




YOUTH

NOTES

 **Classes with this symbol require parent participation.**

- For Scholarships, contact West Valley Community Services at 408-255-8033.
- If requires special accommodations in order to participate, please let us know when you register.

ART

First Steps in Drawing & Painting 4-6Y

This class is for very young students just beginning to learn the art of drawing, painting, and composition. Through a sequential series of projects the children will learn many foundational techniques and concepts.

Quinlan Community Center Craft Room

Codes	Days	Times	Dates	Mtgs	Fees
77105	W	4:00pm- 5:00pm	6/20-8/8	8	\$160R/\$192N

Instructor: Euphrat Museum of Art No class 7/4

Artsy Kids 4-10Y

Join Heidi Merry for this new adventure world of arts, crafts, sewing, baking, Storytelling and so much more. Each series will focus on a different theme and introduce new lessons.

Monta Vista Recreation Center Kitchen

Codes	Days	Times	Dates	Mtgs	Fees
75951	Sa-Su	10:00am-12:00pm	6/16-6/17	2	\$60R/\$72N
75952	Sa-Su	10:00am-12:00pm	6/30-7/1	2	\$60R/\$72N
75949	Sa-Su	10:00am-12:00pm	7/28-7/29	2	\$60R/\$72N
75950	Sa-Su	10:00am-12:00pm	8/4-8/5	2	\$60R/\$72N

Instructor: Merry Materials fee \$20

Beginning Drawing 5-9Y

This class will introduce a variety of drawing techniques from classical to contemporary and explore different media. Projects will draw from still life, reference materials, and the imagination. The activities are designed to build beginning technical and creative-thinking skills.

Quinlan Community Center Craft Room

Codes	Days	Times	Dates	Mtgs	Fees
77112	Th	4:00pm- 5:00pm	6/21-8/16	9	\$180R/\$216N
77113	Sa	10:00am-11:00am	6/23-8/18	9	\$180R/\$216N

Instructor: Euphrat Museum of Art

Intermediate Drawing 6-10Y

Students will draw from observation and the imagination and work on more advanced compositions and detailed renderings. They'll strengthen their drawing and creative skills, develop artistic confidence, and bring their ideas to life.

Quinlan Community Center Craft Room

Codes	Days	Times	Dates	Mtgs	Fees
77114	Sa	11:15am-12:15pm	6/23-8/18	9	\$180R/\$216N

Instructor: Euphrat Museum of Art



COMMUNICATION

Free Communication Academy Open House 5-17Y

Give your child the skills to succeed both inside and outside the classroom! Attend our FREE one-hour open house to get an excellent overview of all of our courses and camps. Learn about our innovative curriculum and participate in sample speech, debate, and writing activities. Meet an instructor and learn how they share their passion. Parents are welcome to join!

Communication Academy

Codes	Days	Times	Dates	Mtgs	Fees
77202	Sa	1:30pm- 2:30pm	5/5	1	FREE
77203	Sa	3:30pm- 4:30pm	5/19	1	FREE
77204	Sa	1:30pm- 2:30pm	6/2	1	FREE

Instructor: Communication Academy

Free Junior Speakers Seminar 6-8Y

Try out Junior Speakers before signing up! In this free seminar, students will learn the basics of public speaking. Students are welcome to participate in activities, games, and lessons that bring out confidence. Parents can watch this seminar.

Communication Academy

Codes	Days	Times	Dates	Mtgs	Fees
77205	Sa	1:30pm- 2:30pm	4/14	1	FREE
77206	Sa	3:30pm- 4:30pm	5/12	1	FREE

Instructor: Communication Academy

Junior Speakers: Confident Self 6-8Y

Want your child to be an effective class participant and successful public speaker? In Confident Self, students learn to integrate manners in daily interactions and develop interpersonal communication skills. Students strengthen their public speaking foundation and discover how to be a better friend and student.

Communication Academy

Codes	Days	Times	Dates	Mtgs	Fees
77187	Sa	11:00am-12:55pm	6/23-7/28	6	\$295R/\$354N

Instructor: Communication Academy Materials fee \$15

Common Core Writing: Journalism 6-14Y

In Journalism, students apply Common Core concepts by brainstorming ideas, critically interpreting text, and writing clearly on difficult topics. For 6-8, the focus is grammar, spelling, structure with students, and writing a couple of short articles. For 9-10 and 11-14, the focus is writing and editing different types of articles: editorials, interviews, and features. Small class size!

Communication Academy

6-8Y

Codes	Days	Times	Dates	Mtgs	Fees
77196	Sa	9:00am-10:55am	6/23-7/28	6	\$295R/\$354N

9-10Y

Codes	Days	Times	Dates	Mtgs	Fees
77197	Sa	9:00am-10:55am	6/23-7/28	6	\$295R/\$354N

11-14Y

Codes	Days	Times	Dates	Mtgs	Fees
77198	Sa	9:00am-10:55am	6/23-7/28	6	\$295R/\$354N

Instructor: Communication Academy Materials fee: \$25

Instructors' Notes

Communication Academy 7337 Bollinger Road - Suite E
408-777-8876 | www.communicationacademy.com

Creative Writing: Writing for Publication 6-14Y

Students explore the writing process and learn to write a polished manuscript for final publication! The class emphasizes the revision and editing process for a poem, story, and/or script under the instruction of an experienced teacher. Taught at age-appropriate level.

Communication Academy

6-8Y

Codes	Days	Times	Dates	Mtgs	Fees
77199	Tu	4:45pm- 6:40pm	6/19-7/31	6	\$295R/\$354N

9-10Y

Codes	Days	Times	Dates	Mtgs	Fees
77200	W	4:45pm- 6:40pm	6/20-8/1	6	\$295R/\$354N

11-14Y

Codes	Days	Times	Dates	Mtgs	Fees
77201	Th	4:45pm- 6:40pm	6/21-8/2	6	\$295R/\$354N

Instructor: Communication Academy No class 7/3-7/5 Materials fee: \$15

Communication Combo Classes 7-17Y

SAVE when you enroll in a combo class which combine two fun, back-to-back classes from Communication Academy. Parents maintain peace-of-mind by dropping children off only once for an extended period of time so students can learn two important skills in one sitting.

Communication Academy

Common Core Writing & Junior Speakers 6-8Y

Codes	Days	Times	Dates	Mtgs	Fees
77209	Sa	9:00am-12:55pm	6/23-7/28	6	\$530R/\$636N

Common Core Writing & Public Speaking 9-10Y

Codes	Days	Times	Dates	Mtgs	Fees
77211	Sa	9:00am-12:55pm	6/23-7/28	6	\$530R/\$636N

Debate & Mock Trial 9-10Y

Codes	Days	Times	Dates	Mtgs	Fees
77216	Sa	1:30pm- 5:25pm	6/23-7/28	6	\$530R/\$636N

Public Speaking & Debate 9-10Y

Codes	Days	Times	Dates	Mtgs	Fees
77210	Sa	11:00am- 3:25pm	6/23-7/28	6	\$530R/\$636N

Common Core Writing & Public Speaking 11-14Y

Codes	Days	Times	Dates	Mtgs	Fees
77213	Sa	9:00am-12:55pm	6/23-7/28	6	\$530R/\$636N

Debate & Mock Trial 11-14Y

Codes	Days	Times	Dates	Mtgs	Fees
77217	Sa	1:30pm- 5:25pm	6/23-7/28	6	\$530R/\$636N

Public Speaking & Debate 11-14Y

Codes	Days	Times	Dates	Mtgs	Fees
77215	Sa	11:00am- 3:25pm	6/23-7/28	6	\$530R/\$636N

Instructor: Communication Academy Materials fee: \$30-50

Debate & Critical Thinking: Team Debate 9-14Y

Ensure an academic edge! Debate enhances reading comprehension, overall GPA, and looks excellent on college applications. Students will learn debate format, improve active listening and speaking skills, teambuilding, gain confidence, and exercise critical thinking, organization, and persuasive skills.

Communication Academy

9-10Y					
Codes	Days	Times	Dates	Mtgs	Fees
77191	Sa	1:30pm- 3:25pm	6/23-7/28	6	\$295R/\$354N
11-14Y					
77192	Sa	1:30pm- 3:25pm	6/23-7/28	6	\$295R/\$354N

Instructor: Communication Academy Materials fee: \$15

Free Public Speaking Seminar 9-14Y

Students are introduced to the basics of Public Speaking with this free seminar. Students will learn different strategies through activities to be powerful speakers: organization, vocalization, posture, and presence. Students can try our program out before signing up. Space is limited. Parents are welcome to observe.

Communication Academy

Codes	Days	Times	Dates	Mtgs	Fees
77207	Sa	1:30pm- 2:30pm	4/28	1	FREE
77208	Sa	3:30pm- 4:30pm	5/26	1	FREE

Instructor: Communication Academy

Mock Trial 9-14Y

Have your student learn different types of public speaking through Mock Trial. Students learn how to give a performance by acting in a mock trial, work in groups by being part of a jury, and give individual speeches by writing their own closing arguments. Trials are age-appropriate and are fun learning tools.

Communication Academy

9-10Y					
Codes	Days	Times	Dates	Mtgs	Fees
77194	Sa	3:30pm- 5:25pm	6/23-7/28	6	\$295R/\$354N
11-14Y					
77195	Sa	3:30pm- 5:25pm	6/23-7/28	6	\$295R/\$354N

Instructor: Communication Academy Materials fee: \$15

Public Speaking: Creative Interpretation 9-14Y

Explore literature and characters through speech. Students improve analytical/organizational skills while learning how to speak effectively, use nonverbal communication, utilize effective visual aids, and overcome public speaking anxiety. Course features a fun, confidence-building curriculum.

Communication Academy

9-10Y					
Codes	Days	Times	Dates	Mtgs	Fees
77189	Sa	11:00am-12:55pm	6/23-7/28	6	\$295R/\$354N
11-14Y					
77190	Sa	11:00am-12:55pm	6/23-7/28	6	\$295R/\$354N

Instructor: Communication Academy Materials fee: \$25

DANCE

Pre-Ballet 3-5Y

This class is designed for preschool-aged children to work on ballet positions, coordination, and routines. Ballet shoes are recommended but will be discussed at the first class.

Quinlan Community Center Dance Room

Codes	Days	Times	Dates	Mtgs	Fees
73846	Sa	2:00pm- 2:45pm	6/16-8/18	10	\$100R/\$120N

Instructor: Gottlieb

Princess Pre-Ballet 3-5Y

Calling all Princesses! In this magical princess-themed class, you will learn ballet, creative dance, individual steps, across the floor movement, and dance combinations. While dancing to their favorite princess music they will use fun props like scarves, magic wands, & more.

Quinlan Community Center Dance Room

Codes	Days	Times	Dates	Mtgs	Fees
77224	W	6:00pm- 6:45pm	6/20-8/8	7	\$91R/\$109N

Instructor: Dance Force No class 7/4

Ballet & Tap 3-5Y

This is a great class which introduces your child to ballet and tap. Your child will learn ballet steps, tap combinations, use props, and understand dance terminology, while dancing to fun music!

Quinlan Community Center Dance Room

Codes	Days	Times	Dates	Mtgs	Fees
77156	W	4:15pm- 5:00pm	6/20-8/8	7	\$91R/\$109N

Instructor: Dance Force No class 7/4 Tap shoes required

NEW! Parent & Kinder Hip Hop Dance 4-5Y



You and your child will learn a variety of creative movements, rhythms, and hip-hop style steps using fun and age appropriate music. This class aims to foster creativity, freedom and expression in movement, and a love for dance. This high energy class is a great way for parents and kids to have fun together.

Quinlan Community Center Dance Room

Codes	Days	Times	Dates	Mtgs	Fees
75330	Sa	9:00am- 9:50am	6/16-8/25	10	\$180R/\$216N

Instructor: Ali No class 7/4

Hip Hop/Tumbling 4-7Y

Explore both hip hop & tumbling. Children will learn basic hip hop dance moves to fun kid's music while building confidence, coordination, and rhythm. In tumbling they will have fun doing log rolls, bridges, bear walks, balancing, stretching, and jumps.

Quinlan Community Center Dance Room

Codes	Days	Times	Dates	Mtgs	Fees
75332	W	5:05pm- 5:50pm	6/20-8/8	7	\$91R/\$109N

Instructor: Dance Force No class 7/4

Beginning Acrobatics and Jazz 4-8Y

In this class, children will learn safe and basic acrobatic skills like tumbling, rolls, hand stands, back bends, and cart wheels. They will also learn fun beginning Jazz dance combinations including leaps, turns and kicks. This class will also focus on flexibility.

Quinlan Community Center Dance Room

Codes	Days	Times	Dates	Mtgs	Fees
73819	Sa	2:45pm- 3:30pm	6/16-8/18	10	\$100R/\$120N

Instructor: Gottlieb

Ballet 1 5Y+

In this joyful introduction to ballet, young dancers develop strength, grace, and coordination. Students will exercise at the barre, work on basic ballet positions, combinations, and routines.

Quinlan Community Center Dance Room

Codes	Days	Times	Dates	Mtgs	Fees
73813	M	3:45pm- 4:30pm	6/11-8/20	11	\$110R/\$132N
73814	Tu	3:45pm- 4:30pm	6/12-8/21	10	\$100R/\$120N
73815	Sa	3:30pm- 4:15pm	6/16-8/18	10	\$100R/\$120N

Instructor: Thompson (MIT) Gottlieb (S) No class 7/3

Ballet 2 6Y+

Returning students will enjoy this delightful class! Dancers must have completed one year of Ballet 1 or be at least 8 years old.

Quinlan Community Center Dance Room

Codes	Days	Times	Dates	Mtgs	Fees
73816	M	4:30pm- 5:30pm	6/11-8/20	11	\$143R/\$172N

Instructor: Thompson

Hip Hop/Break Dance 6-13Y

Current hip-hop styles and steps are introduced in an upbeat environment, using fun and age appropriate music. Dancers will also learn the 7 elements of Break-Dance Top Rock, FeetWork, Freezes, Spins, Drops, Treading, and Swipes.

Quinlan Community Center Dance Room

6-9Y

Codes	Days	Times	Dates	Mtgs	Fees
75328	Sa	10:00am-11:00am	6/16-8/25	10	\$130R/\$156N

10-13Y

75329	Sa	11:00am-12:00pm	6/16-8/25	10	\$130R/\$156N
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Quinlan Community Center Activity Room

Level II 6-13Y

77153	Sa	1:20pm- 2:20pm	6/16-8/25	10	\$130R/\$156N
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Instructor: Ali No class 7/14

Ballet 3+ 7Y+

This exciting class is for continuing ballet students who love to dance! Explore ballet technique, with lots of opportunities to move. Minimum of 2 years of ballet needed to take this class.

Quinlan Community Center Dance Room

Codes	Days	Times	Dates	Mtgs	Fees
73817	Tu	4:30pm- 5:30pm	6/12-8/21	10	\$130R/\$156N

Instructor: Thompson No class 7/3

FITNESS

Parent/Child Yoga



In this introductory yoga class, children will gain body awareness by flowing through a series of simple stretches and poses. You will be able to practice some much needed self-care through stretching and breathing exercises. This is a great opportunity for parents and children to bond and practice wellness together.

Quinlan Community Center Dance Room

Codes	Days	Times	Dates	Mtgs	Fees
77004	F	10:00am-10:45am	6/15-8/3	8	\$80R/\$96N

Instructor: You

GOLF

Parent/Child Golf



Parents and children, come spend quality time together learning the game that may be enjoyed for a lifetime! Come learn skills, etiquette and common rules. Registration fee is PER PAIR.

Deep Cliff Golf Course

Codes	Days	Times	Dates	Mtgs	Fees
75543	Sa	8:30am-10:00am	6/2-6/23	4	\$246R/\$295N
75544	Sa	8:30am-10:00am	7/7-7/28	4	\$246R/\$295N
75545	Sa	8:30am-10:00am	8/4-8/25	4	\$246R/\$295N

Instructor: Deep Cliff Staff

Junior Golf: Level 1 6-17Y

Hey, young golfers! Learn and develop the basic skills and knowledge for golf. This class prepares you for Junior Golf Lvl 2.

Deep Cliff Golf Course

Codes	Days	Times	Dates	Mtgs	Fees
75533	Sa	10:30am-10:00am	6/2-6/23	4	\$159R/\$191N
75534	Sa	10:30am-10:00am	7/7-7/28	4	\$159R/\$191N
75535	Sa	10:30am-12:00pm	8/4-8/25	4	\$159R/\$191N

Instructor: Deep Cliff Staff

GYMNASTICS

Twisters Sports Center

1165 N. Fair Oaks, Sunnyvale, CA 94089
408-734-3547 | www.twisterssportscenter.com

Intro to Gymnastics for Kids w/ Special Needs 3-13Y

This parent-participation class is ideal for children who may need extra assistance performing basic gymnastics movements. The class helps to build strength, flexibility, balance, and coordination in a safe and fun environment.

Monta Vista Recreation Center Gymnastics Room

Codes	Days	Times	Dates	Mtgs	Fees
77021	W	6:15pm- 6:55pm	6/20-8/22	9	\$90R/\$108N
77023	Sa	8:45am- 9:25am	6/23-8/25	9	\$90R/\$108N

Instructor: Twisters Sports Center No class 7/2-7

Preschool Gymnastics 1: Leaping Lions 1.5-3Y

In this introductory class, parent and child are participating together to develop basic motor skills. Coaches facilitate direction-following and turn-taking in a safe and fun environment. Child must be 18 months of age before 1st meeting.

Monta Vista Recreation Center Gymnastics Room

Codes	Days	Times	Dates	Mtgs	Fees
77024	M	9:30am-10:10am	6/18-8/20	9	\$115R/\$138N
77025	M	10:15am-10:55am	6/18-8/20	9	\$115R/\$138N
77026	Tu	9:30am-10:10am	6/19-8/21	9	\$115R/\$138N
77027	Tu	10:15am-10:55am	6/19-8/21	9	\$115R/\$138N
77030	W	3:30pm- 4:10pm	6/20-8/22	9	\$115R/\$138N
77031	Sa	9:15am- 9:55am	6/23-8/25	9	\$115R/\$138N
77032	Sa	1:00pm- 1:40pm	6/23-8/25	9	\$115R/\$138N

Instructor: Twisters Sports Center No class 7/2-7

Preschool Gymnastics 2: Jumping Giraffes 3Y

This class focuses on development of motor skills, coordination, balance and strength in a fun and educational environment. Students learn to follow direction without parent assistance. Child must be 3 years of age before 1st meeting.

Monta Vista Recreation Center Gymnastics Room

Codes	Days	Times	Dates	Mtgs	Fees
77033	M	9:45am-10:25am	6/18-8/20	9	\$115R/\$138N
77034	Tu	10:30am-11:10am	6/19-8/21	9	\$115R/\$138N
77035	Tu	3:30pm- 4:10pm	6/19-8/21	9	\$115R/\$138N
77038	Th	5:30pm- 6:10pm	6/21-8/23	9	\$115R/\$138N
77039	Sa	9:30am-10:10am	6/23-8/25	9	\$115R/\$138N
77040	Sa	1:15pm- 1:55pm	6/23-8/25	9	\$115R/\$138N

Instructor: Twisters Sports Center No class 7/2-7

Preschool Gymnastics 3: Cartwheel Kangaroos 4Y

This class further enhances your child's knowledge of gymnastics movements and terminology on vault, beam, bars and floor exercise. They will learn to jump, balance, roll, hang and more! Child must be 4 years of age before 1st meeting.

Monta Vista Recreation Center Gymnastics Room

Codes	Days	Times	Dates	Mtgs	Fees
77041	M	10:30am-11:10am	6/18-8/20	9	\$115R/\$138N
77042	Tu	9:45am-10:25am	6/19-8/21	9	\$115R/\$138N
77043	Tu	4:00pm- 4:40pm	6/19-8/21	9	\$115R/\$138N
77044	Th	5:45pm- 6:25pm	6/21-8/23	9	\$115R/\$138N
77045	F	3:30pm- 4:10pm	6/22-8/24	9	\$115R/\$138N
77046	Sa	9:45am-10:25am	6/23-8/25	9	\$115R/\$138N
77047	Sa	1:30pm- 2:10pm	6/23-8/25	9	\$115R/\$138N

Instructor: Twisters Sports Center No class 7/2-7

Preschool Gymnastics 4: Bouncing Bears 5Y

Our final class in the Preschool Gymnastics series prepares students to transition to Recreational Gymnastics. Coaches will provide a safe and fun environment to learn new gymnastics skills. Child must be 5 years of age before 1st meeting.

Monta Vista Recreation Center Gymnastics Room

Codes	Days	Times	Dates	Mtgs	Fees
77048	M	3:30pm- 4:10pm	6/18-8/20	9	\$115R/\$138N
77049	Tu	4:15pm- 4:55pm	6/19-8/21	9	\$115R/\$138N
77050	Th	3:15pm- 3:55pm	6/21-8/23	9	\$115R/\$138N
77052	F	4:15pm- 4:55pm	6/22-8/24	9	\$115R/\$138N
77053	Sa	10:00am-10:40am	6/23-8/25	9	\$115R/\$138N
77054	Sa	1:45pm- 2:25pm	6/23-8/25	9	\$115R/\$138N

Instructor: Twisters Sports Center No class 7/2-7

Private Gymnastics Lessons 3-13Y

Accelerate your child's mastery of gymnastics skills, gain knowledge and confidence while receiving one-on-one attention. Lessons are 30 minutes in duration and can be customized. Email montavistagymnastics@gmail.com for a time slot not listed.

Monta Vista Recreation Center Gymnastics Room

Codes	Days	Times	Dates	Mtgs	Fees
77055	M	3:10pm- 3:40pm	6/18-8/20	9	\$284R/\$340N
77056	M	5:15pm- 5:45pm	6/18-8/20	9	\$284R/\$340N
77057	M	6:45pm- 7:15pm	6/18-8/20	9	\$284R/\$340N
77058	Tu	3:25pm- 3:55pm	6/19-8/21	9	\$284R/\$340N
77062	W	5:45pm- 6:15pm	6/20-8/22	9	\$284R/\$340N
77064	F	3:10pm- 3:40pm	6/22-8/24	9	\$284R/\$340N
77066	Sa	9:00am- 9:30am	6/23-8/25	9	\$284R/\$340N
77067	Sa	11:45am-12:15pm	6/23-8/25	9	\$284R/\$340N

Instructor: Twisters Sports Center No class 7/2-7

Recreational Gymnastics Level 1: Boys 6-13Y

In this introductory gymnastics class, boys will build confidence as they master basic gymnastics movements in a structured and safety-focused environment. This class focuses on the development of strength, flexibility and coordination.

Monta Vista Recreation Center Gymnastics Room

Codes	Days	Times	Dates	Mtgs	Fees
6-9Y					
77069	M	3:45pm- 4:40pm	6/18-8/20	9	\$133R/\$159N
77070	W	4:45pm- 5:40pm	6/20-8/22	9	\$133R/\$159N
77108	F	3:45pm- 4:40pm	6/22-8/24	9	\$133R/\$159N
9-13Y					
77071	Th	4:45pm- 5:40pm	6/21-8/23	9	\$133R/\$159N
77072	Sa	10:15am-11:10am	6/23-8/25	9	\$133R/\$159N

Instructor: Twisters Sports Center No class 7/2-7

Recreational Gymnastics Level 1: Girls 6-13Y

In this introductory gymnastics class, girls will build confidence as they master basic gymnastics movements in a structured and safety-focused environment. This class focuses on the development of strength, flexibility and coordination.

Monta Vista Recreation Center Gymnastics Room

6-9Y

Codes	Days	Times	Dates	Mtgs	Fees
77073	M	4:15pm- 5:10pm	6/18-8/20	9	\$133R/\$159N
77074	M	5:45pm- 6:40pm	6/18-8/20	9	\$133R/\$159N
77076	Tu	5:00pm- 5:55pm	6/19-8/21	9	\$133R/\$159N
77077	W	3:45pm- 4:40pm	6/20-8/22	9	\$133R/\$159N
77080	Th	3:45pm- 4:40pm	6/21-8/23	9	\$133R/\$159N
77081	F	4:45pm- 5:40pm	6/22-8/24	9	\$133R/\$159N
77083	Sa	10:30am-11:25am	6/23-8/25	9	\$133R/\$159N

9-13Y

77086	Tu	4:45pm- 5:40pm	6/19-8/21	9	\$133R/\$159N
77088	Sa	10:45am-11:40am	6/23-8/25	9	\$133R/\$159N

Instructor: Twisters Sports Center No class 7/2-7

Recreational Gymnastics Level 2: Boys 6-13Y

Boys will build on skills learned in Level 1 Gymnastics with assistance from a trained instructor. Students will be introduced to more complex gymnastics concepts while building strength and flexibility. Instructor approval required.

Monta Vista Recreation Center Gymnastics Room

Codes	Days	Times	Dates	Mtgs	Fees
77089	M	4:45pm- 5:40pm	6/18-8/20	9	\$133R/\$159N
77090	Th	6:15pm- 7:10pm	6/21-8/23	9	\$133R/\$159N

Instructor: Twisters Sports Center No class 7/2-7

Recreational Gymnastics Level 2: Girls 6-13Y

Girls will build on skills learned in Level 1 Gymnastics with assistance from a trained instructor. Students will be introduced to more complex gymnastics concepts while building strength and flexibility. Instructor approval required.

Monta Vista Recreation Center Gymnastics Room

Codes	Days	Times	Dates	Mtgs	Fees
77091	Tu	5:45pm- 6:40pm	6/19-8/21	9	\$133R/\$159N
77092	W	4:15pm- 5:10pm	6/20-8/22	9	\$133R/\$159N
77095	F	5:00pm- 5:55pm	6/22-8/24	9	\$133R/\$159N
77096	Sa	11:15am-12:10pm	6/23-8/25	9	\$133R/\$159N
77097	Sa	2:00pm- 2:55pm	6/23-8/25	9	\$133R/\$159N

Instructor: Twisters Sports Center No class 7/2-7

Recreational Gymnastics Level 3 6-13Y

This advanced gymnastics class will build on skills learned in Levels 1 and 2. Students will develop a strong sense of body awareness as they learn new skills on vault, bars, balance beam and floor exercise. Instructor approval required.

Monta Vista Recreation Center Gymnastics Room

Codes	Days	Times	Dates	Mtgs	Fees
77098	M	6:00pm- 7:30pm	6/18-8/20	9	\$169R/\$203N
77099	W	6:00pm- 7:30pm	6/20-8/22	9	\$169R/\$203N

77100	Th	4:00pm- 5:30pm	6/21-8/23	9	\$169R/\$203N
77102	Sa	3:00pm- 4:30pm	6/23-8/25	9	\$169R/\$203N

Instructor: Twisters Sports Center No class 7/2-7

Recreational Gymnastics Level 4 6-13Y

This class is designed for gymnasts who have mastered Levels 1-3. Coaches will challenge students with more difficult skills while continuing to provide a safe, non-competitive environment. Instructor approval required.

Monta Vista Recreation Center Gymnastics Room

Codes	Days	Times	Dates	Mtgs	Fees
77103	Tu	6:00pm- 7:30pm	6/19-8/21	9	\$169R/\$203N
77104	Sa	2:30pm- 4:00pm	6/23-8/25	9	\$169R/\$203N

Instructor: Twisters Sports Center No class 7/2-7

ICE SKATING

Parent/Tot



A parent and child learning to ice skate together is a fun experience. Classes are geared to the child's level, so parents will learn quickly in these six-week courses. Fee is per couple.

Vallco Shopping Mall Ice Center

Codes	Days	Times	Dates	Mtgs	Fees
75552	Sa	11:15am-11:45am	6/2-7/21	8	\$110R/\$132N
75553	Sa	11:15am-11:45am	7/28-9/15	8	\$110R/\$132N

Instructor: Ice Center of Cupertino

Snowball Saturdays



Snowball students are introduced to the ice in a fun and inviting way. Toys, bubbles, imaginative games, and ice drawings are used to encourage and entice young skaters. Students learn how to fall and get up, two foot glides, dips, swizzles, and stops all in a playful manner.

Vallco Shopping Mall Ice Center

Codes	Days	Times	Dates	Mtgs	Fees
75546	Sa	11:15am-11:45am	6/2-7/21	8	\$110R/\$132N
75547	Sa	12:15pm-12:45pm	7/28-9/15	8	\$110R/\$132N

Instructor: Ice Center of Cupertino

Intro to Ice Skating



Students are introduced to basic skating skills, including two foot glides, dips, swizzles, back wiggles, stops, and spins. Such skills will provide knowledge to enjoy pleasure skating and to build upon.

Vallco Shopping Mall Ice Center

Codes	Days	Times	Dates	Mtgs	Fees
73914	M	5:00pm- 5:30pm	5/21-7/16	8	\$110R/\$132N
75557	Sa	12:15pm-12:45pm	6/2-7/21	8	\$110R/\$132N
75558	M	5:00pm- 5:30pm	7/23-9/17	8	\$110R/\$132N
75559	Sa	12:15pm-12:45pm	7/28-9/15	8	\$110R/\$132N

Instructor: Ice Center of Cupertino No class 5/28, 9/3



MARTIAL ARTS

Karate Tots 5-6Y

Have fun while learning balance and coordination. Kids will be introduced to basic kicks and punches. This is a great way opportunity to experience Karate for the first time. Optional belt testing is available for an additional fee.

Monta Vista Recreation Center Multi-Purpose Room

Level 1

Codes	Days	Times	Dates	Mtgs	Fees
77218	M W	5:00pm- 5:30pm	6/18-8/22	20	\$126R/\$151N

Level 2

Codes	Days	Times	Dates	Mtgs	Fees
77219	M W	5:00pm- 5:30pm	6/18-8/22	20	\$126R/\$151N

Instructor: Wright Way Shotokan No class 7/2-4

Kids Karate: Advanced 7-17Y

Continue your martial arts development with more advanced training. Students will be challenged with more complex kicks, punches, blocks, and forms. Optional belt testing is available for an additional fee.

Monta Vista Recreation Center Multi-Purpose Room

Level 1

Codes	Days	Times	Dates	Mtgs	Fees
77220	M W	6:30pm- 7:30pm	6/18-8/22	20	\$198R/\$238N

Level 2

Codes	Days	Times	Dates	Mtgs	Fees
77221	M W	6:30pm- 7:30pm	6/18-8/22	20	\$198R/\$238N

Instructor: Wright Way Shotokan No class 7/2-4

Kids Karate: Beginning 7-17Y

Shotokan Karate is a traditional Japanese form of the martial arts involving discipline of mind, body, and spirit. Have fun while learning basic kicks, punches, blocks, and forms. Optional belt testing is available for an additional fee.

Monta Vista Recreation Center Multi-Purpose Room

Level 1

Codes	Days	Times	Dates	Mtgs	Fees
77222	M W	5:30pm- 6:30pm	6/18-8/22	20	\$198R/\$238N

Level 2

Codes	Days	Times	Dates	Mtgs	Fees
77223	M W	5:30pm- 6:30pm	6/18-8/22	20	\$198R/\$238N

Instructor: Wright Way Shotokan No class 7/2-4

2 Easy Ways to Register

Online: reg4rec.org

In-person: Quinlan Community Center
10185 N. Stelling Road, Cupertino, CA 95014

For additional ways to register see page 78.

MUSIC

Instructors' Notes

- Joyful Melodies Music School**
10455 Bandley Drive, Suite 300
- Melody Academy of Music**
1299 Water Lily Way, #10; San Jose
- Music Together**
831-438-3514; www.musicalme.com

Music Together®



Up to 5Y

From babyhood through the early elementary years, Music Together nurtures each child's natural musicality. Grownups learn together with their children and then re-create the fun at home.

Creekside Park Building

Codes	Days	Times	Dates	Mtgs	Fees
77248	W	9:00am- 9:45am	7/11-8/15	6	\$120R/\$144N
77249	W	10:00am-10:45am	7/11-8/15	6	\$120R/\$144N
77250	Th	10:00am-10:45am	7/12-8/16	6	\$120R/\$144N
77251	Th	11:00am-11:45am	7/12-8/16	6	\$120R/\$144N

Instructor: MusicalMe Staff Materials fee \$50

Bilingual Chinese & English Music Class 2-4Y



A fun and creative environment for children to explore music and learn Chinese through songs, rhymes, movement, instruments, and more! Class is taught by a fluent Chinese speaker.

Joyful Melodies Music School

Codes	Days	Times	Dates	Mtgs	Fees
76260	W	4:15pm- 5:00pm	6/13-8/22	10	\$200R/\$240N
76261	Th	3:30pm- 4:15pm	6/14-8/23	11	\$220R/\$264N
76263	F	10:30am-11:15am	6/15-8/24	11	\$220R/\$264N
76262	Sa	9:45am-10:30am	6/16-8/25	11	\$220R/\$264N

Instructor: Joyful Melodies Staff No class 7/4

Little Mozarts 2-4Y



Students will be introduced to musical concepts, symbols, various instruments, famous composers, and much more. Our playful, fun, and creative lessons are taught by singing, playing instruments, and movement activities. Parent participation is required.

Joyful Melodies Music School

Codes	Days	Times	Dates	Mtgs	Fees
76257	F	11:15am-12:00pm	6/15-8/24	11	\$220R/\$264N
76258	F	3:30pm- 4:15pm	6/15-8/24	11	\$220R/\$264N
76256	Sa	10:45am-11:30am	6/16-8/25	11	\$220R/\$264N

Instructor: Joyful Melodies Staff

Beethoven Beginner II 3-5Y



Continue learning the piano with Beethoven Bear and Mozart Mouse! Prerequisite: Beethoven Beginners. Access to piano/ keyboard at home is essential. Parent participation is required.

Quinlan Community Center Music Room

Codes	Days	Times	Dates	Mtgs	Fees
76279	Sa	9:00am- 9:45am	6/16-8/25	10	\$250R/\$300N

Instructor: Joyful Melodies Staff No Class 7/14

Beethoven Beginners



Come learn piano with Beethoven Bear and Mozart Mouse! Students will learn music theory and piano basics in a fun and positive environment. Access to piano/keyboard at home is essential. Parent participation is required.

Quinlan Community Center Music Room

Codes	Days	Times	Dates	Mtgs	Fees
76280	Sa	9:50am-10:35am	6/16-8/25	10	\$250R/\$300N

Instructor: Joyful Melodies Staff No class 7/14

Melody's Piano Beginners

4-7Y

This course will introduce children to the world of music through a variety of fun activities. Come learn 'Melody's Birthday' with everyone and learn various music skills, such as singing, ear-training, keyboard playing, rhythm ensemble, and reading music.

Melody Academy of Music Music Room

4-5Y

Codes	Days	Times	Dates	Mtgs	Fees
77230	Tu	4:30pm- 5:15pm	6/12-7/17	6	\$168R/\$202N
77233	M	5:00pm- 5:45pm	6/25-7/30	6	\$168R/\$202N
77232	Sa	1:00pm- 1:45pm	6/30-8/4	6	\$168R/\$202N
77231	Su	1:00pm- 1:45pm	7/15-8/19	6	\$168R/\$202N

5-7Y

77234	Tu	5:30pm- 6:15pm	6/12-7/17	6	\$168R/\$202N
77237	M	6:00pm- 6:45pm	6/25-7/30	6	\$168R/\$202N
77236	Sa	2:00pm- 2:45pm	6/30-8/4	6	\$168R/\$202N
77235	Tu	2:00pm- 2:45pm	7/17-8/21	6	\$168R/\$202N

Instructor: MAM Staff Materials fee \$45

Melody's Violin Beginners

6-10Y

Try the violin! Suzuki method is combined with Western teaching methods to provide a strong foundation for playing the sophisticated instrument. Students will learn to read notes and become familiar with rhythm and music theory.

Melody Academy of Music Music Room

Codes	Days	Times	Dates	Mtgs	Fees
77245	Sa	12:00pm-12:45pm	6/16-7/21	6	\$168R/\$202N
77246	Th	6:00pm- 6:45pm	6/21-7/26	6	\$168R/\$202N
77247	M	3:00pm- 3:45pm	7/16-8/20	6	\$168R/\$202N

Instructor: MAM Staff Materials fee \$25

Piano/Keyboard

6-12Y

Designed for students with limited or no previous music experience. Students will learn basic piano technique, music theory, sight-reading, rhythm exercises. Students are expected to have their own piano/keyboard at home to practice while not in class.

Quinlan Community Center Music Room

Level 1: New Students

Codes	Days	Times	Dates	Mtgs	Fees
76277	W	5:10pm- 5:55pm	6/13-8/22	10	\$300R/\$360N
76278	Th	5:10pm- 5:55pm	6/14-8/23	11	\$330R/\$396N
76273	F	5:10pm- 5:55pm	6/15-8/24	10	\$300R/\$360N



Level 2 & Up: Continuing/Experienced Students.

Codes	Days	Times	Dates	Mtgs	Fees
76275	Tu	6:00pm- 6:45pm	6/12-8/21	10	\$300R/\$360N
76274	W	6:00pm- 6:45pm	6/13-8/22	10	\$300R/\$360N
76276	Th	6:00pm- 6:45pm	6/14-8/23	11	\$330R/\$396N

Instructor: Joyful Melodies Staff No class 7/3-4, 7/13-14

Piano/Keyboard Semi-Private Level 2 & Up 6-12Y

Designed for students who seek a more individually-focused group setting. This unique approach prepares students for the benefits of private piano instruction. It is designed as a continuation from students who have completed Piano Keyboard Level 1 or experienced students.

Quinlan Community Center Music Room

Codes	Days	Times	Dates	Mtgs	Fees
76270	Tu	5:10pm- 5:55pm	6/12-8/21	10	\$350R/\$420N
76271	F	6:00pm- 6:45pm	6/15-8/24	10	\$350R/\$420N
76272	Sa	12:45pm- 1:30pm	6/16-8/25	10	\$350R/\$420N

Instructor: Joyful Melodies Staff No class 7/3, 7/13-14

Melody's Flute Beginners

7-12Y

This class is designed for beginner flute students. No prior flute experience is required. You will learn music fundamentals, such as note reading, rhythm, music theory and basic flute playing. Please bring your own flute.

Melody Academy of Music Music Room

Codes	Days	Times	Dates	Mtgs	Fees
77241	M	6:00pm- 6:45pm	6/11-7/16	6	\$168R/\$202N
77242	F	5:00pm- 5:45pm	7/20-8/24	6	\$168R/\$202N

Instructor: MAM Staff Materials fee \$25

Melody's Guitar Beginners

7-12Y

This is a beginners class for kids. The focus will be on learning basic skills and techniques for the instrument. No former musical knowledge is required. Please bring your own guitar.

Melody Academy of Music Music Room

Codes	Days	Times	Dates	Mtgs	Fees
77244	M	4:00pm- 4:45pm	7/23-8/27	6	\$168R/\$202N

Instructor: MAM Staff Materials fee \$25

Group Guitar for Youth

9-12Y

Introduce music to your children the right way by letting them get their hands on the coolest instrument in the world -- the guitar! In this course they will learn the basics of how to play as well as gain experience with music they will keep for a lifetime. No experience necessary. Students must bring their own guitars.

Joyful Melodies Music School

Codes	Days	Times	Dates	Mtgs	Fees
76266	W	6:00pm- 6:50pm	6/13-8/22	10	\$300R/\$360N
76267	Sa	4:00pm- 4:50pm	6/16-8/25	11	\$330R/\$396N

Instructor: Joyful Melodies Staff No class 7/4

SOCCER

Kidz Love Soccer Weather Hotline

888-372-5803

Mommy/Daddy & Me Soccer



2-3.5Y

The fun happens on the field, so don't just watch from the sidelines! You'll participate in fun, age-appropriate activities, and help your child to develop their motor and socialization skills. A variety of soccer activities are played each week. All kids receive a soccer jersey!

Eaton Elementary School Soccer Field

Codes	Days	Times	Dates	Mtgs	Fees
77125	Sa	11:40am-12:10pm	7/7-8/25	8	\$100R/\$120N

Instructor: Kidz Love Soccer

Pre Soccer

3.5-5Y

Little tykes will enjoy running and kicking just like the big kids! Teaches the basic soccer techniques and builds self-esteem through participation in fun activities. Children learn to follow instructions in a nurturing, age appropriate environment. All participants receive a soccer jersey!

Monta Vista Recreation Center Grass Field

Codes	Days	Times	Dates	Mtgs	Fees
77126	M	5:15pm- 5:45pm	6/25-8/20	8	\$100R/\$120N

Wilson Park Soccer Field

Codes	Days	Times	Dates	Mtgs	Fees
77127	Tu	5:30pm- 6:00pm	6/26-8/21	8	\$100R/\$120N

Jollyman Park Soccer Field

Codes	Days	Times	Dates	Mtgs	Fees
77128	F	4:45pm- 5:15pm	6/29-8/17	8	\$100R/\$120N

Eaton Elementary School Soccer Field

Codes	Days	Times	Dates	Mtgs	Fees
77129	Sa	9:15am- 9:45am	7/7-8/25	8	\$100R/\$120N

Instructor: Kidz Love Soccer No class 7/2-3

Techniques & Teamwork

5-6Y

Players will learn dribbling, passing & receiving, defense, and shooting goals! Perfect for first time players while being fun and engaging for kids with some experience. All participants receive a soccer jersey!

Monta Vista Recreation Center Grass Field

Codes	Days	Times	Dates	Mtgs	Fees
77131	M	5:45pm- 6:30pm	6/25-8/20	8	\$112R/\$134N

Wilson Park Soccer Field

Codes	Days	Times	Dates	Mtgs	Fees
77132	Tu	3:45pm- 4:30pm	6/26-8/21	8	\$112R/\$134N

Jollyman Park Soccer Field

Codes	Days	Times	Dates	Mtgs	Fees
77133	F	4:00pm- 4:45pm	6/29-8/17	8	\$112R/\$134N

Eaton Elementary School Soccer Field

Codes	Days	Times	Dates	Mtgs	Fees
77134	Sa	9:45am-10:30am	7/7-8/25	8	\$112R/\$134N

Instructor: Kidz Love Soccer No class 7/2-3

Skillz & Scrimmages

7-10Y

Kidz will have a great time while developing core soccer skills like dribbling, passing and shooting in a team play format. Each class will include individual skill building and soccer scrimmages. All levels are welcome to come enjoy the world's most popular game! All participants receive a soccer jersey!

Monta Vista Recreation Center Grass Field

Codes	Days	Times	Dates	Mtgs	Fees
77136	M	6:30pm- 7:30pm	6/25-8/20	8	\$122R/\$146N

Wilson Park Soccer Field

Codes	Days	Times	Dates	Mtgs	Fees
77137	Tu	4:30pm- 5:30pm	6/26-8/21	8	\$122R/\$146N

Jollyman Park Soccer Field

Codes	Days	Times	Dates	Mtgs	Fees
77138	F	5:15pm- 6:15pm	6/29-8/17	8	\$122R/\$146N

Eaton Elementary School Soccer Field

Codes	Days	Times	Dates	Mtgs	Fees
77139	Sa	10:30am-11:30am	7/7-8/25	8	\$122R/\$146N

Instructor: Kidz Love Soccer No class 7/2-3



Math Olympiads Info Night

4-8G

Join us at the Quinlan Community Center on Monday, July 23rd at 7:30pm for a free information night regarding the popular 2018-2019 Math Olympiad program. Mr. G and Cupertino Recreation staff will be presenting an overview of the program, registration procedures, and answering general questions. This event is highly recommended for parents and students who are interested in taking the program for the first time, but returning students are welcome. *NOTE: Math Olympiads is a YEAR LONG commitment and is for students in grades 4-8. Once the program has begun, refunds and switching classes will not be allowed. Call recreation office for event details.*

FREE Trial Class

Give Math Olympiads a try before you sign up! This free trial class is limited to **80 participants** and registration is required.

Quinlan Community Center Social Room

Div E. 4-6G

77370	M	5:30pm-6:30pm	7/23	1	FREE
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Div M. 6-8G

77371	M	6:30pm-7:30pm	7/23	1	FREE
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Instructor: Mr. G



Instructor Bio

Who says math can't be entertaining? Mr. G. brings his dynamic teaching style to motivate and inspire students to achieve their best on the annual MathOlympiads contests. Don't just learn math: have fun while doing so!