. Morrison<br/>10-12 TV Production -<br/>The Better Part<br/>12-4 Card Playing<br/>12:15-1:15 Blood Pressure 量血壓<br/>1:30-2:30 Chair Volleyball Party<br/>4-6:30 Tech Assistance</p> | <p><b>8</b></p> <p>7:30 Day Trip Preview<br/>8 New Trip Sign-up<br/>10-12 Case Manager<br/>Consulation 社工諮詢<br/>12-4 Card Playing</p>  | <p><b>9</b></p> <p>11:15-1:30<br/>Needlecraft<br/>12-2 Card Playing<br/>1:15-4:30 Karaoke<br/>卡拉OK<br/>2-4 Open Bridge<br/>3-4:30 Caregiver<br/>Support Group</p>                   | <p align="center"><b>10</b></p> <p>9:30-11:30 Rhythmaires<br/>12-4 Mah Jongg 麻將<br/>1-3:30 Bingo 賓果<br/>1-4:30 Ping Pong 乒乓<br/>1:30-4 TechTime</p> <hr/> <p align="center"><b>11 Saturday</b></p> <p>10-1 Tech Assistance</p>  |
| <p><b>13</b></p> <p>10-12 Golf for Seniors<br/>12-4 Card Playing<br/>12:30-5 AARP Smart<br/>Driving Course<br/>1:30-2:30 Blood<br/>Pressure Check 量血壓<br/>2:05-3:35 Ballroom<br/>Dance Social 交際舞社</p>   | <p><b>14</b></p> <p>8:30-11:30 Ping Pong 乒乓<br/>9-11 Tennis 網球<br/>12-4 Card Playing</p>   | <p><b>15</b></p> <p>9:30-6:30 Groundhog Day<br/>the Musical Trip<br/>10-11 OverDrive Presentation<br/>10-12 Case Manager<br/>Consulation 社工諮詢<br/>11:45 Lunch with Friends<br/>(\$8) Split-Pea Soup with<br/>Ham 豌豆火腿湯<br/>12-4 Card Playing<br/>12:30-5 AARP Smart<br/>Driving Course</p> | <p><b>16</b></p> <p>11:15-1:30<br/>Needlecraft<br/>12-2 Card Playing<br/>12:30-2 Archery<br/>1:15-4:30 Karaoke<br/>卡拉OK<br/>2-4 Open Bridge</p>                                     | <p><b>17</b></p> <p>9:30-11:30 Rhythmaires<br/>12-4 Mah Jongg 麻將<br/>1-3:30 Bingo 賓果<br/>1-4:30 Ping Pong 乒乓<br/>1:30-4 TechTime</p> <hr/> <p align="center"><b>18 Saturday</b></p> <p>10-1 Tech Assistance</p>   |
| <p><b>20</b></p> <p align="center"><b>Senior Center<br/>Closed<br/>Martin Luther<br/>King Jr. Day</b><br/>耆英中心歇業</p>   | <p><b>21</b></p> <p>8:30-11:30 Ping Pong 乒乓<br/>9-11 Tennis 網球<br/>10-12 TV Production -<br/>The Better Part<br/>12-4 Card Playing<br/>12:15-1:15 Blood Pressure 量血壓<br/>4-6:30 Tech Assistance</p>  | <p><b>22</b></p> <p>10-12 Case Manager<br/>Consulation 社工諮詢<br/>12 Chinese New Year and<br/>January Birthday Bash (\$12)<br/>More info on page 6<br/>欲知詳情,請參閱第六頁<br/>12-4 Card Playing</p>   | <p><b>23</b></p> <p>11:15-1:30<br/>Needlecraft<br/>12-2 Card Playing<br/>1:15-4:30 Karaoke<br/>卡拉OK<br/>2-4 Open Bridge</p>   | <p><b>24</b></p> <p>9:30-11:30 Rhythmaires<br/>12-4 Mah Jongg 麻將<br/>1-3:30 Bingo 賓果<br/>1-4:30 Ping Pong 乒乓<br/>1:30-4 TechTime</p> <hr/> <p align="center"><b>25 Saturday</b></p> <p>10-1 Tech Assistance</p>   |
| <p><b>26 Sunday</b></p> <p>11:45-6:15 Sinatra vs<br/>Darin Trip</p> <hr/> <p><b>27</b></p> <p>10-12 Golf for Seniors<br/>12-4 Card Playing<br/>1 Volunteer Advisory<br/>Council<br/>1:30-2:30 Blood Pressure<br/>Check 量血壓<br/>2:05-3:35 Ballroom<br/>Dance Social 交際舞社</p>  | <p><b>28</b></p> <p>8:30-11:30 Ping Pong 乒乓<br/>9-11 Tennis 網球<br/>12-4 Card Playing<br/>4-6:30 Tech Assistance</p>  | <p><b>29</b></p> <p>Case Manager Consulation<br/>社工諮詢<br/>10-11 RbDigital<br/>Presentation<br/>12-4 Card Playing<br/>1:30-3:30 Monthly Movie-<br/>Free Solo [2018]</p>   | <p><b>30</b></p> <p>11:15-1:30<br/>Needlecraft<br/>12 Karaoke Holiday<br/>Lunch (\$13) 卡拉OK<br/>佳節聯歡午餐<br/>12-2 Card Playing<br/>1:15-4:30 Karaoke<br/>卡拉OK<br/>2-4 Open Bridge</p> | <p><b>31</b></p> <p>9:30-11:30 Rhythmaires<br/>12-4 Mah Jongg 麻將<br/>1-3:30 Bingo 賓果<br/>1-4:30 Ping Pong 乒乓<br/>1:30-4 TechTime<br/>5 Classics and Cookies<br/>Concert</p> <hr/> <p align="center"><b>1 Saturday</b></p> <p>10-1 Tech Assistance<br/>1-4 Ping Pong</p>                         |

# February



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|--|--|--|--|---|
| <b>3</b><br>10-12 Golf for Seniors<br>12-4 Card Playing<br>12:30-5 AARP Smart Driving Renewal  | <b>4</b><br>8:30-11:30 Ping Pong 乒乓<br>9-11 Tennis 網球<br>10-11:30 Book Discussion-<br><i>The Tenth Muse</i> by C. Chung<br>12-4 Card Playing<br>12:15-1:15 Blood Pressure<br>量血壓<br>1:30-2:30 The Better Part<br>Encore Presentation<br>4-6:30 Tech Assistance | <b>5</b><br>10-12 Case Manager<br>Consultation 社工諮詢<br>12-4 Card Playing<br>3:15-4:30 Preparing<br>Residents for<br>Home Emergencies<br>Presentation   | <b>6</b><br>10:30-5:30 No Spectators:<br>The Art of the Burning<br>Man Trip<br>11:15-1:30 Needlecraft<br>12-2 Card Playing<br>12:30-2 Archery<br>1:15-4:30 Karaoke 卡拉OK<br>2-4 Open Bridge<br>6:30-9 Thursday Night<br>Hockey (\$8) Chicken Pot<br>Pie Casserole | <b>7</b><br>9:30-11:30 Rhythmaires<br>12-4 Mah Jongg 麻將<br>1-3:30 Bingo 賓果<br>1-4:30 Ping Pong 乒乓<br>1:30-3 Book Review-<br><i>Where The Crawdads Sing</i><br>by D. Owens<br>1:30-4 TechTime<br><hr/> <b>8 Saturday</b><br>10-1 Tech Assistance |
| <b>10</b><br>10-12 Golf for Seniors<br>11 Volunteer<br>Orientation<br>12-4 Card Playing<br>1 Travel Presentation<br>French Riviera<br>1:30-2:30 Blood Pressure<br>Check 量血壓<br>2:05-3:35 Ballroom<br>Dance Social 交際舞社 | <b>11</b><br>8:30-11:30 Ping Pong 乒乓<br>8:45-5:15 Asian Art<br>Museum and Dandelion<br>Chocolate Trip<br>9-11 Tennis 網球<br>10-12 TV Production - The<br>Better Part<br>12-4 Card Playing<br>4-6:30 Tech Assistance   | <b>12</b><br>10-11 Freegal<br>Presentation<br>10-12 Case Manager<br>Consultation 社工諮詢<br>12 February Birthday<br>Bash (\$12) More info on<br>page 9 欲知詳情,請參閱<br>第頁<br>12-4 Card Playing                                    | <b>13</b><br>11:15-1:30 Needlecraft<br>12-2 Card Playing<br>1:15-4:30 Karaoke 卡拉OK<br>2-4 Open Bridge<br>3-4:30 Caregiver Support<br>Group   | <b>14</b><br>9:30-11:30 Rhythmaires<br>12-4 Mah Jongg 麻將<br>1-3:30 Bingo 賓果<br>1-4:30 Ping Pong 乒乓<br>1:30-4 TechTime<br><hr/> <b>15 Saturday</b><br>10-1 Tech Assistance   |
| <b>17</b><br><br>Senior Center<br>Closed<br>President's Day<br>耆英中心歇業  | <b>18</b><br>8:30-11:30 Ping Pong 乒乓<br>9-11 Tennis 網球<br>12-4 Card Playing<br>12:15-1:15 Blood Pressure<br>量血壓<br>4-6:30 Tech Assistance  | <b>19</b><br>10-12 Case Manager<br>Consultation 社工諮詢<br>12-4 Card Playing  | <b>20</b><br>7:30-5 Monterey Bay Whale<br>Watching Trip<br>11:15-1:30 Needlecraft<br>12-2 Card Playing<br>12:30-2 Archery<br>1:15-4:30 Karaoke 卡拉OK<br>2-4 Open Bridge   | <b>21</b><br>8:30 Newsletter<br>Collating<br>9:30-11:30 Rhythmaires<br>12-4 Mah Jongg 麻將<br>1-3:30 Bingo 賓果<br>1-4:30 Ping Pong 乒乓<br>1:30-4 TechTime<br><hr/> <b>22 Saturday</b><br>10-1 Tech Assistance                                       |
| <b>24</b><br>March/April<br>Registration Begins<br>10-12 Golf for Seniors<br>12-4 Card Playing<br>1:30-2:30 Blood Pressure<br>Check 量血壓<br>2:05-3:35 Ballroom<br>Dance Social 交際舞社                                     | <b>25</b><br>8:30-11:30 Ping Pong 乒乓<br>9-11 Tennis 網球<br>12-4 Card Playing<br>12:15-1:15 Blood Pressure<br>量血壓<br>1:30 Mardis Gras Travel<br>Party<br>4-6:30 Tech Assistance  | <b>26</b><br>10-11 Headspace<br>Presentation<br>10-12 Case Manager<br>Consultation 社工諮詢<br>11:45 Lunch with<br>Friends (\$8) Lasagna<br>烤寬面条<br>12-4 Card Playing<br>1:30-3:30 Monthly<br>Movie- <i>Ratatouille</i> [2007] | <b>27</b><br>8:45-5 Made in Watsonville!<br>Trip<br>11:15-1:30 Needlecraft<br>12-2 Card Playing<br>1:15-4:30 Karaoke 卡拉OK<br>2-4 Open Bridge   | <b>28</b><br>9:30-11:30 Rhythmaires<br>12-4 Mah Jongg 麻將<br>1-3:30 Bingo 賓果<br>1-4:30 Ping Pong 乒乓<br>1:30-4 TechTime<br><hr/> <b>29 Saturday</b><br>10-1 Tech Assistance   |