



Recreation Schedule **WINTER 2020**

CUPERTINO Creating a positive, healthy, connected community



page 50

Registration begins:

Oct 29, Cupertino Residents
Nov 5, Non-Residents

cupertino.org/recreation

Tree Lighting

Quinlan Community Center
Friday, December 6
6 p.m.

Toy & Canned Food Drive

Outdoor Movie Screening

Hot Chocolate

Meet Santa

Caroling

A Cupertino Holiday Tradition!

Dress warmly—this event is outdoors. The event will be held rain or shine. All donated toys and food items will be donated to West Valley Community Services.

www.cupertino.org/events



CUPERTINO



Saturday, Dec 7, 2019

Quinlan Community Center

8:30 a.m. - 11:15 a.m.

North Pole Pancakes

Pictures with Santa

Elves Workshop

Holiday Crafts

Holiday Mimosa Bar

(mimosa bar not included in reg fee)

NEW! 3 seating times of 45 minutes

\$16
Resident
\$19
Non-Resident

Seating	Code
8:30 a.m.	8839
9:30 a.m.	8840
10:30 a.m.	8841

Register at cupertino.org/breakfastwithsanta



CUPERTINO

Special thanks to the DeAnza Optimist Club of Cupertino for partnering with us to help staff the kitchen and Na Hoaaloha Ho'okani Pila for providing live music!

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UPCOMING EVENTS



Heros Run
November 2, 2019
Cupertino Civic Center
heroesrunsc.com

Veterans Day Ceremony

November 11, 2019
Memorial Park
cupertinoveteransmemorial.org



Tree Lighting
December 6, 2019
Quinlan Community Center
cupertino.org/treelighting

Breakfast with Santa

December 7, 2019
Quinlan Community Center
cupertino.org/breakfastwithsanta



Sports Center Open House
January 11, 2020
Cupertino Sports Center
cupertino.org/sportscenter

cupertino.org/events

CREATING AN ACTIVE ACCOUNT

The City of Cupertino's new online registration system has gone live. Create your account today! It's as simple as a few taps of the keyboard.

Step 1: reg4rec.org

Step 2: Click 'Create Account'.

Step 3: Complete your information!

Questions? Call us at 408-777-3120.



CUPERTINO



FACILITY RENTALS



Cupertino Room



Conference Room



Teen Center



Reception Hall

An Unforgettable Event

Whether you're hosting a small social gathering, corporate meeting, or a grand celebration, the City of Cupertino offers a versatile selection of spaces to fit your needs.

- Banquets and Social Gatherings**
- Rehearsal Dinners and Weddings**
- Family Events and Parties**
- BBQ's and Ceremonies**

Unique Spaces

The City of Cupertino has 12 indoor spaces available to rent, with floor plans to accommodate various event layouts, and rooms that accommodate 10 to 280 guests.

Quinlan Community Center

- Cupertino Room*
- Social Room*
- Conference Room*

Community Hall

Creekside Park Building

Cupertino Sports Center

- Conference Room*
- Teen Center*

Cupertino Senior Center

- Reception Hall*
- Bay Room*
- Arts & Crafts Room*
- Classroom*
- Conference Room*

For questions and booking information contact the Recreation Office at 408-777-3120.

Tour these facilities at cupertino.org/facilities



CITY OF
CUPERTINO

SPELLING BEE

JAN
25

\$10
REG FEE

1 p.m.

GRADES
2-5



Community Hall

Elementary and Middle School students. Do you have what it takes to be the 2020 Cupertino Spelling Bee Champion? Find out at the third annual Cupertino Spelling Bee! **Must be a Cupertino resident to participate.**

Grades	Code	Day	Time	Date	Fee
2nd & 3rd	9806	Sa	1 p.m.	1/25	\$10
4th & 5th	9807	Sa	3:30 p.m.	1/25	\$10

Spectators: Spectating is \$5 or free with the donation of a canned food item.

Register at bit.ly/spellingbee2020

She's already thinking about Preschool.
Are you?



CUPERTINO PRESCHOOL OPEN HOUSE

Thursday, February 6, 2020
6 p.m. – 7:30 p.m.

Quinlan Community Center &
Monta Vista Recreation Center

Registration for 2020-2021 School Year

Returning Students: February 4, 2020 | Residents: February 11, 2020

Non-Residents: February 18, 2020

(Registration is first-come-first-serve)

Can't make the open house?

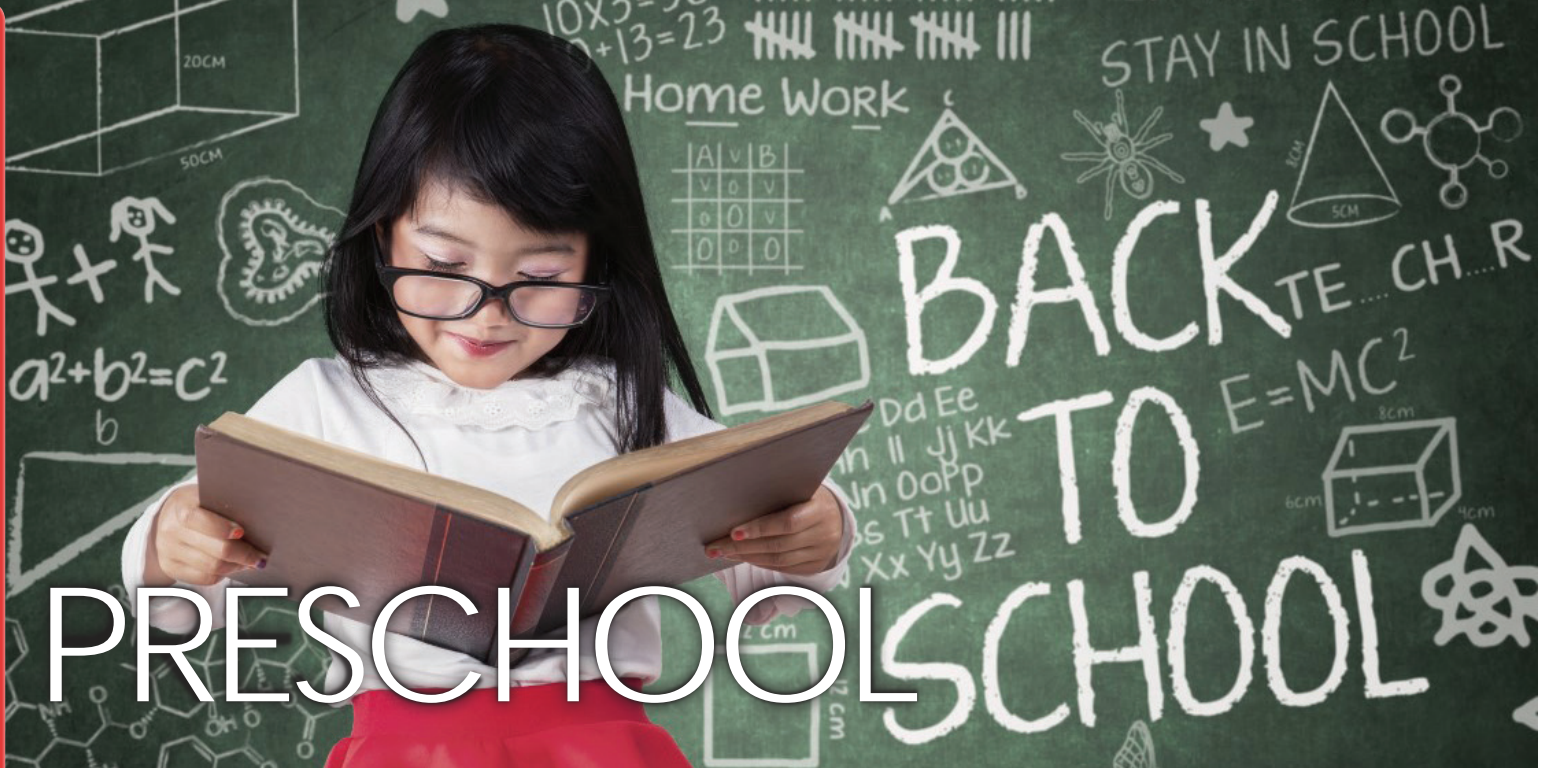
Contact marilum@cupertino.org to schedule an observation.



CUPERTINO



cupertino.org/preschool



PRESCHOOL

Parent & Child

Parent & Toddler Preschool



2-3Y

This is an excellent opportunity for parent and child to learn, play, and socialize together. Activities include songs, arts & crafts, group play, story time, creative movement, and more. No unregistered siblings over 5 months in class. This class does require adult participation, so be prepared for fun!

Portal Park Building

Codes	Days	Times	Dates	Mtgs	R	NR
9796	Tu	9:30a-11:30a	1/7-3/11	6	\$160	\$192

Instructor: Viji Prakash



Quinlan Community Center Preschool Room

Cupertino Preschool

The Cupertino Parks & Recreation Department offers a preschool program for 3-5 year-old children. The Tiny Tots program (3-4 years) encourages social development through a variety of group activities and play. Class activities include music, arts and crafts, finger plays, stories, circle time, and special off-site excursions. The Super Tots program (4-5 years) will expand your child's development and provide enriching activities that will prepare your little one for kindergarten. Activities will include music, art, science, games, creative play, and more! Annual registration fee is \$125 per child.

Tiny Tots Preschool

3-4Y

Super Tots Preschool

4-5Y

Quinlan Community Center, Preschool Room

Codes	Days	Times	Dates	R	NR
	Tu Th	9:00a-12:00p	8/27-11/14	\$584	\$701
6556	Tu Th	9:00a-12:00p	11/19-3/5	\$584	\$701
	Tu Th	9:00a-12:00p	3/10-5/28	\$584	\$701

Monta Vista Recreation Center, Preschool Room (Rm. 5)

Codes	Days	Times	Dates	R	NR
	Tu Th	9:00a-12:00p	8/27-11/14	\$584	\$701
6557	Tu Th	9:00a-12:00p	11/19-3/5	\$584	\$701
	Tu Th	9:00a-12:00p	3/10-5/28	\$584	\$701

Quinlan Community Center, Preschool Room

Codes	Days	Times	Dates	R	NR
	M W F	9:00a-12:00p	8/26-11/15	\$842	\$1011
6625	M W F	9:00a-12:00p	11/18-3/6	\$842	\$1011
	M W F	9:00a-12:00p	3/9-5/29	\$842	\$1011

Monta Vista Recreation Center, Preschool Room (Rm. 5)

Codes	Days	Times	Dates	R	NR
	M W F	9:00a-12:00p	8/26-11/15	\$842	\$1011
6626	M W F	9:00a-12:00p	11/18-3/6	\$842	\$1011
	M W F	9:00a-12:00p	3/9-5/29	\$842	\$1011

Lunch Bunch

Extend your child's time at preschool! Lunch Bunch reinforces preschool content such as additional playing time, crafts, storytelling and more. Your child will make stronger connections with friends and teachers, strengthen their English skills, and prepare for future longer days in Kindergarten. This program is offered to students enrolled in Cupertino Preschool.

Tiny Tots Lunch Bunch

3-4Y

Quinlan Community Center, Preschool Room					
Codes	Days	Times	Dates	R	NR
6773	Tu	12:00p- 2:00p	8/27-11/12	\$148	\$178
	Tu	12:00p- 2:00p	11/19-3/3	\$148	\$178
	Tu	12:00p- 2:00p	3/10-5/19	\$148	\$178
6776	Th	12:00p- 2:00p	8/29-11/14	\$143	\$172
	Th	12:00p- 2:00p	11/21-3/5	\$143	\$172
	Th	12:00p- 2:00p	3/12-5/21	\$143	\$172
Monta Vista Recreation Center, Preschool Room (Rm. 5)					
Codes	Days	Times	Dates	R	NR
6771	Tu	12:00p- 2:00p	8/27-11/12	\$148	\$178
	Tu	12:00p- 2:00p	11/19-3/3	\$148	\$178
	Tu	12:00p- 2:00p	3/10-5/19	\$148	\$178
6772	Th	12:00p- 2:00p	8/29-11/14	\$143	\$172
	Th	12:00p- 2:00p	11/21-3/5	\$143	\$172
	Th	12:00p- 2:00p	3/12-5/21	\$143	\$172

Super Tots Lunch Bunch

4-5Y

Quinlan Community Center, Preschool Room					
Codes	Days	Times	Dates	R	NR
6759	M	12:00p- 2:00p	8/26-11/4	\$135	\$162
	M	12:00p- 2:00p	11/18-3/2	\$135	\$162
	M	12:00p- 2:00p	3/9-5/18	\$135	\$162
6767	W	12:00p- 2:00p	8/28-11/13	\$148	\$178
	W	12:00p- 2:00p	11/20-3/4	\$148	\$178
	W	12:00p- 2:00p	3/11-5/20	\$148	\$178
Monta Vista Recreation Center, Preschool Room (Rm. 5)					
Codes	Days	Times	Dates	R	NR
6751	M	12:00p- 2:00p	8/26-11/4	\$135	\$162
	M	12:00p- 2:00p	11/18-3/2	\$135	\$162
	M	12:00p- 2:00p	3/9-5/18	\$135	\$162
6761	W	12:00p- 2:00p	8/28-11/13	\$148	\$178
	W	12:00p- 2:00p	11/20-3/4	\$148	\$178
	W	12:00p- 2:00p	3/11-5/20	\$148	\$178

2019-2020 School Year Schedule

Fall

Aug 26, 2019 - November 15, 2019

Winter

November 18, 2019 - March 6, 2020

Spring

March 9, 2020 - May 29, 2020

Holiday schedule: The preschool program follows the Cupertino Union School District holiday schedule. We do not observe staff learning days.



Monta Vista Preschool Room

Registration

- **NEW! Immunization Records Required**
- Registration for 2019-2020 preschool is now open.
- Residency is based on 95014 zip code.
- Proof of age is required at the time of registration (*photocopy of birth certificate or passport is acceptable*)
- In person registration only. Register at Quinlan Community Center Recreation Office.

Payment

- Annual registration fee is \$125 per child (*non-refundable*), due at the time of registration.
- Preschool/Lunch Bunch tuition for the year has been broken down into three equal payments.
- Refund Policy; find it at cupertino.org/preschool

Important Information

- Children must be enrolled in the preschool program to be eligible for the lunch bunch program.
- **CHILDREN MUST BE TOILET TRAINED BY THE FIRST CLASS!**
- Tiny Tots must turn three (3) years old by Sept. 1, 2019
- Super Tots must turn four (4) years old by Sept. 1, 2019

NOTE: The September 1st cut-off date is consistent with the school district's deadline and will allow your child to be with the same children at the start of kindergarten.



WINTER CAMPS

CAMPS



Little Ballers Camp

4-6Y

Little basketball students will work on improving their hand and eye coordination through a series of drills and games. Bring a water bottle and snack. *Class Ratio is 4:1.*

Sports Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8914	M-F	10:30a-12:00p	2/17-2/21	5	\$195	\$234

Instructor:Lifetime Activities Staff

Little Tennis & Rallyers Camp

4-6Y

Our friendly coaches make learning fun through a variety of games, drills and skill challenges. Students are grouped by age and experience level. *Class Ratio is 4:1.*

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8918	M-F	9:00a-10:30a	2/17-2/21	5	\$195	\$234

Instructor:Lifetime Activities Staff

Little Tennis & Ballers Camp

4-6Y

Our friendly coaches make learning fun through a variety of games, drills and skill challenges. Students are grouped by age and experience level. *Class Ratio is 4:1.*

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9006	M-F	9:00a-12:00p	2/17-2/21	5	\$351	\$421

Instructor:Lifetime Activities Staff

Happy Arts Camp

4-10Y

Join Heidi Merry for this new adventure in a world of arts, crafts, sewing, baking, story telling, and so much more. Sign up for multiple Creative Arts classes as each series will introduce a new theme. *Materials fee \$15.*

Kitchen at Monta Vista Recreation Center

Codes	Days	Times	Dates	Mtgs	R	NR
9713	M-Th	1:15p-4:15p	2/17-2/20	4	\$160	\$192

Instructor:Heidi Merry

Intro to STEM with LEGO Camp 5-7Y

Let your imagination run wild with tens of thousands of LEGO® parts! Build engineer-designed projects and use special pieces to create your own unique designs! New and returning students can explore the endless creative possibilities of the LEGO building system.

Music Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9672	Tu-F	9:00a-12:00p	2/18-2/21	4	\$140	\$168

Instructor:Play-Well TEKologies Staff

Winter Music Camp 5-9Y

Students attend our one-week music camp at our beautiful Cupertino studio. Classes will provide students with hands-on experience with a variety of musical instruments and will include both individual and group ensemble playing. Interested in music lessons for your child, but not sure what instrument your child is interested in? This camp will be a great way to expose your child to a variety of musical instruments and styles. Groups will be divided based on age and musical ability although no prior music experience is necessary.

Classroom at Joyful Melodies Music School

Codes	Days	Times	Dates	Mtgs	R	NR
9696	Tu-F	9:00a-12:30p	2/18-2/21	4	\$280	\$336
9697	Tu-F	1:00p-3:30p	2/18-2/21	4	\$200	\$240

Instructor:Joyful Melodies Staff

Little Medical Camp 5-10Y

Discover the fascinating science of the human body with Little Medical School! Through hands-on crafts, games and role playing, participants will learn STEM concepts in a fun and unique way! From broken bones, to stitches, there's something for every future healthcare provider and science lover. Each student will receive a working stethoscope.

Multi-Purpose Room at Monta Vista Recreation Center

Codes	Days	Times	Dates	Mtgs	R	NR
9691	Tu-F	9:00a-12:00p	2/18-2/21	4	\$240	\$288

Instructor:Little Medical School Staff

STEM FUNDamentals with LEGO 5-10Y

Level up your engineering skills with Play-Well TEKologies and tens of thousands of LEGO parts! Apply real world concepts in physics, engineering, and architecture through engineer designed projects. Design and build like never before and explore your craziest ideas in a supportive environment.

Music Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9673	Tu-F	1:00p-4:00p	2/18-2/21	4	\$140	\$168

Instructor:Play-Well TEKologies Staff

Advanced English & Public Speaking 5-13Y

In Advanced English camp (Focus and Accuracy) students learn to bring their writing into focus, develop and communicate messages effectively using advanced writing skills. In Public Speaking camp (Improv) students enjoy a fun and exciting form of Public Speaking which asks students to make-up characters and dramatic scenarios on the spot. Students bring own lunch. **Includes FREE Afterschool care from 4 p.m. - 6 p.m. Materials fee \$30.**

Classroom at Communication Academy

Codes	Days	Times	Dates	Mtgs	R	NR
9641	Tu-F	9:00a-4:00p	2/18-2/21	4	\$525	\$630

Instructor:Communication Academy Staff

"Fizz"-ical Phenomena & Che-Mystery 6-11Y

Whip up potions, grow crystals, make sidewalk chalk, and learn the science of chromatography in a lab coat you get to keep! Experiment with molecular madness, radical reactions, and fizz-ical and chemical reactions!

Social Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9643	Tu-F	9:00a-3:00p	2/18-2/21	4	\$335	\$402

Instructor:Mad Science Staff



Bball/Chess/Tennis/ Volley/Table Tennis 6-15Y

Full day camp options for players of all levels. These camps give players the ability to learn a variety of different sports. There is a supervised lunch break, please bring water, hat, sunscreen, lunch/snacks, and sports equipment.

Sports Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8875	M-F	9:00a-5:45p	2/17-2/21	5	\$499	\$599

Instructor:Lifetime Activities Staff

Tennis, Badminton, and Table Tennis 6-15Y

Full day camp options for players of all levels. These camps give players the ability to learn a variety of different sports. There is a supervised lunch break, please bring water, hat, sunscreen, lunch/snacks, and sports equipment.

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8876	M-F	9a-5:45p	2/17-2/21	5	\$499	\$599

Instructor:Lifetime Activities Staff

Tennis, Badminton, Chess, & Table Tennis 6-15Y

Full day camp options for players of all levels. These camps give players the ability to learn a variety of different sports. There is a supervised lunch break, please bring water, hat, sunscreen, lunch/snacks, and sports equipment.

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8877	M-F	9:00a-5:45p	2/17-2/21	5	\$499	\$499

Instructor:Lifetime Activities Staff

Tennis/Basketball/Volleyball/Chess 6-15Y

Full day camp options for players of all levels. These camps give players the ability to learn a variety of different sports. There is a supervised lunch break, please bring water, hat, sunscreen, lunch/snacks, and sports equipment.

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8878	M-F	9:00a-5:45p	2/17-2/21	5	\$499	\$599

Instructor:Lifetime Activities Staff

Badminton Camp 6-15Y

Badminton is the fastest racket sport! Experience the speed and excitement in our popular badminton skills camp. Badminton-specific footwork and stroke fundamentals will be emphasized. Point play style drills and games keep learning fun. Students are grouped by age and ability level. Bring a snack and water bottle. *Class Ratio is 8:1.*

Multi-purpose Room at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8901	M-F	1:00p-4:00p	2/17-2/21	5	\$225	\$270

Instructor:Lifetime Activities Staff

Basketball Camp Outdoors 6-15Y

Hoop it up! Students will learn the passing, dribbling, and shooting techniques needed to play on a team. They will also learn the roles of the guard, forward and center positions. *Class Ratio is 8:1.*

Sports Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8904	M-F	9:00a-11:30a	2/17-2/21	5	\$250	\$300

Instructor:Lifetime Activities Staff

Badminton & Table Tennis Camp 6-15Y

Half day camp options for players of all levels. These camps give players the ability to learn a variety of different sports. Please bring water, hat, sunscreen, snacks, and sports equipment.

Multi-purpose Room at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8889	M-F	1:00p-5:45p	2/17-2/21	5	\$305	\$366

Instructor:Lifetime Activities Staff

Chess Camp 6-15Y

Chess is the fun game of strategy which improves focus and problem solving skills. Both our class and camp offerings utilize puzzles, timed play, chess notation, and alternative play formats in order to create a diverse and fun learning environment. *Class Ratio is 8:1.*

Conference Room at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9740	M-F	12:00p-1:00p	2/17-2/21	5	\$100	\$120
9741	M-F	1:00p-2:30p	2/17-2/21	5	\$150	\$180
9742	M-F	2:30p-4:00p	2/17-2/21	5	\$150	\$180
9743	M-F	4:15p-5:45p	2/17-2/21	5	\$150	\$180

Instructor:Lifetime Activities Staff

Improvement & Matchplay Tennis Camp 6-15Y

The improvement camp is tailored for beginning to intermediate level players interested in experiencing tennis in a non-competitive atmosphere. No previous experience is required for this camp. Students will be evaluated on the first day and then grouped by age and level of experience. The match play camp is designed for junior players who wish to push their game to the next level. Players participate in fast paced drills and games designed to challenge and develop their skills. Instructors focus on developing point and match skills through encouragement and positive coaching. Players should bring: Water (large jug or thermos), hat, tennis racquet, sunscreen and a light snack.

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9007	M-F	9:00a-12:00p	2/17-2/21	5	\$225	\$270
9008	M-F	1:00p-2:30p	2/17-2/21	5	\$113	\$136

Instructor:Lifetime Activities Staff

Table Tennis Camp 6-15Y

An exciting week of fun and skill building. Students work on fundamentals, patterns and strategies including offense and defense techniques. Students are grouped by age and ability for fun point and match play activities. Players are asked to bring a paddle as well as a snack and water bottle.

Multi-purpose Room at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8924	M-F	4:15p-5:45p	2/17-2/21	5	\$113	\$136

Instructor:Lifetime Activities Staff

Basketball & Chess Camp 6-15Y

Half day camp options for players of all levels. These camps give players the ability to learn a variety of different sports. Please bring water, hat, sunscreen, snacks, and sports equipment.

Sports Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8890	M-F	9:00a-1:00p	2/17-2/21	5	\$324	\$389

Instructor:Lifetime Activities Staff

Basketball/Volleyball/Table Tennis 6-15Y

Cupertino Parks & Recreation • 408-777-3120

Half day camp options for players of all levels. These camps give players the ability to learn a variety of different sports. Please bring water, hat, sunscreen, snacks, and sports equipment.

Sports Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8891	M-F	1:00p-5:45p	2/17-2/21	5	\$331	\$398

Instructor:Lifetime Activities Staff

Full day camp options for players of all levels. These camps give players the ability to learn a variety of different sports. There is a supervised lunch break, please bring water, hat, sunscreen, lunch, snacks, and sports equipment.

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8893	M-F	9:00a-2:30p	2/17-2/21	5	\$347	\$417

Instructor:Lifetime Activities Staff

Tennis & Basketball Camp

6-15Y

Full day camp options for players of all levels. These camps give players the ability to learn a variety of different sports. There is a supervised lunch break, please bring water, hat, sunscreen, lunch/snacks, and sports equipment.

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8892	M-F	9:00a-2:30p	2/17-2/21	5	\$347	\$417

Instructor:Lifetime Activities Staff

Young Inventors Camp

7-12Y

This camp is designed by you the Inventor! Complete a series of challenges using basic materials, simple machines, tips from world famous inventors and the most important thing of all--your imagination! Construct catapults and forts, then lay siege to a castle. Assemble your own working light stick and rule the galaxy!

Music Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9642	Tu-F	9:00a-12:00p	1/21-1/24	4	\$225	\$270

Instructor:Mad Science Staff

Tennis & Chess Camp

6-15Y



Signing Santa

Saturday, December 14, 2019
2 p.m. - 4 p.m.
Quinlan Community Center

Deaf and hard of hearing children, along with their families, are invited to spend time with a Santa who understands sign language!

- Crafts
- Cookies
- Hot Cocoa
- Sign with Santa

Please note that everyone attending, including adults, needs to register. Activity Code 9814. Space is limited.

reg4rec.org

Questions? Email mollyj@cupertino.org or karenl@cupertino.org.

NOTE: Santa only communicates using sign language but an interpreter will be on-site to help translate for friends and family.



McCLELLAN RANCH PRESERVE



Register at reg4rec.org

NATURE ACTIVITIES

Fur, Fin, and Feathers 5-8Y

Why do some animals have fur while others have feathers or scales? Learn about characteristics of mammals, fish, birds, and other animals through activities and hands-on encounters with real animals. This class is held in a nature preserve where active outdoor exploration will be part of every class when weather permits.

Environmental Education Center at McClellan Ranch Preserve

Codes	Days	Times	Dates	Mtgs	R	NR
9751	Th	3:30p-5:00p	1/23-2/6	3	\$32	\$39

Instructor: Recreation Staff

Weekend Nature Explorers 5-8Y

Give your child the opportunity to exercise their body, mind and spirit as they explore McClellan Ranch Preserve with nature-loving staff. Will your child discover animal tracks in the damp earth, salamanders under a log, or a deer grazing in the meadow? Outdoor adventure will be part of every meeting, but on days of heavy rain we'll spend time inside meeting animals in the Environmental Education Center or trying a nature craft.

Environmental Education Center at McClellan Ranch Preserve

Codes	Days	Times	Dates	Mtgs	R	NR
9708	Su	3:15p-4:45p	1/26-2/9	3	\$32	\$39

Instructor: Recreation Staff

Winter at the Ranch 5-8Y

Explore McClellan Ranch with a naturalist to find out what plants and animals are up to during the winter. See which plants are first to unfurl their new leaves, and what creatures love cool, wet weather. If it's pouring outside, we'll stay inside and use magnifying glasses and microscopes to learn about what things live in moist and wet winter environments, do an art project, or read a book about nature!

Environmental Education Center at McClellan Ranch Preserve

Codes	Days	Times	Dates	Mtgs	R	NR
9752	Tu	3:30p-5:00p	1/28-2/11	3	\$32	\$39

Instructor: Recreation Staff

Science & Nature Winter Camp

Join us for four fun-filled days at McClellan Ranch as we explore science and nature through experiments, games, crafts, hiking and more! Please bring water and a bag lunch each day. Snack will be provided. No class 2/17.

6-8Y

Environmental Education Center at McClellan Ranch Preserve						
Codes	Days	Times	Dates	Mtgs	R	NR
9750	Tu-F	9:00a-3:00p	2/18-2/21	4	\$180	\$216

Instructor: Recreation Staff

Keeping a Nature Journal

Students will explore McClellan Ranch Preserve, sketching, painting, or writing about what they find with the guidance of a naturalist. Students will have an opportunity to develop keen observation skills and learn more about the natural world through these activities. During rainy weather we will explore and work in the museum.

6-10Y

Environmental Education Center at McClellan Ranch Preserve						
Codes	Days	Times	Dates	Mtgs	R	NR
9754	Tu	3:30p-5:00p	2/25-3/17	4	\$43	\$51

Instructor: Recreation Staff

Young Naturalists Program

Middle School Teens will explore and learn about the natural world through outdoor experiences along Stevens Creek at McClellan Ranch. This is a good opportunity for youth to explore and expand their awareness of the outdoor world around them using all of their senses. We'll do some citizen science along the way, collecting data and observations which will help us better understand how we impact nature and what impacts nature can have on us. No class 2/21.

7-8Grade

Environmental Education Center at McClellan Ranch Preserve						
Codes	Days	Times	Dates	Mtgs	R	NR
9710	F	3:30p-5:00p	1/24-3/13	7	\$50	\$65

Instructor: Recreation Staff

Introductory Mushroom Identification

Each class will include hands-on identification of local mushrooms as well as lectures and discussion. In addition to learning to recognize and identify mushrooms, we'll cover basics of fungal biology and ecology, and learn how to get the most out of a wide range of print and web resources. During our field trips, we'll practice finding fungi in their forest homes, make note of the trees they grow near, read habitats, and challenge ourselves to thoroughly explore the diversity of fungi that can be found during the rainy season. Taught by Christian Schwarz, coauthor of *Mushrooms of the Redwood Coast*. *Field Trips: Saturday, January 18 and Saturday, February 1, 10:00a.m.-1:00p.m.*

15Y+

Environmental Education Center at McClellan Ranch Preserve						
Codes	Days	Times	Dates	Mtgs	R	NR
9693	W	6:30p-8:30p	1/8-1/29	4	\$119	\$143

Instructor: Recreation Staff

Baer Blacksmith Shop

Free Drop-In Hours

11:00 a.m. - 3:00 p.m.

January 26

February 23

March 22

@ McClellan Ranch Preserve
22221 McClellan Rd,
Cupertino, CA 95014

The restored Baer Blacksmith Shop is now up and running. Free drop-in hours are 11:00 a.m. - 3:00 p.m. each month. Come and learn a bit about early Cupertino history and the craft of blacksmithing. The forge will be fired up and blacksmithing demonstrations offered.

NOTE: The blacksmith shop will not be fired up when Spare the Air or Red Flag Warnings have been issued.

Blacksmithing demonstrations can also be scheduled for schools and groups for a fee. To schedule, contact Barbara at mcclellan@cupertino.org or 408-777-3149.



Coiled Rush Basketry

18Y+

Enjoy a day learning a traditional craft to create a small bowl-shaped basket using rush (*Juncus*) as the foundation and peeled willow as a binder. Participants will also have the opportunity to practice splitting and trimming willow shoots. Although this is a challenging skill to master, all levels are welcome in this class.

Environmental Education Center at McClellan Ranch Preserve

Codes	Days	Times	Dates	Mtgs	R	NR
9709	Sa	9:30a-3:30p	2/15	1	\$92	\$110

Instructor: Recreation Staff

Introduction to Blacksmithing

18Y+

Learn the basics of managing a coal-fired forge and safely working with hot metal as you create small items such as a coat hook, gate latch, or gate hinge. Class size is limited to three students, so you will have plenty of hands-on practice and individualized instruction. Information on appropriate clothing for working at the forge, as well as details about recommended eye protection and hearing protection will be sent to students prior to the first class meeting. *Note: If a Spare the Air or Red Flag Warning has been issued on any of these dates, the class will be rescheduled.*

Environmental Education Center at McClellan Ranch Preserve

Codes	Days	Times	Dates	Mtgs	R	NR
9706	Sa	10:00a-1:00p	1/25-2/8	3	\$178	\$214

Instructor: Recreation Staff



Follow McClellan Ranch Preserve on Facebook

@McClellanRanchPreserve

VOLUNTEER OPPORTUNITIES

Looking for Volunteer Opportunities? Whether you're an individual or a small group, there are a number of volunteer options for you at McClellan Ranch Preserve.

Grassroots Ecology While volunteering with McClellan Ranch Preserve Partner, Grassroots Ecology, you will learn interesting things about the natural world while making a positive impact on the environment. There will be opportunities for people of all ages and skill levels to help with planting, weeding, and creek monitoring at McClellan Ranch Preserve. To see opportunities and to sign up, visit www.GrassrootsEcology.com and click on the event calendar.

Helping Hands Lend us your hands and enthusiasm at McClellan Ranch Preserve and the Stevens Creek Corridor. Volunteers, ages 14+, pick up litter, maintain trails, or remove invasive plants. Look for scheduled volunteer activities on the McClellan Ranch Preserve Facebook page or email mcclellan@cupertino.org to discuss volunteer events for your group.

McClellan Ranch Volunteer We are seeking volunteers who are looking to make a greater commitment at McClellan. You could be:

Trail Volunteer! Be the eyes, ears, and face of McClellan Ranch Preserve along the trails. Answer questions, report trail conditions and educate visitors all while stretching your legs in the beautiful outdoors.

Environmental Education Center Host! Inspire eager children and adults to learn about the wonders of the natural world and the EEC resident animal ambassadors during Open House hours, weekends 11-3pm.

Environmental Education Docent! Help teach elementary age students about the importance of nature, science, and getting their hands dirty during environmental science field trips as a Docent from 9am-1pm on weekdays for environmental science field trips.

Training is provided. If any of these opportunities interest you email mcclellan@cupertino.org or call 408-777-3357.



cultures of the **WORLD**



Experience refreshments, music, art, crafts, and learn about cultures from around the world!

AGES 4-12

Children must be accompanied by a parent.

No Registration required.

★ **Mexico**
Thursday, November 14, 2019
3:30 p.m. - 5 p.m.
Quinlan Community Center

★ **Nigeria**
Thursday, December 12, 2019
3:30 p.m. - 5 p.m.
Quinlan Community Center

★ **Brazil**
Thursday, February 13, 2020
3:30 p.m. - 5 p.m.
Quinlan Community Center

★ **Japan**
Thursday, March 12, 2020
3:30 p.m. - 5 p.m.
Quinlan Community Center

If you are interested in partnering, donating, sponsoring, or volunteering contact Marilu M. at MariluM@cupertino.org



CUPERTINO



YOUTH



Register at reg4rec.org

NOTES



Classes with this symbol require parent participation.

- For Scholarships, contact West Valley Community Services at 408-255-8033.
- If child requires special accommodations in order to participate, please let us know when you register.

ART

Create Together



2.5-5Y

Enjoy a 3D building experience with your budding artist as they navigate a series of activities designed to enhance their fine motor skills, introduce the concept of "If I can think it, I can make it." No class: 3/26.

Ceramics Center at Wilson Park

Codes	Days	Times	Dates	Mtgs	R	NR
9658	Th	10:30a-11:30a	1/9-2/13	6	\$204	\$245
9659	Th	10:30a-11:30a	2/27-4/9	6	\$204	\$245

Instructor: Lisa Molaro

First Steps in Drawing & Painting

4-6Y

This class is for very young students just beginning to learn the art of drawing, painting, and composition. Through a sequential series of projects the children will learn many foundational techniques and concepts. No class: 3/11.

Craft Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9757	W	4:00p-5:00p	1/15-3/25	10	\$200	\$240

Instructor: Euphrat Museum Of Art Staff

NEW! Happy Arts

4-10Y

Join Heidi Merry for this new adventure in a world of arts, crafts, sewing, baking, story telling, and so much more. Sign up for multiple classes as each series introduces a new theme. Materials fee \$10.

Kitchen at Monta Vista Recreation Center

Codes	Days	Times	Dates	Mtgs	R	NR
9756	M	2:00p-4:00p	1/20-1/20	1	\$40	\$48
9714	Sa	10:00a-12:00p	2/8-2/15	2	\$60	\$72
9715	Su	2:00p-4:00p	2/9-2/16	2	\$60	\$72

Instructor: Heidi Merry

Spring Colors

4-10Y

Join Heidi Merry for this new adventure in a world of arts, crafts, sewing, baking, story telling, and so much more. Sign up for multiple Spring Colors classes as each series will introduce a new theme. Materials fee \$10.

Kitchen at Monta Vista Recreation Center

Codes	Days	Times	Dates	Mtgs	R	NR
9711	Sa	10:00a-12:00p	3/14-3/21	2	\$60	\$72
9712	Sa	2:00p-4:00p	3/14-3/21	2	\$60	\$72

Instructor: Heidi Merry

Beginning Drawing

5-8Y

A variety of drawing techniques from classical to contemporary will be introduced and students will explore different media. Projects will draw from still life, reference materials, and the imagination. The activities are designed to build beginning technical and creative-thinking skills. No class: 3/5, 3/7.

Craft Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9758	Sa	10:00a-11:00a	1/18-3/21	9	\$180	\$216
9759	Th	4:00p-5:00p	1/23-3/26	9	\$180	\$216

Instructor: Euphrat Museum Of Art Staff

Creative Clay for the Homeschooler

5-10Y

Both creative and technical, this class will cover all the basic skills of pinch pot, coil and slab work. You'll learn how to make functional pieces as well as artistic creations. We will highlight a different artist's work each session. No class: 3/26.

Ceramics Center at Wilson Park

Codes	Days	Times	Dates	Mtgs	R	NR
9660	Th	8:30a-10:00a	1/9-2/13	6	\$240	\$288
9661	Th	8:30a-10:00a	2/27-4/9	6	\$240	\$288

Instructor: Lisa Molaro

Clay, YOUR Way

5-12Y

Let's put the A into STEAM with clay! New and experienced students alike will work on 3D creations utilizing the building blocks of clay construction. Functional and sculptural pieces will be offered to challenge your budding artists. New students along with experienced students are welcome to join us in this open studio format where your ideas are turned into great works of art! No class: 3/26.

Ceramics Center at Wilson Park

Codes	Days	Times	Dates	Mtgs	R	NR
9662	Th	3:30p-4:30p	1/9-2/13	6	\$204	\$245
9663	Th	3:30p-4:30p	2/27-4/9	6	\$204	\$245

Instructor: Lisa Molaro

Intermediate Drawing

6-9Y

Students will draw from observation and the imagination and work on more advanced compositions and detailed renderings. They'll strengthen their drawing and creative skills, develop artistic confidence, and bring their ideas to life

Craft Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9760	Sa	11:15a-12:15p	1/18-3/28	10	\$200	\$240

Instructor: Euphrat Museum Of Art Staff

CERAMICS & ART PARTIES

Join Lisa at Wilson Park Building Ceramics Center for a festive art party!

For booking information email Lisa at wilsonceramics@gmail.com

We have party levels for customizability and a varying number of party guests. A deposit and full payment must be made in person at the Quinlan Community Center, Monday-Friday 8 a.m. - 5 p.m. to hold the date.

DANCE

Zumbini

 1-4Y

Moving and grooving - for mom or dad and me! Created by Zumba and Baby First, this class combines music, dance, and educational tools for 45 minutes of can't-stop, won't-stop bonding, learning, and fun! Give your little one a healthier, happier, more enjoyable start.

Dance Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9268	Tu	10:30a-11:15a	1/21-3/24	10	\$100	\$120

Instructor: Polly Hu

Bolly Babies

 1-5Y

Come join us for an exciting and unique class where you will dance and groove to some of the most exhilarating songs from Bollywood. We'll use exciting props and accessories to add to the fun. This will be an amazing experience for you to do together! Parent or guardian must attend with child. No class 1/20, 2/17.

Dance Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9208	M	10:45a-11:30a	1/13-3/16	8	\$80	\$96

Instructor: Mona Ahuja

Tiny Tots Ballet

2-3.5Y

Magic Wands, Teddy Bears, & Tutus! Your child will love this action packed FUN class. They will be introduced to ballet, creative movement, learn ballet steps, use props, sing songs, and begin to understand dance terminology.

Dance Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9564	W	4:00p-4:30p	2/26-3/25	5	\$55	\$66

Instructor: Dance Force Staff

Twinkle Time Ballet and Tap

2.5-5Y

Twinkle and shine - it's ballet and tap time! Join us for a creative and fun introduction to the world of ballet and tap dance. Using a variety of music and props, your child will learn the basics of ballet and tap in an exciting and engaging way like never before. Keep your kids out of the cold and warm their hearts with the love of dance! No class 2/20.

Dance Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9258	Th	10:45a-11:30a	1/16-3/12	8	\$80	\$96

Instructor: Mona Ahuja

Ballet & Tap

3-5Y

This is a great class which introduces your child to ballet and tap. Your child will learn ballet steps, tap combinations, use props, and understand dance terminology, while dancing to fun music!

Dance Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9202	W	4:40p-5:25p	2/26-3/25	5	\$65	\$78

Instructor: Dance Force Staff

Princess Pre-Ballet

3-5Y

Calling all Princesses! In this magical princess-themed class, you will learn ballet, creative dance, individual steps, across the floor movement, and dance combinations. While dancing to their favorite princess music they will use fun props like scarves, magic wands, & more. No class 2/15, 2/22, 3/7.

Dance Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9247	Sa	1:30p-2:15p	1/18-3/28	8	\$104	\$125

Instructor: Dance Force Staff

Little Dancer Combo

3-6Y

This is a great beginner class to introduce your child to ballet, creative movement, jazz, & tap. They will learn individual steps, across the floor movement, and combinations. Your child will use props while dancing to fun music. Children perform in class on the last day of class. No class 2/15, 2/22, 3/7.

Dance Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9237	Sa	2:15p-3:00p	1/18-3/28	8	\$104	\$125

Instructor: Dance Force Staff

Parent & Me Hip Hop Dance

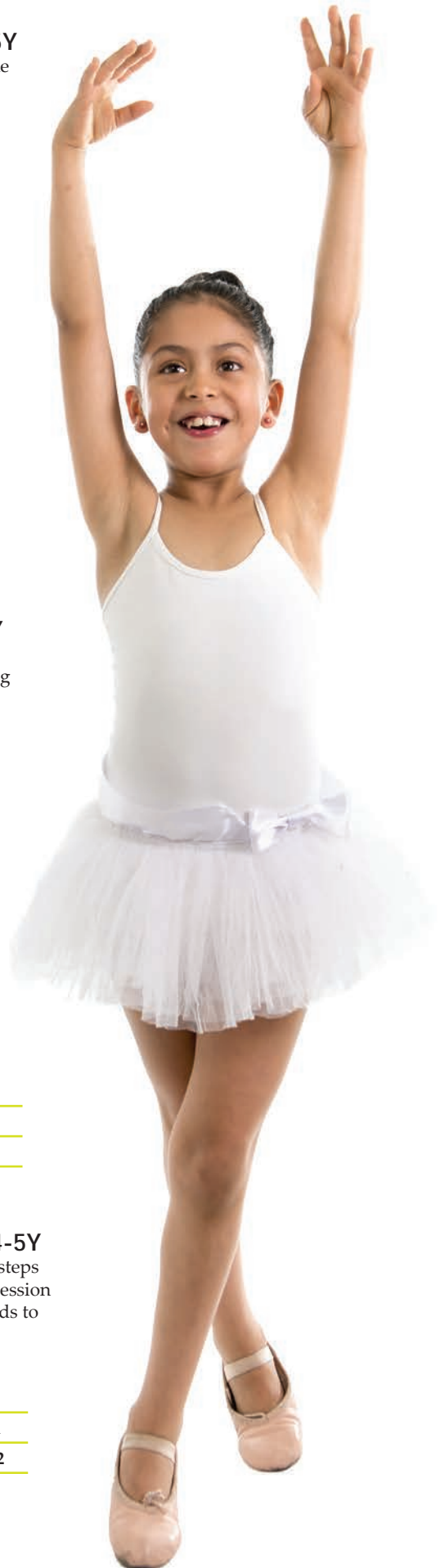
 4-5Y

You and your child will learn a variety of creative movements, rhythms, and hip hop style steps using fun and age appropriate music. This class aims to foster creativity, freedom and expression in movement, and a love for dance. This high energy class is a great way for parents and kids to have fun and dance together. No class 3/7, 3/14.

Dance Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9242	Sa	9:00a-9:50a	1/18-3/28	9	\$243	\$292

Instructor: Kenyatta Ali



Hip Hop/Tumbling

4-7Y

Explore both hip hop & tumbling. Children will learn basic hip hop dance moves to fun kid's music while building confidence, coordination, and rhythm. In tumbling they will have fun doing log rolls, bridges, bear walks, balancing, stretching, and jumps.

Dance Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9536	W	5:30p-6:15p	2/26-3/25	5	\$65	\$78

Instructor:Dance Force Staff

Ballet 1

5Y+

In this joyful introduction to ballet, young dancers develop strength, grace, and coordination. Students will exercise at the barre, work on basic ballet positions, combinations, and routines. No class 1/20, 2/17.

Dance Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9203	M	3:45p-4:30p	1/13-3/23	9	\$90	\$108
9204	Tu	3:45p-4:30p	1/14-3/24	11	\$110	\$132

Instructor:Jia Thompson

Pop Star! Dance

5-8Y

Come be a STAR! Kid's will learn current pop, hip hop, and jazz style moves to fun music. Instructors will also help students make up their own choreography to incorporate in their dance. Dancers perform in class on the last day of the session. No class 2/15, 2/22, 3/7.

Dance Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9245	Sa	3:00p-3:45p	1/18-3/28	8	\$104	\$125

Instructor:Dance Force Staff

Ballet 2

6Y+

Returning students will enjoy this delightful class! Dancers must have completed one year of Ballet 1 or be at least 8 years old. No class 1/20, 2/17.

Dance Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9205	M	4:30p-5:30p	1/13-3/23	9	\$117	\$140

Instructor:Jia Thompson

Bolly Beats

6-9Y

Join us for a fun-filled Bollywood dance class. You will learn dances to popular Bollywood songs. Various Indian dance styles will be taught with a focus on beat, rhythm, and expression.

Activity Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9209	Tu	5:00p-5:45p	1/21-3/24	10	\$130	\$156

Instructor:Starrz Dance Staff

Hip Hop/Break Dance

6-13Y

Current hip hop styles and steps are introduced in an upbeat environment, using fun and age appropriate music. Dancers will also learn the 7 elements of Break Dance; Top Rock, Feet Work, Freezes, Spins, Drops, Treading, and Swipes. No class 3/7, 3/14.

Dance Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
6-8Y						
9224	Sa	10:00a-11:00a	1/18-3/28	9	\$162	\$194

6-13Y

Codes	Days	Times	Dates	Mtgs	R	NR
9225	Sa	11:00a-12:00p	1/18-3/28	9	\$162	\$194

Instructor:Kenyatta Ali

Ballet 3

7Y+

This exciting class is for continuing ballet students who love to dance! Explore ballet technique, with lots of opportunities to move. Dancers need a minimum of 2 years of ballet to take this class.

Dance Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9206	Tu	4:30p-5:30p	1/14-3/24	11	\$143	\$172

Instructor:Jia Thompson

Bolly Beats

10-13Y

Join us for a fun-filled Bollywood dance class. You will learn dances to popular Bollywood songs. Various Indian dance styles will be taught with a focus on beat, rhythm, and expression.

Activity Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9210	Tu	6:00p-6:45p	1/21-3/24	10	\$130	\$156

Instructor:Starrz Dance Staff

EDUCATION

NEW! Math Music Motion

2.5-3.5Y

Math Music Motion supplements preschool curriculum by offering enriched and alternative applications of developmentally appropriate practices paired with a wide variety of techniques. This class focuses on the introduction of kindergarten mathematical concepts, infused with exposure to music composition, rhythm, dynamics, tonality, instrumentation, and the promotions of fine and gross motor skills, physical agility and confidence. No class 2/22.

Preschool Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9681	Sa	10:00a-10:50a	1/18-3/14	8	\$280	\$336

*Instructor:Math*Music*Motion Staff*

NEW! Math Music Motion 3.5-5Y

Math Music Motion is a comprehensive introduction to early learning of skills, fostering creative, intellectual growth and development. This class is designed to allow a child to gain exposure to colors, shapes, numbers, patterns, and the use of tangible objects to aid their learning. This class consists of easy to understand and varied lesson, along-side a fun and lively classroom environment that encourages social development and hands-on sensory learning. No class 2/22.

Preschool Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9749	Sa	9:00a-9:50a	1/18-3/14	8	\$280	\$336

*Instructor:Math*Music*Motion Staff*

Let's Read Level 1



4-5Y

Spark your child's interest in reading by joining this Level 1 class with your child! The class includes instruction in phonemic awareness, letter sounds (phonics), reading words with short vowel sounds and simple sentences, word families, and sight words, as well as making and reading simple sentences. Corresponds to PreK-K. Adult must attend with the child. Materials fee \$20. No class 2/15.

Education Classroom at Monta Vista Recreation Center

Codes	Days	Times	Dates	Mtgs	R	NR
9675	Sa	9:00a-9:45a	1/11-3/28	11	\$252	\$303

Instructor:Natasha Austin

Let's Read Level 2

5-6Y

Continue building your child's reading skills with this Level 2 class! Instruction in long vowel sounds, blends and digraphs, advanced phonics, and beginning reading comprehension skills. An adult must attend with the child. Corresponds to 1st-2nd grade. Materials fee \$20. No class 2/15.

Education Classroom at Monta Vista Recreation Center

Codes	Days	Times	Dates	Mtgs	R	NR
9676	Sa	10:00a-10:45a	1/11-3/28	11	\$252	\$303

Instructor:Natasha Austin

Junior Speakers: Reader's Theater

5-6Y

Boost your child's confidence through public speaking delivery! Students act in plays that have a specific message or theme to learn to be loud, clear, and confident. Small class size of 12 students. All students must be able to read and write. Materials fee: \$25. No class: 2/15

Classroom at Communication Academy

Codes	Days	Times	Dates	Mtgs	R	NR
9636	Sa	1:00p-2:00p	1/11-3/21	10	\$250	\$300

Instructor:Communication Academy Staff

Little Nutrition School

5-10Y

Little Medical School inspires young minds by sharing our passion for learning health, and careers in medicine. At Nutrition School students will assume the role of a dietitian and learn about healthy eating habits, the food pyramid, and global foods through our nutrition workbook.

Craft Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9692	Tu	4:00p-5:00p	1/14-2/25	6	\$130	\$156

Instructor:Little Medical School Staff

Communication Academy: Open House 5-14Y

Give your child the skills to succeed both inside and outside the classroom! Attend our FREE one-hour open house to get an excellent overview of all our courses and camps. Learn about our innovative curriculum and participate in sample speech, debate, and writing activities.

Classroom at Communication Academy

Codes	Days	Times	Dates	Mtgs	R	NR
9634	Sa	1:30p-2:30p	1/4	1	Free	Free

Instructor:Communication Academy Staff

Let's Read Level 3

6-8Y

Help your child develop strong comprehension and grammar skills with this Level 3 class. This class introduces grammar and vocabulary skills through engaging stories and songs. The curriculum covers parts of speech, spelling, sentence structure, and emphasizes reading comprehension and writing skills. Corresponds to 2nd-3rd grade. Materials fee \$20. No class 2/15.

Education Classroom at Monta Vista Recreation Center

Codes	Days	Times	Dates	Mtgs	R	NR
9677	Sa	11:00a-11:50a	1/11-3/28	11	\$252	\$303

Instructor:Natasha Austin

NEW! Jr. Robotics

6-8Y

The Jr. Robotics course (Grades 1-2) takes students on an introductory journey into the world of robotic machines. Students will be introduced to basic engineering challenges and programming concepts, as well as hardware and networking/troubleshooting. Students learn through playing, creating, programming, and building various robotic machines. No class 2/20.

Multi-Purpose Room at Monta Vista Recreation Center

Codes	Days	Times	Dates	Mtgs	R	NR
9670	Th	4:00p-5:00p	1/16-3/26	10	\$270	\$325

Instructor:Star Kids Academy Staff

Public Speaking: Impromptu 7-8Y
Learn skills critical when speaking on the spot! Students learn to manage anxiety, present themselves, organize ideas, and speak effectively with little preparation. Final presentation on last day. Max 12 students. Materials fee \$25. No class: 2/15

Classroom at Communication Academy

Codes	Days	Times	Dates	Mtgs	R	NR
9635	Sa	10:45a-12:00p	1/11-3/21	10	\$315	\$378

Instructor:Communication Academy Staff

Speed Math 8-10Y
Want to sharpen your speed and mental math skills? This class explores a variety of simple yet powerful techniques to solve problems with ease, speed and accuracy. Based on simple arithmetic and decimal fundamentals, students will learn mathematical shortcuts and efficient computing methods to perform quick and mental calculations. Materials fee \$25. No class: 2/18, 3/3.

Social Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9734	Tu	4:30p-5:30p	1/14-3/24	9	\$250	\$300

Instructor:Madhu Marathe

NEW! Sr. Robotics 8-10Y
The Sr. Robotics program (Grades 3-6) teaches various robotic platforms and their GUI based programming software. This course takes students on an adventure of technology and creativity, as students go through a course in understanding computer science. Lessons are made to balance technology and programming with hands on educational learning, encouraged self thinking, and real world problem solving. No class 2/20.

Multi-Purpose Room at Monta Vista Recreation Center

Codes	Days	Times	Dates	Mtgs	R	NR
9671	Th	5:00p-6:00p	1/16-3/26	10	\$270	\$325

Instructor:Star Kids Academy Staff

Advanced English: Creative Writer 9-10Y
Learn the foundations of writing through creativity. Directed writing strategies prepares students to express themselves: organization, voice, content, clarity, grammar/mechanics and sentence fluency. Experienced educators, detailed feedback! Max 12 students. Materials fee \$25. No class: 2/15

Classroom at Communication Academy

Codes	Days	Times	Dates	Mtgs	R	NR
9638	Sa	4:30p-6:00p	1/11-3/21	10	\$375	\$450

Instructor:Communication Academy Staff

Advanced English & Public Speaking 9-10Y
Get the best of both worlds! Students who register for this class will be enrolled in both Advanced English: Creative Writer and Public Speaking: Impromptu, learning the foundations of writing through creativity and critical public speaking skills when speaking on the spot! Materials fee \$50. No class: 2/15, 3/3.

Classroom at Communication Academy

Codes	Days	Times	Dates	Mtgs	R	NR
9639	Sa	9:00a-12:15p	1/11-3/21	10	\$675	\$810

Instructor:Communication Academy Staff

Confident Debate: SPAR 9-10Y
Do you want your child to deliver clear arguments? SPAR is a quick paced one-on-one debate that allows students to debate simple, yet fun topics. Students learn to manage time, craft arguments, and ask questions! Max 12 students per age group. No class: 2/15. Materials fee \$25.

Classroom at Communication Academy

Codes	Days	Times	Dates	Mtgs	R	NR
9637	Sa	1:00p-2:30p	1/11-3/21	10	\$375	\$450

Instructor:Communication Academy Staff

AMC8 Math 11-14Y
This is a specialized math program that covers advanced math concepts and strategies to solve challenging, out of the box AMC8 problems with ease and efficiency. It helps sharpen critical thinking, logical reasoning, and problem solving skills. Materials fee \$25. No class: 2/18, 3/3.

Craft Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9735	Tu	5:50p-7:00p	1/14-3/24	9	\$280	\$336

Instructor:Madhu Marathe



Confident Debate & Public Speaking 11-14Y

Students will be enrolled in both Confident Debate: Spar and Public Speaking: Impromptu from 1:00 p.m. - 4:15 p.m. at a discounted rate. For information on the classes, please see individual listings. Material fee \$50. No class: 2/15

Classroom at Communication Academy

Codes	Days	Times	Dates	Mtgs	R	NR
9640	Sa	1:00p-4:15p	1/11-3/21	10	\$675	\$810

Instructor: Communication Academy Staff

SAT Prep: Essay, Reading, Writing 13-17Y

Doing well on SAT and PSAT is crucial for getting into the college of your choice. This small-group class is designed to provide students with valuable insight, expert instruction, and rigorous practice on the three SAT sections: Reading, Writing, and Essay. Materials fee \$20. No class: 2/15.

Education Classroom at Monta Vista Recreation Center

Codes	Days	Times	Dates	Mtgs	R	NR
9678	Sa	12:00p-1:30p	1/11-3/28	11	\$373	\$448

Instructor: Natasha Austin

COOKING

NEW! Junior Chef - Magia Magia! 7-12Y

If you grew up in an Italian family, you know that nothing can compare to the made-from-scratch family recipes that made it over from the Old World. In this class we open up Grandma's recipe box and share some of the lavish and hearty Italian fare inside. We'll show you how to make an entire family-pleasing menu of authentic dishes so wonderful that a taste will be like transporting to Grandma's kitchen in Italy. Materials fee \$15.

Building at Creekside Park

Codes	Days	Times	Dates	Mtgs	R	NR
9729	Sa	10:00a-12:00p	1/25	1	\$38	\$46

Instructor: Junior Chef Stars Staff



NEW! Junior Chef - Tapas Tour 7-12Y

Come and celebrate Spain! Tapas are small portions of food that are served as appetizers. Students will enjoy making a variety of Tapas and kid friendly "mocktails" that are as delicious as they are nutritious! Materials fee \$15.

Building at Creekside Park

Codes	Days	Times	Dates	Mtgs	R	NR
9730	Sa	10:00a-12:00p	3/28	1	\$38	\$46

Instructor: Junior Chef Stars Staff

Junior Chef Cooking 7-12Y

Join us this fall session as we provide Junior Chefs with the tools necessary to create and learn about fun cooking projects. Our curriculum covers nutrition, seasonal cooking, knife skills, and the cultural aspects of food. Your Junior Chef will develop critical life skills, while making new friends and having a blast! Lab fee \$90. No class 1/20, 2/17.

Building at Creekside Park

Codes	Days	Times	Dates	Mtgs	R	NR
9726	M	4:00p-5:15p	1/6-3/16	9	\$294	\$353

Instructor: Junior Chef Stars Staff

MUSIC

Joyful Melodies Music School

10455 Bandley Drive, Suite 300
(408) 725-9049 | joyfulmelodies.com

Melody Academy of Music

1299 Water Lily Way, #10; San Jose
(408) 861-1298 | melodydoremi.com

Beethoven Beginners 3-4Y

Come learn piano with Beethoven Bear and Mozart Mouse! Students will learn music theory and piano basics in a fun and positive environment. Access to piano/keyboard at home is essential. Parent participation is required. No class 2/22, 3/7.

Music Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9694	Sa	9:50a-10:35a	1/18-3/28	9	\$325	\$390

Instructor: Joyful Melodies Staff

Melody's Piano Beginners



4-7Y

Come learn Melody with us! This course introduces the world of music through various music skills such as singing, ear-training, keyboard playing, rhythm ensemble and reading music! Parent participation required. Materials fee \$45.

Music Room at Melody Academy of Music

4-5Y						
Codes	Days	Times	Dates	Mtgs	R	NR
9685	Sa	12:00p-12:45p	1/11-2/15	6	\$180	\$216
9686	Sa	3:00p-3:45p	2/1-3/7	6	\$180	\$216
9737	Su	3:00p-3:45p	2/16-3/22	6	\$180	\$216
5-7Y						
Codes	Days	Times	Dates	Mtgs	R	NR
9687	Sa	1:00p-1:45p	1/11-2/15	6	\$180	\$216
9688	Sa	4:00p-4:45p	2/1-3/7	6	\$180	\$216
9738	Su	4:00p-4:45p	2/16-3/22	6	\$180	\$216

Instructor:MAM Staff

Piano Keyboard Level 1

5-10Y

Have a piano at home but don't know where to start? Learn how to play the piano today! Join this class designed for students with limited or no previous music experience. Students will learn basic piano technique, music theory, sight-reading, rhythm exercises. Students are expected to have their own piano/keyboard at home to practice while not in class. No class 2/19, 2/21.

Music Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9699	W	5:10p-5:55p	1/15-3/25	10	\$360	\$432

Classroom at Joyful Melodies Music School

Codes	Days	Times	Dates	Mtgs	R	NR
9698	F	5:10p-5:55p	1/17-3/27	10	\$360	\$432

Instructor:Joyful Melodies Staff

Piano Keyboard Level 2

5-10Y

Continue to refine your skills playing the piano. Level 2 is designed for continuing/experienced students. Students are expected to have their own piano/keyboard at home to practice while not in class. No class 2/18, 2/19, 2/20.

Music Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9701	Tu	6:00p-6:45p	1/14-3/24	10	\$360	\$432
9702	Th	6:00p-6:45p	1/16-3/26	10	\$360	\$432

Classroom at Joyful Melodies Music School

Codes	Days	Times	Dates	Mtgs	R	NR
9700	W	6:00p-6:45p	1/15-3/25	10	\$360	\$432

Instructor:Joyful Melodies Staff

Semi-Private Piano Keyboard Level 1

5-10Y

This class is designed for students who seek a more individually-focused group setting. This unique approach prepares students for the benefits of private piano instruction. It is designed as a continuation from students who have completed Piano Keyboard Level 1 or experienced students. No class 2/17, 2/18, 2/22, 3/7.

Classroom at Joyful Melodies Music School

Level 1						
Codes	Days	Times	Dates	Mtgs	R	NR
9703	M	5:10p-5:55p	1/13-3/23	10	\$410	\$492
Music Room at Quinlan Community Center						
Level 2+						
9704	Tu	5:10p-5:55p	1/14-3/24	10	\$410	\$492
9705	Sa	12:45p-1:30p	1/18-3/28	9	\$370	\$444

Instructor:Joyful Melodies Staff

Melody's Violin Beginners

6-13Y

Learn to play the violin! Suzuki method is combined with Western teaching methods to provide a strong foundation for playing this sophisticated instrument. Your child will enjoy the beautiful sound of the violin. Materials fee \$25 (additional \$20 with violin rental).

Music Room at Melody Academy of Music

Codes	Days	Times	Dates	Mtgs	R	NR
9689	Sa	4:00p-4:45p	1/11-2/15	6	\$180	\$216

Instructor:MAM Staff

Group Guitar

9-12Y

Introduce music to your children the right way by letting them get their hands on the coolest instrument in the world, the guitar! In this course they'll learn the basics of how to play as well as gain experience with music that they will keep for a lifetime. No experience necessary. Students must bring their own guitars. No class 2/19.

Classroom at Joyful Melodies Music School

Codes	Days	Times	Dates	Mtgs	R	NR
9718	W	6:00p-6:50p	1/15-4/1	11	\$385	\$462

Instructor:Joyful Melodies Staff

NEW! Melody's Violin Ensemble

9-13Y

Would you like to play the violin in a group? This is a perfect class to join! The ensemble is a performance-base class, where the students will be ready to perform in public, such as community event. Furthermore, the class will be aiming to explore ensemble repertoire, orchestra knowledge and orchestra music appreciation. The students will be striving for an upper level of performing on both individually and as an ensemble. *Pre-requisite is Suzuki Level 1.*

Music Room at Melody Academy of Music

Codes	Days	Times	Dates	Mtgs	R	NR
9690	Su	4:30p-5:30p	1/12-2/16	6	\$300	\$360

Instructor:MAM Staff

SPORTS

Kidz Love Soccer Weather Hotline

888-372-5803

Field Hotline

408-777-3566

Mommy/Daddy & Me Soccer 2-3.5Y

Jump in for a fun and positive introduction to soccer for our youngest players and their parents! Our age-appropriate and field-tested curriculum engages youngsters with entertaining activities that promote motor skill development and cognitive ability.

Soccer Field at Eaton Elementary School

Codes	Days	Times	Dates	Mtgs	R	NR
9614	Sa	11:30a-12:00p	1/18-3/7	8	\$136	\$163

Instructor: Kidz Love Soccer Staff

Ice Skating for Parents & Kids 3-4Y

Discover the ice together through toys, bubbles, imaginative games, and ice drawings. You will learn how to fall, get up, perform a two-foot glide, dip, swizzle, and stop. Adult (18+) participation is required.

Rink at Ice Center Cupertino

Codes	Days	Times	Dates	Mtgs	R	NR
9607	Sa	11:15a-11:45a	1/4-2/22	8	\$120	\$144
9608	Sa	11:15a-11:45a	2/29-4/18	8	\$120	\$144

Instructor: Ice Center Staff

Ice Skating: Snowball Saturdays 3-4Y

Discover the ice through toys, bubbles, imaginative games, and ice drawings. You will learn how to fall, get up, perform a two-foot glide, dip, swizzle, and stop.

Rink at Ice Center Cupertino

Codes	Days	Times	Dates	Mtgs	R	NR
9609	Sa	11:15a-11:45a	1/4-2/22	8	\$120	\$144
9610	Sa	11:15a-11:45a	2/29-4/18	8	\$120	\$144

Instructor: Ice Center Staff

Skyhawks SuperTots Multi-Sport 3-4Y

A development program for kids ages 3 through 5 years old that uses a variety of fun games to engage kids while exposing them to a variety of different sports. The goal is to build fitness, muscle coordination, sports fundamentals while creating a love for athletics.

Soccer Field at Wilson Park

Codes	Days	Times	Dates	Mtgs	R	NR
9620	W	3:30p-4:15p	2/12-3/18	6	\$102	\$122

Instructor: Skyhawks Staff

Pre Soccer

3.5-5Y

Kick and pass! Pre-Soccer helps youngsters develop a lifelong love of soccer while they begin to learn playing on a team. Our curriculum includes energetic, all-inclusive games that teach young kids the basics about playing with a group.

Soccer Field at Wilson Park

Codes	Days	Times	Dates	Mtgs	R	NR
9615	Tu	3:15p-3:45p	1/14-3/3	8	\$136	\$163

Soccer Field at Jollyman Park

Codes	Days	Times	Dates	Mtgs	R	NR
9616	F	4:50p-5:20p	1/17-3/6	8	\$136	\$163

Soccer Field at Eaton Elementary School

Codes	Days	Times	Dates	Mtgs	R	NR
9617	Sa	9:15a-9:45a	1/18-3/7	8	\$136	\$163

Instructor: Kidz Love Soccer Staff

Little Ballers

4-6Y

Little Ballers is designed for our future NBA superstars. This class combines learning and fun with unique games, equipment, and enthusiastic coaches. This program is the perfect compliment to any Little Tennis program for faster motor skill development. *Class ratio is 4:1.*

Sports Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9812	Sa	11:00a-12:00p	1/4-2/1	5	\$130	\$156
8913	Tu	3:00p-4:00p	1/7-2/4	5	\$130	\$156
8995	Th	3:00p-4:00p	1/9-2/6	5	\$130	\$156
9813	Sa	11:00a-12:00p	2/8-3/7	5	\$130	\$156
8994	Tu	3:00p-4:00p	2/11-3/10	5	\$130	\$156
8996	Th	3:00p-4:00p	2/13-3/12	5	\$130	\$156

Instructor: Lifetime Activities Staff

Soccer 1: Techniques & Teamwork

5-6Y

Time to scrimmage! Soccer 1 teaches all the basics of soccer - dribbling, passing, receiving, shooting and everything in between. Soccer 1 is well-suited to the first-time player, while still being fun and engaging for kids who already have soccer experience.

Soccer Field at Wilson Park

Codes	Days	Times	Dates	Mtgs	R	NR
9621	Tu	3:45p-4:30p	1/14-3/3	8	\$144	\$173

Soccer Field at Jollyman Park

Codes	Days	Times	Dates	Mtgs	R	NR
9622	F	3:15p-4:00p	1/17-3/6	8	\$144	\$173

Soccer Field at Eaton Elementary School

Codes	Days	Times	Dates	Mtgs	R	NR
9623	Sa	9:45a-10:30a	1/18-3/7	8	\$144	\$173

Instructor: Kidz Love Soccer Staff

Little Champs & Chess

Combo classes are twice as much fun as a single focus program. *Class ratio is 8:1.*

5-7Y

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8886	Su	12:00p-2:30p	1/5-2/2	5	\$266	\$319
8938	Su	12:00p-2:30p	2/9-3/8	5	\$266	\$319

Instructor:Lifetime Activities Staff

Ice Skating for Kids

Discover the ice as you learn basic skating skills that include two-foot glides, dips, swizzles, back wiggles, stops, and spins. Develop and build your skills to enjoy the pleasure of skating for a lifetime. No class 1/20, 2/17.

5-14Y

Rink at Ice Center Cupertino

Codes	Days	Times	Dates	Mtgs	R	NR
9603	Sa	9:45a-10:15a	1/4-2/22	8	\$120	\$144
9605	Sa	9:45a-10:15a	2/29-4/18	8	\$120	\$144

Instructor:Ice Center Staff

Chess

Great activity for cognitive development! Beginners will learn rules of the game and basic strategies. Intermediate-level students will learn openings, middle-games and end-game approaches. Chess notation and timed play may be explored during class. *Class ratio is 8:1.*

6-12Y

Conference Room at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9368	F	5:00p-6:00p	1/3-1/31	5	\$100	\$120
9370	F	6:00p-7:00p	1/3-1/31	5	\$100	\$120
9372	Sa	10:30a-11:30a	1/4-2/1	5	\$100	\$120
9374	Sa	1:30p-3:00p	1/4-2/1	5	\$150	\$180
9376	Sa	3:00p-4:30p	1/4-2/1	5	\$150	\$180
9378	Su	12:00p-1:00p	1/5-2/2	5	\$100	\$120
9380	Su	1:00p-2:30p	1/5-2/2	5	\$150	\$180
9364	Tu	6:00p-7:00p	1/7-2/4	5	\$100	\$120
9366	Th	6:00p-7:00p	1/9-2/6	5	\$100	\$120
9369	F	5:00p-6:00p	2/7-3/6	5	\$100	\$120
9371	F	6:00p-7:00p	2/7-3/6	5	\$100	\$120
9373	Sa	10:30a-11:30a	2/8-3/7	5	\$100	\$120
9375	Sa	1:30p-3:00p	2/8-3/7	5	\$150	\$180
9377	Sa	3:00p-4:30p	2/8-3/7	5	\$150	\$180
9379	Su	12:00p-1:00p	2/9-3/8	5	\$100	\$120
9381	Su	1:00p-2:30p	2/9-3/8	5	\$150	\$180
9365	Tu	6:00p-7:00p	2/11-3/10	5	\$100	\$120
9367	Th	6:00p-7:00p	2/13-3/12	5	\$100	\$120

Instructor:Lifetime Activities Staff

Family Golf

Come and spend quality time together learning the game that may be enjoyed for a lifetime. You'll receive engaging instruction in skills, rules and techniques. Fee is per person.



Golf Course at Deep Cliff Golf Course

Codes	Days	Times	Dates	Mtgs	R	NR
9593	Sa	8:30a-10:00a	1/4-1/25	4	\$192	\$230
9719	Sa	8:30a-10:00a	2/1-2/22	4	\$192	\$230
9721	Sa	8:30a-10:00a	3/7-3/28	4	\$192	\$230

Instructor:Deep Cliff Staff

Soccer 2: Skillz and Scrimmages

A great introduction to competitive soccer, Soccer 2 teaches advanced skill building such as dribbling, passing, and shooting in a team format, as well as an introduction to goal-tending. Kids will scrimmage and learn to play together as a team.

7-10Y

Soccer Field at Wilson Park

Codes	Days	Times	Dates	Mtgs	R	NR
9625	Tu	4:30p-5:20p	1/14-3/3	8	\$152	\$182

Soccer Field at Jollyman Park

Codes	Days	Times	Dates	Mtgs	R	NR
9626	F	4:00p-4:50p	1/17-3/6	8	\$152	\$182

Soccer Field at Eaton Elementary School

Codes	Days	Times	Dates	Mtgs	R	NR
9627	Sa	10:30a-11:20a	1/18-3/7	8	\$152	\$182

Instructor:Kidz Love Soccer Staff

Skyhawks Multi-Sport

Multi-sport classes are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as respect and teamwork.

7-12Y

Soccer Field at Jollyman Park

Codes	Days	Times	Dates	Mtgs	R	NR
9619	W	3:30p-4:30p	2/12-3/18	6	\$120	\$144

Instructor:Skyhawks Staff

Activities Night

Players will be able to enjoy a variety of sports and activities while parents enjoy an evening out.

7-15Y

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8896	F	6:00p-8:00p	1/17	1	\$25	\$25

Instructor:Lifetime Activities Staff

Badminton Beginner-Intermediate 7-15Y

Beginning-Intermediate players will develop basic serve, overhead and net-play techniques. All classes will integrate both training and rally elements. Rackets may be purchased in the Lifetime Activities Pro-Shop. Athletic attire/footwear required.

Multi-purpose Room at Cupertino Sports Center

Class Ratio 4:1						
Codes	Days	Times	Dates	Mtgs	R	NR
8899	Sa	1:30p-3:00p	1/4-2/1	5	\$195	\$234
8958	Sa	3:00p-4:30p	1/4-2/1	5	\$195	\$234
8957	Sa	1:30p-3:00p	2/8-3/7	5	\$195	\$234
8959	Sa	3:00p-4:30p	2/8-3/7	5	\$195	\$234
Class Ratio 8:1						
Codes	Days	Times	Dates	Mtgs	R	NR
8961	Sa	4:30p-6:00p	1/4-2/1	5	\$120	\$144
8963	Su	4:00p-5:30p	1/5-2/2	5	\$120	\$144
8900	M	4:05p-5:50p	1/6-2/3	5	\$140	\$168
8962	Sa	4:30p-6:00p	2/8-3/7	5	\$120	\$144
8964	Su	4:00p-5:30p	2/9-3/8	5	\$120	\$144
8960	M	4:05p-5:50p	2/10-3/9	5	\$140	\$168

Instructor:Lifetime Activities Staff

Badminton Advanced 7-15Y

Advanced level players will develop shot selection and singles/doubles match-play strategies. Rackets may be purchased in the Lifetime Activities Pro-Shop. Appropriate athletic attire/footwear required. *Class ratio is 8:1.*

Multi-purpose Room at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8898	Sa	6:00p-7:30p	1/4-2/1	5	\$120	\$144
8955	Sa	7:30p-9:00p	1/4-2/1	5	\$120	\$144
8954	Sa	6:00p-7:30p	2/8-3/7	5	\$120	\$144
8956	Sa	7:30p-9:00p	2/8-3/7	5	\$120	\$144

Instructor:Lifetime Activities Staff



Basketball Indoor 7-15Y

Students will learn passing, dribbling, and shooting techniques. Team play will be introduced and students will learn the roles of the guard, forward, and center positions. Offensive and defensive responsibilities will be introduced, along with game rules, vocabulary and recreational game play as skills improve. *8:1 class ratio.*

Multi-purpose Room at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9358	F	4:05p-5:50p	1/3-1/31	5	\$175	\$210
9360	F	7:00p-8:45p	1/3-1/31	5	\$175	\$210
9354	Tu	4:05p-5:50p	1/7-2/4	5	\$175	\$210
9356	Th	4:05p-5:50p	1/9-2/6	5	\$175	\$210
9359	F	4:05p-5:50p	2/7-3/6	5	\$175	\$210
9361	F	7:00p-8:45p	2/7-3/6	5	\$175	\$210
9355	Tu	4:05p-5:50p	2/11-3/10	5	\$175	\$210
9357	Th	4:05p-5:50p	2/13-3/12	5	\$175	\$210

Instructor:Lifetime Activities Staff

Basketball Outdoors 7-15Y

Students will learn passing, dribbling, and shooting techniques. Team play will be introduced and students will learn the roles of the guard, forward, and center positions. Offensive and defensive responsibilities will be introduced, along with game rules, vocabulary and recreational game play as skills improve. *Class ratio is 8:1.*

Sports Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9362	Sa	12:00p-1:30p	1/4-2/1	5	\$150	\$180
9363	Sa	12:00p-1:30p	2/8-3/7	5	\$150	\$180

Instructor:Lifetime Activities Staff

Shoggy's Match Play 7-15Y

This program is for current private lesson students of Shoggy Park. Students will learn to play in a match play format conducted by Shoggy and his assistants.

Sports Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8921	Sa	8:00p-9:30p	1/4-3/7	10	\$120	\$144

Instructor:Lifetime Activities Staff

Table Tennis Beginner-Intermediate 7-15Y

Advanced Table Tennis integrates both training and rally elements in this program. Students must get instructor approval to enroll. *Class ratio is 8:1.*

Multi-purpose Room at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9076	Su	2:30p-4:00p	1/5-2/2	5	\$120	\$144
8923	W	4:05p-5:50p	1/8-2/5	5	\$140	\$168
9077	Su	2:30p-4:00p	2/9-3/8	5	\$120	\$144
9075	W	4:05p-5:50p	2/12-3/11	5	\$140	\$168

Instructor:Lifetime Activities Staff

Volleyball Outdoor 7-15Y

Students will learn the two-handed pass, set, overhead spike, the concept of a net block, and either the underhand or overhand serve as appropriate. Game play will be introduced and students will learn how to set, rotate, and how scoring works. Teamwork and sportsmanship will be emphasized at all skill levels. *Class ratio is 8:1.*

Sports Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9870	Su	1:00p-2:30p	1/5-2/2	5	\$175	\$210
9079	Th	4:05p-5:50p	1/9-2/6	5	\$175	\$210
9871	Su	1:00p-2:30p	2/9-3/8	5	\$175	\$210
9080	Th	4:05p-5:50p	2/13-3/12	5	\$175	\$210

Instructor:Lifetime Activities Staff

Junior Golf 7-17Y

Young golfers, come learn and develop the basic skills of golf, including the proper etiquette and the most common rules. You will learn and strengthen your abilities and knowledge of the game.

Golf Course at Deep Cliff Golf Course

Codes	Days	Times	Dates	Mtgs	R	NR
9611	Sa	10:30a-12:00p	1/4-1/25	4	\$192	\$230
9724	Sa	10:30a-12:00p	2/1-2/22	4	\$192	\$230
9725	Sa	10:30a-12:00p	3/7-3/28	4	\$192	\$230

Instructor:Deep Cliff Staff

Basketball League 9-12Y

Looking to play more basketball? This program is designed to practice your skills on the court playing against other youth. All games all the time. Previous basketball experience recommended.

Sports Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8905	M,W	5:30p-6:30p	1/6-2/12	12	\$96	\$116
8973	M,W	6:45p-7:45p	1/6-2/12	12	\$96	\$116

Instructor:Recreation Staff

SPORT COMBOS

Badminton & Chess 7-15Y

Combo classes are twice as much fun as a single focus program. *Class ratio is 8:1.*

Conference Room at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8883	Sa	1:30p-4:30p	1/4-2/1	5	\$311	\$374
8935	Sa	1:30p-4:30p	2/8-3/7	5	\$311	\$374

Instructor:Lifetime Activities Staff

Basketball & Chess 7-15Y

Combo classes are twice as much fun as a single focus program. *Class ratio is 8:1.*

Multi-purpose Room at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8929	F	4:05p-7:00p	1/3-1/31	5	\$248	\$298
8885	F	6:00p-8:45p	1/3-1/31	5	\$248	\$298
8882	Tu	4:05p-7:00p	1/7-2/4	5	\$248	\$298
8927	Th	4:05p-7:00p	1/9-2/6	5	\$248	\$298
8930	F	4:05p-7:00p	2/7-3/6	5	\$248	\$298
8937	F	6:00p-8:45p	2/7-3/6	5	\$248	\$298
8926	Tu	4:05p-7:00p	2/11-3/10	5	\$248	\$298
8928	Th	4:05p-7:00p	2/13-3/12	5	\$248	\$298

Instructor:Lifetime Activities Staff

Chess & Table Tennis 7-15Y

Combo classes are twice as much fun as a single focus program. *Class ratio is 8:1.*

Conference Room at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8884	Su	1:00p-4:00p	1/5-2/2	5	\$248	\$298
8936	Su	1:00p-4:00p	2/9-3/8	5	\$248	\$298

Instructor:Lifetime Activities Staff

Tennis & Chess 7-15Y

Combo classes are twice as much fun as a single focus program. *Class ratio is 8:1.*

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8887	Su	10:30a-1:00p	1/5-2/2	5	\$266	\$319
8939	Su	10:30a-1:00p	2/9-3/8	5	\$266	\$319

Instructor:Lifetime Activities Staff

Volleyball & Chess 7-15Y

Combo classes are twice as much fun as a single focus program. *Class ratio is 8:1.*

Sports Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8888	Th	4:05p-7:00p	1/9-2/6	5	\$248	\$298
8940	Th	4:05p-7:00p	2/13-3/12	5	\$248	\$298

Instructor:Lifetime Activities Staff





Cupertino Teen Commission

Where youth and teens have the power to change Cupertino.

Join the Teen Commission every 2nd & 4th Wednesday of the month
and help our teens build a Cupertino for the future!

Meetings are held at Quinlan Community Center
10185 N Stelling, Cupertino, CA 95014

www.cupertino.org/commissions



Wilson Park Ceramic Studio

Explore your creativity!

- Ceramic Parties
- Youth, Teen, and Adult Art Classes
- Open Studio – Fridays from 3 - 7 p.m.
Must have 10-pack or single day pass before attending

Check out our revamped
ceramic classes!
pages 31, 34, & 35

10298 South Portal Ave. Cupertino, CA 95014



CUPERTINO TEEN CENTER



Pool, ping pong, & more!



New PCs & iMacs



Flat Screen TVs



Game Room



Study Space



Workshop/
club meeting Space

Teen Center Rental

Rental Fee: \$210/3 hours with a refundable \$750 security deposit to hold the date.

For reservation information, contact Daniel Mestizo at Danielm@cupertino.org or (408) 777-3120

FREE for all Cupertino Residents and Sports Center Members in 6th to 12th Grade.

Non resident fee is \$5/day .

Monday-Friday: 3pm-7pm | Saturday:12pm-6pm | CLOSED: SUNDAY
21111 Stevens Creek Blvd | www.cupertino.com/teens



TEEN

TEENS



Register at reg4rec.org

ART

Clay Handbuilding for Teens

11-17Y

New students along with those who have some experience are welcome to join us in this open studio format where your ideas are turned into a 3D reality. Come in and join us to learn the basics and beyond of handbuilding. No class 3/25.

Ceramics Center at Wilson Park

Codes	Days	Times	Dates	Mtgs	R	NR
9664	W	5:30p-7:00p	1/8-2/12	6	\$240	\$288
9665	W	5:30p-7:00p	2/26-4/8	6	\$240	\$288

Instructor: Lisa Molaro

Teen Potter's Wheel

11-17Y

Potters will work at their own pace learning the components of working at the potter's wheel. We will cover skills needed for the beginner to advanced pottery enthusiast. No class 3/25, 3/27.

Ceramics Center at Wilson Park

Codes	Days	Times	Dates	Mtgs	R	NR
9666	W	3:30p-5:30p	1/8-2/12	6	\$288	\$346
9668	F	3:30p-5:30p	1/10-2/14	6	\$288	\$346
9667	W	3:30p-5:30p	2/26-4/8	6	\$288	\$346
9669	F	3:30p-5:30p	2/28-4/10	6	\$288	\$346

Instructor: Lisa Molaro

EDUCATION

AMC8 Math

11-14Y

This is a specialized math program that covers advanced math concepts and strategies to solve challenging, out of the box AMC8 problems with ease and efficiency. It helps sharpen critical thinking, logical reasoning, and problem solving skills. Materials fee \$25.

Craft Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9735	Tu	5:50p-7:00p	1/14-3/24	9	\$280	\$336

Instructor: Madhu Marathe

Confident Debate & Public Speaking 11-14Y

Students will be enrolled in both Confident Debate: Spar and Public Speaking: Impromptu from 1:00 p.m. - 4:15 p.m. at a discounted rate. For information on the classes, please see individual listings. Material fee \$50. No class 2/15

Classroom at Communication Academy

Codes	Days	Times	Dates	Mtgs	R	NR
9640	Sa	1:00p-4:15p	1/11-3/21	10	\$675	\$810

Instructor: Communication Academy Staff

SAT Prep: Essay, Reading, Writing 13-17Y

Doing well on the SAT and PSAT is crucial for getting into the college of your choice. This small-group class is designed to provide students with valuable insight, expert instruction, and rigorous practice on the three SAT sections: Reading, Writing, and Essay. Materials fee \$20. No class 2/15.

Education Classroom at Monta Vista Recreation Center

Codes	Days	Times	Dates	Mtgs	R	NR
9678	Sa	12:00p-1:30p	1/11-3/28	11	\$373	\$448

Instructor: Natasha Austin

MUSIC

Group Guitar 13-18Y

Students will get their hands on the coolest instrument in the world, the guitar! In this course they'll learn the basics of how to play as well as gain experience with music that they will keep for a lifetime. No experience necessary. Students must bring their own guitars. No class 2/22.

Classroom at Joyful Melodies Music School

Codes	Days	Times	Dates	Mtgs	R	NR
9717	Sa	3:30p-4:20p	1/18-4/4	11	\$385	\$462

Instructor: Joyful Melodies Staff

SPORTS

Junior Golf 6-17Y

Young golfers, come learn and develop the basic skills of golf, including the proper etiquette and the most common rules. You will learn and strengthen your abilities and knowledge of the game.

Golf Course at Deep Cliff Golf Course

Codes	Days	Times	Dates	Mtgs	R	NR
9611	Sa	10:30a-12:00p	1/4-1/25	4	\$192	\$230
9724	Sa	10:30a-12:00p	2/1-2/22	4	\$192	\$230
9725	Sa	10:30a-12:00p	3/7-3/28	4	\$192	\$230

Instructor: Deep Cliff Staff

Badminton Beginner-Intermediate 7-15Y

Beginning-Intermediate players will develop basic serve, overhead and net-play techniques. All classes will integrate both training and rally elements.

Multi-purpose Room at Cupertino Sports Center

Class Ratio 4:1

Codes	Days	Times	Dates	Mtgs	R	NR
8899	Sa	1:30p-3:00p	1/4-2/1	5	\$195	\$234
8958	Sa	3:00p-4:30p	1/4-2/1	5	\$195	\$234
8957	Sa	1:30p-3:00p	2/8-3/7	5	\$195	\$234
8959	Sa	3:00p-4:30p	2/8-3/7	5	\$195	\$234

Class Ratio 8:1

Codes	Days	Times	Dates	Mtgs	R	NR
8961	Sa	4:30p-6:00p	1/4-2/1	5	\$120	\$144
8963	Su	4:00p-5:30p	1/5-2/2	5	\$120	\$144
8900	M	4:05p-5:50p	1/6-2/3	5	\$140	\$168
8962	Sa	4:30p-6:00p	2/8-3/7	5	\$120	\$144
8964	Su	4:00p-5:30p	2/9-3/8	5	\$120	\$144
8960	M	4:05p-5:50p	2/10-3/9	5	\$140	\$168

Instructor: Lifetime Activities Staff

Badminton Advanced 7-15Y

Advanced level players will develop shot selection and singles/doubles match-play strategies. Rackets may be purchased in the Lifetime Activities Pro-Shop. *Class ratio is 8:1.*

Multi-purpose Room at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8898	Sa	6:00p-7:30p	1/4-2/1	5	\$120	\$144
8955	Sa	7:30p-9:00p	1/4-2/1	5	\$120	\$144
8954	Sa	6:00p-7:30p	2/8-3/7	5	\$120	\$144
8956	Sa	7:30p-9:00p	2/8-3/7	5	\$120	\$144

Instructor: Lifetime Activities Staff

Basketball Indoor 7-15Y

Students will learn passing, dribbling, and shooting techniques. Team play will be introduced and students will learn the roles of the guard, forward, and center positions. Offensive and defensive responsibilities will be introduced, along with game rules, vocabulary and recreational game play as skills improve. *Ratio is 8:1.*

Multi-purpose Room at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9358	F	4:05p-5:50p	1/3-1/31	5	\$175	\$210
9360	F	7:00p-8:45p	1/3-1/31	5	\$175	\$210
9354	Tu	4:05p-5:50p	1/7-2/4	5	\$175	\$210
9356	Th	4:05p-5:50p	1/9-2/6	5	\$175	\$210
9359	F	4:05p-5:50p	2/7-3/6	5	\$175	\$210
9361	F	7:00p-8:45p	2/7-3/6	5	\$175	\$210
9355	Tu	4:05p-5:50p	2/11-3/10	5	\$175	\$210
9357	Th	4:05p-5:50p	2/13-3/12	5	\$175	\$210

Instructor: Lifetime Activities Staff

Basketball Outdoors

7-15Y

Students will learn passing, dribbling, and shooting techniques. Team play will be introduced and students will learn the roles of the guard, forward, and center positions. Offensive and defensive responsibilities will be introduced, along with game rules, vocabulary and recreational game play as skills improve. *Class ratio is 8:1.*

Sports Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9362	Sa	12:00p-1:30p	1/4-2/1	5	\$150	\$180
9363	Sa	12:00p-1:30p	2/8-3/7	5	\$150	\$180

Instructor:Lifetime Activities Staff

Table Tennis Beginner-Intermediate

7-15Y

Advanced Table Tennis integrates both training and rally elements in this program. Students must get instructor approval to enroll. *Class ratio is 8:1.*

Multi-purpose Room at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9076	Su	2:30p-4:00p	1/5-2/2	5	\$120	\$144
8923	W	4:05p-5:50p	1/8-2/5	5	\$140	\$168
9077	Su	2:30p-4:00p	2/9-3/8	5	\$120	\$144
9075	W	4:05p-5:50p	2/12-3/11	5	\$140	\$168

Instructor:Lifetime Activities Staff

Volleyball Outdoor

7-15Y

Students will learn the two-handed pass, set, overhead spike, the concept of a net block, and either the underhand or overhand serve as appropriate. Game play will be introduced and students will learn how to set, rotate, and how scoring works. Teamwork and sportsmanship will be emphasized at all skill levels. *Class ratio is 8:1.*

Sports Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9870	Su	1:00p-2:30p	1/5-2/2	5	\$175	\$210
9079	Th	4:05p-5:50p	1/9-2/6	5	\$175	\$210
9871	Su	1:00p-2:30p	2/9-3/8	5	\$175	\$210
9080	Th	4:05p-5:50p	2/13-3/12	5	\$175	\$210

Instructor:Lifetime Activities Staff

Basketball League

9-12Y

Looking to play more basketball? This program is designed to practice your skills on the court playing against other youth. All games all the time. Previous basketball experience recommended.

Sports Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8905	M,W	5:30p-6:30p	1/6-2/12	12	\$96	\$116
8973	M,W	6:45p-7:45p	1/6-2/12	12	\$96	\$116

Instructor:Recreation Staff





ADULT

ART



BAKING & SEWING PARTIES

Join Heidi Merry at Monta Vista Recreation Center in the kitchen for a creative party!

For booking information, call the Recreation Office at 408-777-3120 or email Heidi at heidimerry@comcast.net.

A \$150 deposit & payment must be made in person at the Quinlan Community Center, M-F between 8 a.m. - 5p.m., to hold a date.

Beginning Potter's Wheel

18Y+

Come on in and learn the fundamentals of throwing pottery on the wheel. The basics are taught and reinforced to demystify the challenges of the wheel. Skills will be introduced with plenty of individual attention in this small class setting. All materials and firings are included. Students are given complimentary access to open studio hours throughout the duration of each session for which they are registered. No class 3/24, 3/25.

Ceramics Center at Wilson Park

Codes	Days	Times	Dates	Mtgs	R	NR
9648	Tu	10:30a-12:30p	1/7-2/11	6	\$288	\$346
9650	W	7:00p-9:00p	1/8-2/12	6	\$288	\$346
9649	Tu	10:30a-12:30p	2/25-4/7	6	\$288	\$346
9651	W	7:00p-9:00p	2/26-4/8	6	\$288	\$346

Instructor:Lisa Molaro

Beginning Watercolor

18Y+

This class is designed for watercolor beginners. Watercolor is one of the most difficult media to handle, but also one of the most beautiful transparent painting material as well. We will learn many different painting techniques and go step by step from the basics. If you love watercolor but have never tried before, or are just beginning and want to improve your technique, this is the perfect first step towards becoming a watercolor artist! Must have all materials before first class. Material list can be found by visiting: bit.ly/WebersWatercolor (CASE SENSITIVE). No class 3/4.

Craft Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9646	W	9:00a-12:00p	1/15-3/18	9	\$135	\$162

Instructor:Mami Weber

Handbuilding for Adults

18Y+

In this project-based class we will explore various building techniques. Discussions will include appropriate clay body selections and finishing styles for each. All materials and firings are included. Students are given complimentary access to open studio hours throughout the duration of each session for which they are registered. No class 3/26.

Ceramics Center at Wilson Park

Codes	Days	Times	Dates	Mtgs	R	NR
9656	Th	12:00p-2:00p	1/9-2/13	6	\$288	\$346
9657	Th	12:00p-2:00p	2/27-4/9	6	\$288	\$346

Instructor:Lisa Molaro

Ikebana Expressions**18Y+**

Come learn Ikebana, the Japanese art of flower arrangement and using seasonal flower material to create your ikebana expressions in class. Please bring ikebana scissors/pruners, a pin frog flower holder, and a shallow vase to the first class. Material fee of \$96 for 8 lessons is payable to the instructor at the first meeting. No class 2/18, 3/3.

Craft Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9632	Tu	10:00a-12:00p	1/14-3/17	8	\$120	\$144
9633	Tu	7:00p-9:00p	1/14-3/17	8	\$120	\$144

*Instructor:Gloria Lee***Intermediate Wheel****18Y+**

For Potters who are comfortable with successfully centering and throwing basic forms. Using those foundations we will be exploring different forms and functional pottery pieces. All materials and firings are included. Students are given complimentary access to open studio hours throughout the duration of each session for which they are registered. No class 3/25, 3/26.

Ceramics Center at Wilson Park

Codes	Days	Times	Dates	Mtgs	R	NR
9652	W	12:00p-2:00p	1/8-2/12	6	\$288	\$346
9654	Th	7:00p-9:00p	1/9-2/13	6	\$288	\$346
9653	W	12:00p-2:00p	2/26-4/8	6	\$288	\$346
9655	Th	7:00p-9:00p	2/27-4/9	6	\$288	\$346

*Instructor:Lisa Molaro***Watercolor****18Y+**

Continuation with watercolor technique of glazing, wet into wet, and layering. There will be a focus on composition and color. Still life, landscapes, and figurative work will be explored. Returning students will be encouraged to work in a series. Must have all materials before first class. Material list can be found by visiting: <http://bit.ly/WebersWatercolor> (CASE SENSITIVE). No class 3/6.

Craft Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9647	F	9:00a-12:00p	1/17-3/20	9	\$135	\$162

*Instructor:Mami Weber***CERAMICS & ART PARTIES**

Join Lisa at Wilson Park Building Ceramics Center for a festive art party!

For booking information email Lisa at wilsonceramics@gmail.com

We have party levels for customizability and a varying number of party guests. A deposit and full payment must be made in person at the Quinlan Community Center, Monday-Friday 8 a.m. - 5 p.m. to hold the date.

DANCE**Adult Ballet****18Y+**

A contemporary ballet class that includes classical barre warm up and dance combinations with both graceful adagio expression and vibrant petite allegro combinations. Great training for body alignment, uplifted posture, flexibility and strength, as well as gracefulness, coordination, and stamina. An artistic way of working out that challenges you physically and mentally.

Dance Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9198	Tu	5:30p-6:45p	1/14-3/24	11	\$165	\$198

*Instructor:Jia Thompson***Contemporary & Classical Chinese Dance****18Y+**

Interested in contemporary dance integrated with classical Chinese dance? This class will teach you a creative dance style with western and eastern elements. Class includes barre work and dance practice. At the end of each session, you will know and be able to perform a new dance.

Dance Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9214	Tu	7:30p-9:00p	1/14	1	\$15	\$15

Dance Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9213	Tu	7:30p-9:00p	1/21-4/7	12	\$240	\$288

*Instructor:Jenny (Juan) He***EDUCATION****Retirement Planning, Today****18Y+**

In this course, you will learn how to create a plan to retire early, manage investment risk, use tax laws to your advantage, make informed decisions about your company's retirement plan, plan your estate, and more!

Social Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9644	Tu	6:30p-9:30p	1/28-2/4	2	\$49	\$59
9645	Th	6:30p-9:30p	2/6-2/13	2	\$49	\$59

Instructor:Robert Ostenberg

FITNESS

Drop-in Passes

Orange Passes

\$7* each. Drop-ins are welcome in all aerobics and Taiji classes if space is available. Passes may be purchased in the Recreation Office.

Gree Passes

\$9* each. Passes for Hula Hoop Series 2 & Zumba + Stretch. Passes may be purchased in the Recreation Office.

Red Passes

\$12* each. Drop-ins are welcome in all yoga, pilates, and PiYo classes if space is available. Passes may be purchased in the Recreation Office.

Passes are non-refundable. Classes may be canceled if the minimum registration is not met. If paying with cash, exact change is required. For more information, please call the Recreation Office at 408-777-3120.

*New pricing effective on January 1, 2020.

Aerobics for Everyone

This class will focus on improving your overall fitness and health through low impact aerobics, step, strengthening and toning exercises, and flexibility exercises.

Activity Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9199	F	9:30a-10:30a	1/17-3/27	11	\$50	\$60

Instructor: Jill Haff

Balance, Core, and More

Strong abdominal muscles can help support your back and improve your posture and balance. Come and spend an hour every week strengthening and toning your core!

Activity Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9201	Th	10:40a-11:40a	1/16-3/26	11	\$55	\$66

Instructor: Rebecca McCormick

Baptiste Yoga

Baptiste yoga, in the tradition of Walt and Magana Baptiste, offers a unique expression of vinyasa (flow) style yoga that emphasizes balance, flexibility, fluidity, and strength. Pranayama (breathing practices) and mudras (hand postures) are an integral part of each class. No class 1/20, 2/17.

Dance Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9207	M	12:00p-1:30p	1/13-3/23	9	\$72	\$86

Instructor: Lou Thurman

Bollywood Aerobics

Bollywood Aerobics is a fast, fun, calorie burning dance aerobics class. The music is always a great mix of the latest and hottest Bollywood and Bhangra tunes. Every class is broken down into two sections that provide a whole body workout. No class 2/12.

Dance Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9211	W	7:00p-8:00p	1/15-3/25	10	\$45	\$54

Instructor: Malika Thoppay

Cardio Sculpt

This class offers a great aerobic workout, followed by body sculpting and stretching. This total body workout will increase your cardiovascular endurance as well as your upper, lower, and core body strength.

Activity Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9212	Tu	9:45a-10:45a	1/14-3/24	11	\$50	\$60

Instructor: Janice Wright

Hatha Flow

Traditional Hatha yoga practice in a sequence of yoga poses which build strength, flexibility, and breath awareness. This class also emphasizes pranayama and relaxation techniques. No class 1/20, 2/17.

Dance Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9221	M	7:00p-8:15p	1/13-3/23	9	\$72	\$86

Instructor: Aarabi Rajeshwaran

Hatha Yoga

This full body workout integrates stretching, strengthening, & flexibility. Breathing techniques and essential asanas are performed to de-stress and rejuvenate your body, mind, and soul. No class 3/7, 3/14.

**18Y+****Activity Room at Quinlan Community Center**

Codes	Days	Times	Dates	Mtgs	R	NR
9222	Sa	8:45a-10:00a	1/18-3/28	9	\$72	\$86

*Instructor:Polly Hu***Hula Hoop Dance Fitness: Series 1**

In this beginner class you will learn the fundamentals and principals of hoop dance. Emphasis will be on core moves and techniques that you can do with a hula hoop, on and off the body. No experience necessary! No class 3/4.

**18Y+****Social Room at Quinlan Community Center**

Codes	Days	Times	Dates	Mtgs	R	NR
9229	W	6:00p-7:00p	1/15-3/25	10	\$50	\$60

Activity Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9230	F	12:00p-1:00p	1/17-3/27	11	\$55	\$66

*Instructor:Nessia Starr***Hula Hoop Movement & Flow: Series 2**

Class emphasis will be on movement and flow. Students will work on gaining fluidity and control over one's hoop and increasing grace and poise of body movements. You will move your hooping from disconnected tricks into lyrical movement while expanding your repertoire. **Pre-Requisite: Series 1.** No class 3/4.

**18Y+****Social Room at Quinlan Community Center**

Codes	Days	Times	Dates	Mtgs	R	NR
9231	W	7:00p-8:00p	1/15-3/25	10	\$70	\$84

*Instructor:Nessia Starr***Introduction to Taiji & Qigong**

Taiji + Qigong improves balance, muscle toning, flexibility, lung capacity, blood circulation, immune functions, and energy levels. This entry level combines flexibility and strength training, Yang Taiji movements, Qigong exercises, and meditation. Suitable for all fitness levels. www.fitness299.com. No class 1/25, 3/7, 3/14.

**18Y+****Social Room at Quinlan Community Center**

Codes	Days	Times	Dates	Mtgs	R	NR
9232	Sa	9:00a-10:15a	1/18-3/28	8	\$36	\$43

*Instructor:Mau Truong***Line Dance: Level 1**

Line Dance is a fusion of salsa, cha cha, mambo, merengue, rumba, two steps, tango, hip hop & waltz. This simple and fun choreography will help improve your coordination and reduce stress. This beginner level class is great for newcomers to line dance or for those who prefer a more laid-back class. No class 2/21.

**18Y+****Activity Room at Quinlan Community Center**

Codes	Days	Times	Dates	Mtgs	R	NR
9233	F	10:45a-11:45a	1/17-3/20	9	\$41	\$49

*Instructor:Jenny Tsai***Line Dance: Level 2**

Line Dance is a fusion of salsa, cha cha, mambo, merengue, rumba, two steps, tango, hip hop & waltz. This simple and fun choreography will help improve your coordination and reduce stress. This class is for students who know the basics and are ready to learn more complex step combinations. No class 2/21.

**18Y+****Dance Room at Quinlan Community Center**

Codes	Days	Times	Dates	Mtgs	R	NR
9234	F	1:15p-2:15p	1/17-3/20	9	\$41	\$49

*Instructor:Jenny Tsai***Line Dancercise**

Line Dancercise is a fusion of salsa, cha cha, mambo, merengue, rumba, two steps, tango, hip hop & waltz. This simple and fun choreography will help improve your coordination and reduce stress.

**18Y+****Dance Room at Quinlan Community Center**

Codes	Days	Times	Dates	Mtgs	R	NR
9235	Th	7:30p-8:30p	1/16-3/26	11	\$50	\$60

*Instructor:Polly Hu***Low Impact Aerobics**

Get a great workout with this low impact class. Class includes a warm-up, 25-30 minutes of low impact aerobics, followed by upper body strength exercises, abdominal work, core strengthening exercises, and stretching. No class 1/20, 2/17.

**18Y+****Activity Room at Quinlan Community Center**

Codes	Days	Times	Dates	Mtgs	R	NR
9239	M,W	7:00p-8:00p	1/13-3/25	20	\$90	\$108

Instructor:William Rassieur

Mixed Level Pilates



18Y+

This mat class focuses on core strength and stability. Beginners are welcome as the fundamentals of Pilates are taught the first few weeks. Beyond that, the class is taught with various levels of difficulty being taught for each exercise. No class 1/20, 2/17.

Activity Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9240	M	9:30a-10:30a	1/13-3/23	9	\$68	\$82
9241	W	9:30a-10:30a	1/15-3/25	11	\$83	\$100

Instructor:Jill Haff

PiYo



18Y+

The best of Pilates & Yoga combined, this PiYo mat class will fuse the core firming benefits of Pilates with the flexibility advantages of Yoga. No jumping or straining, just core strength training through fluid movement and poses, focused breathing, & meditation. End your day strong & relaxed.

Activity Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9244	Th	7:00p-8:00p	1/16-3/26	11	\$83	\$100

Instructor:Janice Wright

Sculpt & Stretch



18Y+

Complement your cardio workout with this great strength training and flexibility class! Proper technique and form will be emphasized. All levels are welcome. 1/20, 2/17.

Activity Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9250	M,W	10:40a-11:40a	1/13-3/25	20	\$90	\$108
9251	M	10:40a-11:40a	1/13-3/23	9	\$41	\$49
9252	W	10:40a-11:40a	1/15-3/25	11	\$50	\$60

Instructor:Rebecca McCormick

Strengthen & Stretch



18Y+

Strengthen your core, increase muscle tone and flexibility through gentle but powerful floor exercise. Using effective breathing, form, and a variety of techniques, you will improve your strength, balance, posture, and range of motion!

Activity Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9253	Tu	10:45a-11:45a	1/14-3/24	11	\$50	\$60
9739	Th	6:00p-7:00p	1/16-3/26	11	\$50	\$60

Instructor:Janice Wright

Strong by Zumba



18Y+

A high-intensity interval training (HIIT) total body workout with NO dancing, where fitness moves are synced to music to motivate you. Use your own body weight to condition muscles, burn calories, and get stronger. All levels are welcome.

Activity Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9254	W	12:00p-1:00p	1/15-3/25	11	\$50	\$60

Instructor:Grace DuVal

Taiji Level 2



18Y+

Taiji improves balance, muscle toning, flexibility, lung capacity, blood circulation, immune functions, and energy levels. Prior Taiji experience required. Suitable for all fitness levels. www.fitness299.com. No class 1/25, 3/7, 3/14.

Activity Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9255	Sa	10:30a-11:45a	1/18-3/28	8	\$36	\$43

Instructor:Mau Truong

Total Body



18Y+

20 minutes high/low intensity aerobics for fat burning/toning. 20 minutes free weights targeting arms, abs, and legs. Finish with 20 minutes stretching to build flexibility and strength. Leave class feeling calm and centered.

Activity Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9257	Tu	7:00p-8:00p	1/14-3/24	11	\$50	\$60

Instructor:Polly Hu

VivAsia Fitness Dance



18Y+

Explore the many colorful cultures of Asia through fitness dance. Dance rhythms include Bollywood, fan dance, ribbon dance, k-pop, bandari, and more. Props (ribbons, drumsticks, dandias, and others) are used to increase upper body strength.

Activity Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9259	Th	12:00p-1:00p	1/16-3/26	11	\$50	\$60

Instructor:Ruby Chen

Yoga for Body & Mind



18Y+

A medium intensity class which addresses joint, bone, and muscle health through yogic warm ups, Asanas (postures) and elements of flow to improve your vital energy. You will focus on proper alignment for stability, flexibility, and balance. We will also incorporate breathing practices that align the body and mind bringing more focus, clarity, and balance. Modifications for age, injuries, and for more advanced practitioners will be provided.

Dance Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9261	W	12:00p-1:15p	1/15-3/25	11	\$88	\$106

Instructor: Sanjana Raghunath

Zumba



18Y+

Enjoy Latin and international music while doing easy dance steps and body-sculpting movements. Zumba routines feature aerobic intervals with a combination of fast and slow rhythms that tone and sculpt the body. No class 1/20, 2/17

Activity Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9264	M	12:00p-1:00p	1/13-3/23	9	\$41	\$49

Dance Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9262	Tu	12:00p-1:00p	1/14-3/24	11	\$50	\$60
9263	F	12:00p-1:00p	1/17-3/27	11	\$50	\$60

Instructor: Grace DuVal (Tu), Polly Hu (M, F)

Zumba Plus!



18Y+

Enjoy Latin and international music while doing easy dance steps and body-sculpting movements. Zumba routines feature aerobic intervals with a combination of fast and slow rhythms that tone and sculpt the body.

Dance Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9266	W	9:30a-10:45a	1/15-3/25	11	\$55	\$66

Instructor: Polly Hu

Zumba + Stretching



18Y+

Enjoy an hour of Zumba with 30 minutes of full-body stretching at the end!

Dance Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9265	Tu	12:00p-1:30p	1/14-3/24	11	\$77	\$92

Instructor: Grace DuVal

Zumba Toning



18Y+

This low impact Zumba class combines Latin and international music with easy dance steps and optional light weights to provide body-sculpting and strength training of the arms, core, and legs. A fun, total body cardio workout for all levels! No class 2/20.

Activity Room at Quinlan Community Center

Codes	Days	Times	Dates	Mtgs	R	NR
9267	Th	9:15a-10:15a	1/16-3/26	10	\$45	\$54

Instructor: Grace DuVal

MUSIC

Group Guitar

18Y+

Introduce music to your children the right way by letting them get their hands on the coolest instrument in the world, the guitar! In this course they'll learn the basics of how to play as well as gain experience with music that they will keep for a lifetime. No experience necessary. Students must bring their own guitars. No class 2/19.

Classroom at Joyful Melodies Music School

Codes	Days	Times	Dates	Mtgs	R	NR
9720	W	8:00p-8:50p	1/15-4/1	11	\$385	\$462

Instructor: Joyful Melodies Staff

Group Keyboard

18Y+

It is never too late to learn how to play the piano! Our Adult Group Keyboard Class is designed for adults who have no or little experience in piano playing. This class offers a structured yet relaxed environment for you to learn fundamental musical concepts, including musical notation, theory, and rhythm. Our patient and supportive instructors will teach you to play a variety of pieces and styles. Your musical knowledge can help your children develop their own interest in music! No class 2/20.

Classroom at Joyful Melodies Music School

Codes	Days	Times	Dates	Mtgs	R	NR
9695	Th	7:00p-7:50p	1/16-4/2	11	\$385	\$462

Instructor: Joyful Melodies Staff



Ice Skating**16Y+**

Discover the ice as you learn basic skating skills that include two-foot glides, dips, swizzles, back wiggles, stops, and spins. Develop and build your skills so you can enjoy the pleasure of skating for a lifetime.

Rink at Ice Center Cupertino

Codes	Days	Times	Dates	Mtgs	R	NR
9600	Sa	12:15p-12:45p	1/4-2/22	8	\$120	\$144
9599	Th	7:00p-7:30p	2/13-4/2	8	\$120	\$144
9602	Sa	12:15p-12:45p	2/29-4/18	8	\$120	\$144

*Instructor:Ice Center Staff***Adult Golf****18Y+**

Beginner to intermediate golfers, we invite you to come jump-start your golf career or move your golf game forward. Equipment Note for all golf classes: Golf clubs provided; however, if you have your own clubs, please bring them.

Golf Course at Deep Cliff Golf Course

Codes	Days	Times	Dates	Mtgs	R	NR
9591	Sa	1:00p-2:30p	1/4-1/25	4	\$192	\$230
9592	Sa	1:00p-2:30p	2/1-2/22	4	\$192	\$230
9716	Sa	1:00p-2:30p	3/7-3/28	4	\$192	\$230

*Instructor:Deep Cliff Staff***Golf for Women****18Y+**

Ladies, come join a class of all women to learn the skills of putting, chipping, pitching, and full swing. This is a really fun class for new golfers, as well as for those who want to improve their skills.

Golf Course at Deep Cliff Golf Course

Codes	Days	Times	Dates	Mtgs	R	NR
9629	F	4:00p-5:30p	1/3-1/24	4	\$192	\$230
9727	F	4:00p-5:30p	2/7-2/28	4	\$192	\$230
9728	F	4:00p-5:30p	3/6-3/27	4	\$192	\$230

*Instructor:Deep Cliff Staff***Golf for Seniors****55Y+**

With emphasis on personal attention, we ensure a fun golfing experience! This program is aimed at senior golfers looking to get back some of their distance off the tee and hone their short games.

Golf Course at Deep Cliff Golf Course

Codes	Days	Times	Dates	Mtgs	R	NR
9596	Sa	3:00p-4:30p	1/4-1/25	4	\$192	\$230
9722	Sa	3:00p-4:30p	2/1-2/22	4	\$192	\$230
9723	Sa	3:00p-4:30p	3/7-3/28	4	\$192	\$230

*Instructor:Deep Cliff Staff***Beginning Tennis****16Y+**

For students with little or no previous tennis instruction. Students will be introduced to the forehand, backhand, serve, and basic point play. *Class ratio is 6:1.*

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9334	Sa	8:00a-9:00a	1/4-2/1	5	\$110	\$132
9336	Su	8:00a-9:00a	1/5-2/2	5	\$110	\$132
9328	M	7:00p-8:30p	1/6-2/3	5	\$165	\$198
9330	W	9:00a-10:30a	1/8-2/5	5	\$165	\$198
9332	W	7:00p-8:30p	1/8-2/5	5	\$165	\$198
9335	Sa	8:00a-9:00a	2/8-3/7	5	\$110	\$132
9337	Su	8:00a-9:00a	2/9-3/8	5	\$110	\$132
9329	M	7:00p-8:30p	2/10-3/9	5	\$165	\$198
9331	W	9:00a-10:30a	2/12-3/11	5	\$165	\$198
9333	W	7:00p-8:30p	2/12-3/11	5	\$165	\$198

*Instructor:Lifetime Activities Staff***Adv. Beginning Tennis****16Y+**

For students completing at least two sessions of the beginning tennis program. In this level we will be adding movement to the groundstroke rallying and improving the serving technique. *Class ratio is 6:1.*

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9290	Sa	8:00a-9:00a	1/4-2/1	5	\$110	\$132
9292	Su	9:00a-10:30a	1/5-2/2	5	\$165	\$198
9284	M	7:00p-8:30p	1/6-2/3	5	\$165	\$198
9286	W	10:30a-12:00p	1/8-2/5	5	\$165	\$198
9288	W	7:00p-8:30p	1/8-2/5	5	\$165	\$198
9291	Sa	8:00a-9:00a	2/8-3/7	5	\$110	\$132
9293	Su	9:00a-10:30a	2/9-3/8	5	\$165	\$198
9285	M	7:00p-8:30p	2/10-3/9	5	\$165	\$198
9287	W	10:30a-12:00p	2/12-3/11	5	\$165	\$198
9289	W	7:00p-8:30p	2/12-3/11	5	\$165	\$198

*Instructor:Lifetime Activities Staff***Intermediate Tennis****16Y+**

For students completing at least two sessions of the advanced beginning program. Students will be introduced to volleys and overheads while improving overall confidence and consistency of the forehand, backhand and serve. *Class ratio is 6:1.*

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8912	M	7:00p-8:30p	1/6-2/3	5	\$165	\$198
8992	W	7:00p-8:30p	1/8-2/5	5	\$165	\$198
8991	M	7:00p-8:30p	2/10-3/9	5	\$165	\$198
8993	W	7:00p-8:30p	2/12-3/11	5	\$165	\$198

Instructor:Lifetime Activities Staff



CITY OF CUPERTINO SENIOR CENTER

21251 ADULT 50+

How to Register for Adult 50+ Programs

Four different organizations provide classes for the Adult 50+ program. They are:

Cupertino Senior Center (CSC)

To register, visit the Senior Center's front desk, or call 408-777-3150.

Fremont Union High School District (FUHSD)

Active Adult Classes

To register with FUHSD before the first class, call 408-522-2700 or go to fuhsdadulthoodschool.com. Senior Center membership is required.

De Anza College Exercise (DAC)

For inquiries and to register, call instructor Casey Regehr at 408-864-5409. Senior Center membership is required.

American Association of Retired Persons Smart Driver Program (AARP)

For information and to register, call Ina Checkman at 408-257-6940.

Location

Adult 50+ Programs and Classes:

Cupertino Senior Center
21251 Stevens Creek Boulevard
Cupertino, CA 95014

Telephone: 408-777-3150

FAX: 408-777-3156

Email: SeniorCntr@cupertino.org

Web site: www.cupertino.org/senior
www.cupertino.org/50plus

Facebook: www.facebook.com/cupertinoseniorcenter

Yelp: www.yelp.com/biz/cupertino-senior-center-cupertino

Senior Center Hours

We are open 8 a.m. - 9 p.m. Monday-Thursday, 8 a.m. - 5 p.m. on Friday, and 8:30 a.m. - 4:30 p.m. on Saturday. Visit the Senior Center to learn more about our expanded program offerings.

Adult 50+ Membership

Membership includes access to Adult 50+ programs, trips, services, classes, socials, volunteer opportunities, and mailing of the bi-monthly newsletter. Membership is on a calendar-year basis.

It's easy to become an Adult 50+ member:

- Be 50 years or older
- Complete a "New Member Application" form (available at the Senior Center or online)
- Resident fee \$23, Non-Resident fee \$28

Day Pass

Thinking about becoming a member?

Adults 50+ are welcome to spend the day as a guest with a \$5 Day Pass. Guests may sign up for any social or luncheon for the day, if space is available, and will receive a temporary parking permit.

Stay Active Program

The Stay Active Fund helps Cupertino residents 50 years or older to remain active and engaged at the Cupertino Senior Center. This fund provides assistance to offset the cost of Senior Center membership, a class registration, or an event. The fund is available November through June, or until the fund is depleted. Please contact the Senior Center staff for more details.

Exercise Flex Pass

Members can use Flex Passes for select fitness classes if space is available. Members can purchase Flex Passes at the Senior Center front desk for \$6 each. Look for the Flex Pass logo on select classes in the Senior Center newsletter, *The 50+ Scene*. Passes are non-transferable. Please note: Flex Pass use is subject to space availability and classes may be cancelled if minimum registration is not met. Senior Center membership required.

Class Pass

The Class Pass allows non-member seniors to register for a Senior Center course with an additional pass fee of \$10. The Class Pass is not applicable to Adult Community Education classes or De Anza College classes held at the Senior Center.

Trip Pass

A Day Trip Pass permits a non-member senior to sign up for a day trip with an additional pass fee of \$20. Non-members are eligible to register for a day trip one week after the member sign up date.

Senior Center Information Online

View what is happening at the Cupertino Senior Center online at www.cupertino.org/senior.

ADULT 50+ CLASSES

FOR ADDITIONAL INFORMATION REGARDING CLASSES (INCLUDING CURRENT DATES), VISIT www.cupertino.org/senior OR CALL 408-777-3150

ARTS & CRAFTS

Activity	Time	Day	Fee	Mtgs
Beading	1:15-3:15	Th	\$35	4
Chinese Calligraphy	12:50-2:50	Tu	\$15	8
Chinese Calligraphy	3-5	Tu	\$15	8
Chinese Brush Painting	8:30-10:30	M	\$60	8
Chinese Brush Painting	10:40-12:40	M	\$60	8
Kumihimo	3:15-5:15	Th	\$35	4

DANCE & MUSIC

Accordion	1:35-3:10	Tu	\$20	8
CSC Wednesday Jam	3-4:30	W	\$22	10
HarmoniKatz Band	3:45-5:15	M	\$15	7
Hula Dance Class	11:45-12:40	M	\$15	6
Hula Performance Group	12:55-1:55	M	\$15	6
Ukulele Beginning	1:30-3	Tu	\$22	8
Ukulele Advanced Begin	3:15-4:45	Tu	\$22	8
Ukulele Strum & Sing	1:30-3:15	M	\$22	8
Yuan Chih Dance	10-11:30	F	\$15	8

LANGUAGE & SPECIAL INTEREST

Activity	Time	Day	Fee	Mtgs
Bridge - Advanced Beg.	10-12	Sa	\$22	4
Citizenship Class	8:15-9:45	M Tu F	\$20	8
Conversational English	10-11:45	M Tu	\$20	8
ESL-Basic & Easy	10-12	M	\$25	8
ESL-Intermediate	10-12	W	\$25	8
ESL-Advanced	11-1	Th	\$25	8
ESL-Int. Conversation	1:30-3	Tu	\$20	8
Humanities	10:30-12:30	T	\$40	8
Japanese - Beginning	11-12	Th	\$35	8
Japanese - Intermediate	9:45-10:45	Th	\$35	8
Mandarin Level 1	9-10:30	Th	\$40	8
Mandarin Level 2	10-11:30	F	\$40	8
Mandarin Level 3	9-10:30	Th	\$40	8
Nutrition Made Easy Lecture	1:30-3:30	F	\$25	1
Nutrition Made Easy Wkshp	10-12	W	\$40	1
US History Seminar	12:35-1:35	Tu	\$15	4

FITNESS

Chair Exercise	10:15-11:15	M Th	\$45	12
Feldenkrais	9:30-10:30	Tu	\$40	8
Hatha Yoga	2:30-3:30	Th	\$50	8
Mindfulness Meditation	2-3:15	M	\$15	8
Tai-Chi - Level I	8:30-9:25	Th	\$60	12
Tai-Chi - Level II	9:35-10:30	Th	\$60	12
Tai-Chi - Level III	10:40-11:35	Th	\$60	12
VivAsia Lotus	10-11	Sa	\$25	8
VivAsia Chair Lotus	11:15-12:15	Sa	\$25	8
Yoga for 50+	4-5	Tu	\$35	8
Yogalates @ QCC	3:45-4:45	F	\$40	8
Zumba Gold @ QCC	2:30-3:30	M	\$37	8
Zumba Gold @ QCC	2:30-3:30	F	\$37	8

EVENING CLASSES

Chinese Painting w/May S.	5:30-8	Th	\$56	8
Chinese Brush Painting	6:30-8:30	W	\$60	8
Line Dancing Beginning	7-8:30	Th	\$48	8
Line Dancing Beg./Int.	7-8:30	Tu	\$48	8
Yoga Foundations Int.	4:45-6:00	Th	\$56	8
Yoga Foundations	5:15-6:30	Tu	\$56	8

COMPUTERS & TECHNOLOGY

iPad Beginning	1-3	Tu	\$38	7
iPad/iPhone in Mandarin	1-3	W	\$22	4
iPad Intermediate	1-3	Th	\$38	7
MacBook Basics	1-3	Th	\$18	3
MacBook: Syncing, Back-Up, and Storage	1-3	Th	\$22	4

FUHSD CLASSES

Topics include painting, fitness, aerobics, strength training, tai chi, line dancing, and writing. For class descriptions, information, and to register, call 408.522.2700 or go to www.fuhsdadulthoodschool.com. Cupertino Senior Center membership is required to participate. Classes are held at the Senior Center.

DAC EXERCISE CLASS

Adapted Total Fitness

M/W/F, 9 - 9:50 a.m.; Th, 12:30 - 4:25 p.m.

This class is geared for seniors with a variety of physical challenges. To register or for more information, call Casey Regehr at 408-864-5409 or go online to www.deanza.edu/pe. Cupertino Senior Center membership is required to participate.

AARP PROGRAMS

AARP Smart Driver Safety Class

Full 8-hour class for those who have never taken the course before and 4-hour renewal class are both available. For more information and to register, call Ina Checkman at 408-257-6940. Must be 50+. Open to the public.

ADULT 50+ SOCIALS

Most social activities are free for members, except those activities that specify otherwise; senior guests pay a \$5 day pass. For more information visit us at www.cupertino.org/senior.

Card Playing

Monday-Wednesday, 12 - 4 p.m.; Thursday, 12 - 2 p.m.
Six tables available.

Ballroom Dance Social

2nd and 4th Monday, 2:05 - 3:35 p.m.
Drop in for fun and dancing.

Ping Pong Social

Tuesday, 8:30 - 11:30 a.m.; Friday, 1 - 4:30 p.m.
Two ping pong tables are available for play in a non-competitive environment for all levels. First come, first-served. Limited to 25 players for safety.

Book Discussion with Cupertino Library

1st Tuesday, 10:30 - 11:30 a.m.

Cupertino librarians will host a book discussion.

Monthly Movie

Last Wednesday of the month, 1:30 - 3:30 p.m.

Lemonade and popcorn provided. Check *The 50+ Scene* for movie selection.

Karaoke Weekly Social

Thursday, 1:15 - 4:30 p.m.

Join this group every Thursday for fun and singing.

Fletching 50+ Archery Social

1st and 3rd Thursday, 12:30 - 2:00 p.m.

Two bows with arrows are available to shoot indoors in this non-competitive environment for all levels. First come, first-served.

Open Bridge

Thursday, 2 - 4 p.m.

Form your own groups.

Rhythmairs Band

Friday, 9:30 - 11:30 a.m.

A 50+ Dixieland band practices and performs throughout the community. Come listen or audition to join. Visit the band online at tinyurl.com/rhythmairs.

Book Review

1st Friday, 1:30 - 3 p.m.

Discuss and learn about new books and meet new people.

Mah Jongg

Friday, 12 - 4 p.m.

Different styles are available, or bring your own.

Bingo

Friday, 1 - 3:30 p.m.

Come join us for an afternoon of bingo with light refreshments served. Bingo cards \$4-7.



ADULT 50+ EVENTS

Chinese New Year Birthday Bash

Wednesday, January 22, 12 p.m.

Join in celebrating the Year of the Rat with a delicious Chinese meal, lion dancers, and more! Members with January birthdays will be honored. Vegetarian option available when registering. Member fee \$12, senior guests add \$5 day pass. Space is limited. Preregistration required. Sign up online or at the front desk.

Karaoke New Year Party

Thursday, January 30, 12 p.m.

Join the Karaoke group in celebrating the new year with a Chinese lunch, singing, and dancing. Member fee \$13, senior guests add \$5 day pass. Space is limited. Preregistration required. Sign up online or at the front desk.

February Birthday Bash

Wednesday, February 12, 12 p.m.

Travel on with us to this Italian-themed luncheon. Enjoy salad, pasta, garlic bread, and tiramisu. Members with February birthdays will be honored. Vegetarian option available when registering. Space is limited. Preregistration required. Members \$12, senior guests add \$5 day pass. Sign up online or at the front desk.

Mardi Gras Travel Party

Tuesday, February 25, 1:30 p.m.

Join us for a New Orleans-style party and learn about what's new in our exciting travel program including day trips, overnight, and extended tours. Members free, senior guests pay \$5 day pass. Sign up online or at the front desk.

Age Well, Drive Smart

Wednesday, March 4, 9 a.m. - 1 p.m.

Presented by the California Highway Patrol, covering topics like: myths about older drivers, compensating for age-related changes, rules of the road, safe driving tips, and much more. Certificate upon completion, which some insurance companies may accept for discounts. Check with your insurance carrier. Members free, senior guest pay \$5 day pass. Sign up online or at the lobby table.

March Birthday Bash

Wednesday, March 18, 12 p.m.

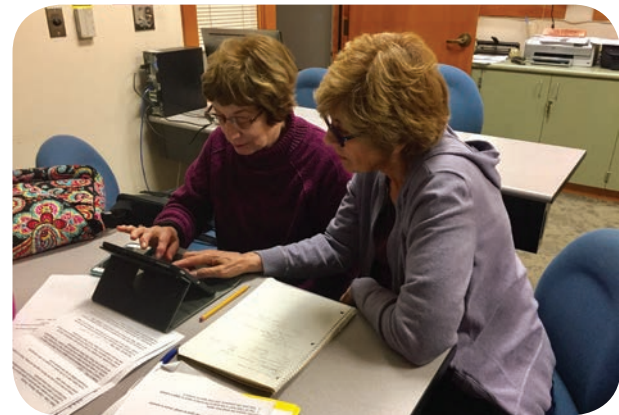
Join us for the Irish tradition of St. Patrick's Day featuring Irish entertainment plus a full meal of corned beef and cabbage, carrots, potatoes, and dessert. Members with March birthdays will be honored. Vegetarian option available when registering. Members \$12, senior guests add \$5 day pass. Space is limited. Preregistration required. Sign up online or at the front desk.

www.cupertino.org/senior

Tech Assistance

Tuesdays, 4 - 6:30 p.m., Saturday, 10 a.m. - 1 p.m.

Need assistance with your smart device or have a technological question? Come drop by and ask our Techie Teens! Bring questions regarding smartphones (Android/Apple), tablets (Samsung, iPad, Google, etc.), Kindles, email, Facebook, social applications (WeChat, Skype, Facetime, Line, Viber, etc.), or questions on general computer use. Both Mac and PC computers are available for members to use. Assistance is given on a first-come, first-served basis. Space is based on the capacity of the Technology Lab. Members free, senior guests pay \$5 day pass.



ADULT 50+ SPORTS

50+ Golf

Monday, 10 a.m. at Blackberry Farm Golf Course

Tee it up with fellow Cupertino Senior Center members on Monday mornings at the Blackberry Farm Golf Course. Course fees apply. Sign up in the ProShop.

50+ Tennis

Tuesday, 9 a.m. at Memorial Park Tennis Courts #5 & #6

Drop in and play to be social and exercise with other Cupertino Senior Center members.

50+ Bocce Ball

Wednesday, March-October, 9 a.m. at Blackberry Farm

Enjoy the outdoors at Blackberry Farm alongside the Stevens Creek Trail while teaming up with fellow Cupertino Senior Center members playing bocce ball. First time players welcome, instructions are available. Free for members.

50+ Softball

Thursday, March-December, 9 a.m.

Memorial Park is the home of the Cupertino Geezers who warm-up and take batting practice beginning at 9am. A pick-up game starts promptly at 10am each week. Fee is \$45 for the season. Senior Center membership is required.



ADULT 50+ SERVICES

Case Management Program

This program helps seniors obtain resources enabling them to remain independent and safe in their homes. Case Managers assess which services are needed, then work to ensure those services are available to clients. Home visits will be provided to homebound seniors living in Cupertino. This service is free and available in English and by appointment in Mandarin and Cantonese. Must be a Cupertino resident. For more information, please call 408-777-3157.

Drop-in Consultation

Every Wednesday, 10 a.m. - 12 p.m.

Case Managers are available to discuss community resources, benefits, and care options during the drop-in hours. Case Managers are also available by appointment. Mandarin/Cantonese available by appointment.

Blood Pressure Screening

1st and 3rd Tuesday, 12:15 - 1:15 p.m.

2nd and 4th Monday, 1:30 - 2:30 p.m.

Volunteer nurses provide free blood pressure screenings. Sign up at front desk on blood pressure day.

BART and VTA

65+ BART tickets are \$9, and on sale at the front desk. VTA bus line 81 stops right outside the Senior Center's door. VTA Tickets not available at the Senior Center. For a VTA Clipper Card, please visit www.vta.org.

Caregiver Support Group

Second Thursday, 3 - 4:30 p.m.

For family caregivers who are providing care for a loved one. Caregivers can share their experiences and challenges and seek support from others on the same journey. Open to the public.

Housing Consultation

By appointment only, 408-777-3150

Cupertino Senior Center provides lists of housing and offers one-on-one appointments to explore options.

Senior Adult Legal Aid (SALA)

By appointment only, 408-777-3150

Provides assistance for legal matters in public benefits, long-term care, elder abuse, housing, consumer issues, incapacity planning, probate alternative, and simple wills. Must be 60 or older and a Santa Clara County resident.

Health Insurance Counseling (HICAP)

By appointment only, 408-777-3150

Free, individual, unbiased counseling on Medicare, supplemental insurance, and other health insurance issues.



VOLUNTEERING

Volunteering at the Cupertino Senior Center

There are many different types of volunteer positions including interacting with members, teaching courses, behind-the-scenes, and even out in our community. Cupertino Senior Center volunteers play a pivotal role in creating a positive, healthy, connected community.

How to Apply

Prospective Senior Center volunteers must be current members of the Senior Center. Apply for Senior Center opportunities and all City of Cupertino volunteer opportunities at www.cupertino.org/volunteer.

GIFT CARDS

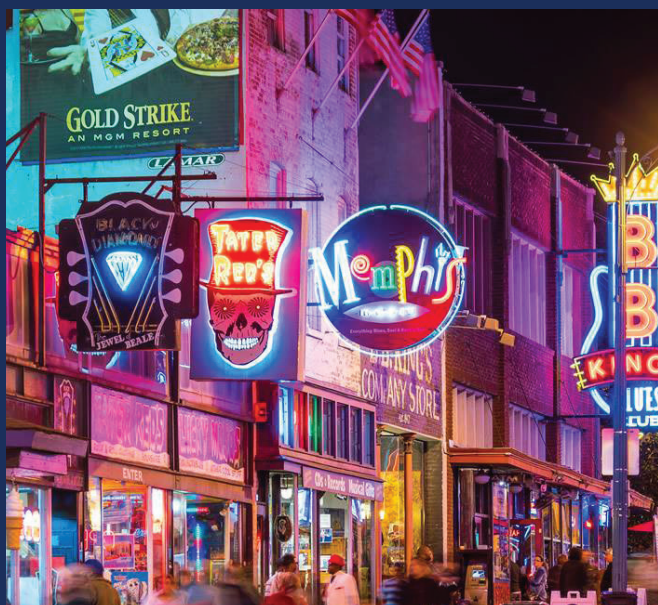
Cupertino Senior Center offers gift cards redeemable toward trips, special events, membership, or Cupertino Senior Center classes. Gift cards make great gifts for those 50+. Call 408-777-3150 for complete details.



CUPERTINO



Share Discovery Through Travel



America's Music Cities

8 days, May 22-29, 2020

Nashville - Memphis - New Orleans

Graceland - Historic RCA Studio B

Country Music Hall of Fame

Whiskey Distillery - Jazz Revue

Grand Ole Opry Show - Swamp

Tour Ryman Auditorium

French Quarter- Mardi Gras World

Dinner at Court of Two Sisters

Spotlight on the French Riviera

9 days, Oct. 31 - Nov. 8, 2020

Nice - Grasse - St. Tropez - Cannes

Fragonard Perfumery Workshop

Monaco - Monte Carlo Casino - Eze

St. Paul de Vence - Antibes

Villa Ephrussi de Rothschild

Saint-Jean-Cap-Ferrat - Vineyard Tour

Nice Flower Market



For more information, email AlexC@Cupertino.org, or call 408-777-3375

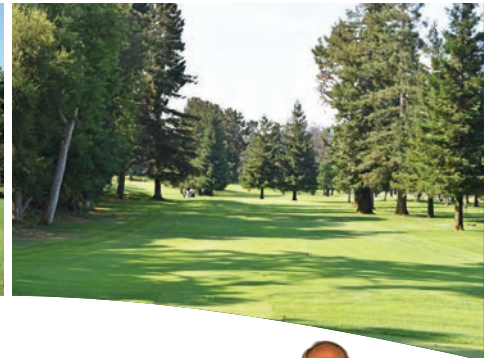


CUPERTINO



Blackberry Farm Golf Course

22100 Stevens Creek Blvd., Cupertino 95014 • 408-253-9200



Golf Lessons

Jeff Piserchio, PGA
 Lessons available by appointment
 Email Jeff at jpiserchio@cupertino.org



Green Fees

Weekday	Adult	Senior	Junior	Replay
Resident	\$16	\$15	\$15	\$12
Non-Resident	\$18	\$17	\$17	\$14
Weekend				
Resident	\$18	\$18	\$15	\$12
Non-Resident	\$20	\$20	\$17	\$14

	Single Lesson	3 Lessons	6 Lessons
Adult 18Y+	\$50R/\$55N	\$129R/\$141N	\$252R/\$276N
Juniors	\$35R/\$41N	\$90R/\$99N	\$174R/\$192N
Adult Semi-Private	\$35R/\$38N	\$90R/\$95N	\$192R/\$216R
Junior Semi-Private	\$26R/\$29N	\$69R/\$75N	\$132R/\$144N
Adult Playing Lesson	\$150		
Junior Playing Lesson	\$105		

Additional charges for extra students per package deal.

Family Special

Blackberry Farm Golf Course
Cupertino Residents \$28 | Non-Residents \$32

One Adult & One Junior (under 17) play for the discounted rate. Valid every day of the week, except holidays, after 11 am. Must present coupon upon check-in.

22100 Stevens Creek Blvd, Cupertino • 408-253-9200. Expires 2/15/2020.

Foot Golf

Blackberry Farm Golf Course
\$8.00 Foot Golf after 12:00 PM

Valid every day of the week, except holidays, after 12 pm. Must present coupon upon check-in.

22100 Stevens Creek Blvd, Cupertino • 408-253-9200. Expires 2/15/2020.



Closed Thanksgiving after 12 p.m., Christmas Day.



CUPERTINO SPORTS CENTER

The City of Cupertino Sports Center is a 6-acre site located across the street from De Anza College. The Sports Center is open to Cupertino residents and non-residents. We offer a variety of activities and you can pay by the day, the month, or the year!

Cupertino Sports Center offers:

- Fitness Room
- Fitness Classes
- Personal Training
- Child Watch
- Basketball
- Pickleball
- Badminton
- Table Tennis
- Tennis Courts
- Racquetball Courts
- LifeFitness Strength Training Equipment
- Free Weights
- Lifecycles
- Treadmills
- Precor AMT's
- LifeFitness Elliptical
- Adult Sports
- Locker Rooms
- Teen Center

Tennis, Table Tennis, & Badminton Camps & Classes
Registration will be accepted at the Sports Center, Quinlan Community Center, online at reg4rec.org, fax at 408-777-1305, or mail. More information, call 408-777-3160.

Private Tennis Instruction

Private, semi-private, and small group lessons may be arranged upon request. Please contact Lifetime Activities at 408-777-3169.

Cupertino Tennis Club

The Cupertino Tennis Club is co-sponsored by the City and is open to residents and nonresidents. CTC offers tournaments, interclub, social events, and sponsors teams, which compete in the USTA Nor-Cal Leagues.

Yearly Fee: Resident Family \$25, Nonresident Family \$30, Resident Single \$20, Non-resident Single \$25.

For more information please visit cupertinotennisclub.org

Cupertino Sports Center

Phone: 408-777-3160
2111 Stevens Creek Boulevard
cupertino.org/sportscenter

Hours of Operation

Monday-Friday 6am-10pm
Saturday 8am-10pm
Sunday 8am-8pm

Closed

July 4, Thanksgiving,
Christmas Eve, Christmas Day,
New Years Eve, New Years Day.



Membership Fees		
Type	Monthly	Yearly
Single	\$65R/\$75N	\$440R/\$475N
Couple	\$85R/\$100N	\$825R/\$900N
Family	\$105R/\$125N	\$920R/\$1000N
Senior	\$50R/\$60N	\$280R/\$395N
Student	\$30	N/A

Call for monthly specials. Prices are subject to change.

	DROP-IN FEE	10-PACK
Day Pass	\$10R/\$13N	\$90R/\$117N
Aerobics, Dance, Sculpting, Yoga, TRX, Pilates	\$10 per class/Member Free	
Basketball, Badminton, Pickleball, Table Tennis	\$10 per class/Member Free	\$63

Check out the schedule of fitness classes at cupertino.org/sportscenter



The Sports Center is Handicap Accessible, please let us know if you require any assistance.

LIFETIME ACTIVITIES GENERAL INFORMATION

Make-up Policy

In the event a class is canceled, make-up classes will be rescheduled (as time and weather permits) at the discretion of Lifetime Activities. Make-up classes tend to be on Saturdays and/or Sundays. Make-up classes are not offered due to student absences. Students/parents are responsible for calling or checking online at www.lifetimeactivities.com for make-up days and times.

Rain Policy

In the event of rain, contact the Lifetime Activities rain hotline at 408-252-4529. Please do not call any earlier than one hour before class is scheduled as conditions may change from hour to hour.

Bring Your Own Equipment

All students in all classes are asked to bring their own equipment to class. Equipment for tennis, table tennis, and badminton can be purchased in the Lifetime Activities Pro Shop at the Cupertino Sports Center, 408-777-3169.

Ball Machine Rental

Lifetime Activities offers a ball machine for rent at the Sports Center on our specialized ball machine court. You can rent this great practice and workout tool for 45 minutes or with long-term passes. For further information on products, services, and prices, please call 408-777-3169.

Tennis Pro Shop

The Cupertino Sports Center has an on-site pro shop, services include racquet stringing and regripping. There is a demo program to test out racquets and knowledgeable staff to assist you with any of your pro shop needs.

Locations of Classes

Youth classes take place at the Cupertino Sports Center. Adult classes may take place at the Cupertino Sports Center or Memorial Park tennis courts.

Refund Policy

See page 62.

Check-in/out for Children 14 Years and Younger

It is the policy of the Cupertino Parks & Recreation Department that all children 0-14 years of age must be checked in and out of classes and activities by a parent or guardian. Please see the instructor to check your child in and out. If you have questions regarding this policy, please call the Cupertino Parks & Recreation office at 408-777-3120.

More Lesson Options

If your preferred class is filled, please contact Lifetime Activities at 408-777-3169 to discuss other lesson options.





OF FITNESS, FUN, & FAMILIES

Saturday, January 11, 2020

9 a.m. - 11:30 a.m.

Cupertino Sports Center

21111 Stevens Creek Blvd, Cupertino, CA 95014

OPEN HOUSE

We're celebrating 30-years of the Cupertino Sports Center at our annual Open House! Give a group class a try, test out your tennis swing, put your name into the raffle, or take advantage of membership specials!

- **Raffles**
- **Games**
- **Activities for Kids**
- **Membership Specials**
- **Free Gift** for the first 300 people
- **Demo Classes**
- **& More!**

cupertino.org/sportscenter



Register at reg4rec.org

CAMPS

Little Ballers Camp 4-6Y

Little basketball students will work on improving their hand and eye coordination through a series of drills and games. Bring a water bottle and snack. *Class ratio is 4:1.*

Sports Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8914	M-F	10:30a-12:00p	2/17-2/21	5	\$195	\$234

Instructor:Lifetime Activities Staff

Little Tennis & Ballers Camp 4-6Y

Our friendly coaches make learning fun through a variety of games, drills and skill challenges. Students are grouped by age and experience level. *Class ratio is 4:1.*

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9006	M-F	9:00a-12:00p	2/17-2/21	5	\$351	\$421

Instructor:Lifetime Activities Staff

Little Tennis & Rallyers Camp 4-6Y

Our friendly coaches make learning fun through a variety of games, drills and skill challenges. Students are grouped by age and experience level. *Class ratio is 4:1.*

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8918	M-F	9:00a-10:30a	2/17-2/21	5	\$195	\$234

Instructor:Lifetime Activities Staff

Bball/Chess/Tennis/Volley/Table Tennis 6-15Y

Full day camp options for players of all levels. These camps give players the ability to learn a variety of different sports. There is a supervised lunch break, please bring water, hat, sunscreen, lunch/snacks, and sports equipment.

Sports Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8875	M-F	9:00a-5:45p	2/17-2/21	5	\$499	\$599

Instructor:Lifetime Activities Staff

Tennis/Badminton/Table Tennis Camp 6-15Y

Full day camp options for players of all levels. These camps give players the ability to learn a variety of different sports. There is a supervised lunch break, please bring water, hat, sunscreen, lunch/snacks, and sports equipment.

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8876	M-F	9:00a-5:45p	2/17-2/21	5	\$499	\$599

Instructor:Lifetime Activities Staff

Tennis/Badminton/Chess/Table Tennis 6-15Y

Full day camp options for players of all levels. These camps give players the ability to learn a variety of different sports. There is a supervised lunch break, please bring water, hat, sunscreen, lunch/snacks, and sports equipment.

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8877	M-F	9:00a-5:45p	2/17-2/21	5	\$499	\$499

Instructor:Lifetime Activities Staff

Tennis/Basketball/Volleyball/Chess 6-15Y

Full day camp options for players of all levels. These camps give players the ability to learn a variety of different sports. There is a supervised lunch break, please bring water, hat, sunscreen, lunch/snacks, and sports equipment.

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8878	M-F	9:00a-5:45p	2/17-2/21	5	\$499	\$599

Instructor:Lifetime Activities Staff

Badminton Camp

6-15Y

Badminton is the fastest racket sport! Experience the speed and excitement in our popular badminton skills camp. Badminton-specific footwork and stroke fundamentals will be emphasized. Point play style drills and games keep learning fun. Students are grouped by age and ability level. Bring a snack and water bottle. *Class ratio is 8:1.*

Multi-purpose Room at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8901	M-F	1:00p-4:00p	2/17-2/21	5	\$225	\$270

Instructor:Lifetime Activities Staff

Basketball Camp Outdoors

6-15Y

Hoop it up! Students will learn the passing, dribbling, and shooting techniques needed to play on a team. They will also learn the roles of the guard, forward and center positions. *Class ratio is 8:1.*

Sports Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8904	M-F	9:00a-11:30a	2/17-2/21	5	\$250	\$300

Instructor:Lifetime Activities Staff

Chess Camp

6-15Y

Chess is the fun game of strategy which improves focus and problem solving skills. Both our class and camp offerings utilize puzzles, timed play, chess notation, and alternative play formats in order to create a diverse and fun learning environment. *Class ratio is 8:1.*

Conference Room at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9740	M-F	12:00p-1:00p	2/17-2/21	5	\$100	\$120
9741	M-F	1:00p-2:30p	2/17-2/21	5	\$150	\$180
9742	M-F	2:30p-4:00p	2/17-2/21	5	\$150	\$180
9743	M-F	4:15p-5:45p	2/17-2/21	5	\$150	\$180

Instructor:Lifetime Activities Staff

Improvement & Matchplay Tennis Camp

6-15Y

The improvement camp is tailored for beginning to intermediate level players interested in experiencing tennis in a non-competitive atmosphere. No previous experience is required for this camp. Students will be evaluated on the first day and then grouped by age and level of experience. The match play camp is designed for junior players who wish to push their game to the next level. Players participate in fast paced drills and games designed to challenge and develop their skills. Instructors focus on developing point and match skills through encouragement and positive coaching. Players should bring: Water (large jug or thermos), hat, tennis racquet, sunscreen and a light snack.

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9007	M-F	9:00a-12:00p	2/17-2/21	5	\$225	\$270
9008	M-F	1:00p-2:30p	2/17-2/21	5	\$113	\$136

Instructor:Lifetime Activities Staff

Table Tennis Camp

6-15Y

An exciting week of fun and skill building. Students work on fundamentals, patterns and strategies including offense and defense techniques. Students are grouped by age and ability for fun point and match play activities. Players are asked to bring a paddle as well as a snack and water bottle.

Multi-purpose Room at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8924	M-F	4:15p-5:45p	2/17-2/21	5	\$113	\$136

Instructor:Lifetime Activities Staff

Badminton & Table Tennis Camp

6-15Y

Half day camp options for players of all levels. These camps give players the ability to learn a variety of different sports. There is a supervised lunch break, please bring water, hat, sunscreen, lunch, snacks, and sports equipment.

Multi-purpose Room at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8889	M-F	1:00p-5:45p	2/17-2/21	5	\$305	\$366

Instructor:Lifetime Activities Staff

Basketball & Chess Camp

6-15Y

Half day camp options for players of all levels. These camps give players the ability to learn a variety of different sports. There is a supervised lunch break, please bring water, hat, sunscreen, lunch/snacks, and sports equipment.

Sports Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8890	M-F	9:00a-1:00p	2/17-2/21	5	\$324	\$389

Instructor:Lifetime Activities Staff

Basketball/Volleyball/Table Tennis

6-15Y

Half day camp options for players of all levels. These camps give players the ability to learn a variety of different sports. There is a supervised lunch break, please bring water, hat, sunscreen, lunch/snacks, and sports equipment.

Sports Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8891	M-F	1:00p-5:45p	2/17-2/21	5	\$331	\$398

Instructor:Lifetime Activities Staff

Tennis & Basketball Camp

6-15Y

Full day camp options for players of all levels. These camps give players the ability to learn a variety of different sports. There is a supervised lunch break, please bring water, hat, sunscreen, lunch/snacks, and sports equipment.

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8892	M-F	9:00a-2:30p	2/17-2/21	5	\$347	\$417

Instructor:Lifetime Activities Staff

Tennis & Chess Camp

6-15Y

Full day camp options for players of all levels. These camps give players the ability to learn a variety of different sports. There is a supervised lunch break, please bring water, hat, sunscreen, lunch, snacks, and sports equipment.

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8893	M-F	9:00a-2:30p	2/17-2/21	5	\$347	\$417

Instructor:Lifetime Activities Staff

YOUTH TENNIS

Tournament Training

These year round programs are designed to prepare students for tennis tournaments. Students learn from certified instructors and former touring pros with over 20 years of coaching experience. Contact John Vest for more info at 408-777-3385.

Little Tennis

4-6Y

Little Tennis is the ideal introduction to the game for young players our team of enthusiastic and friendly coaches help students have fun developing the footwork, motor skills, and basic strokes needed to play tennis. Correct size equipment can be purchased from an expert in the Lifetime Pro Shop. *Class ratio is 4:1.*

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9088	F	5:00p-6:00p	1/3-1/31	5	\$130	\$156
9090	Sa	9:30a-10:30a	1/4-2/1	5	\$130	\$156
9092	Sa	10:30a-11:30a	1/4-2/1	5	\$130	\$156
9094	Su	9:30a-10:30a	1/5-2/2	5	\$130	\$156
9096	Su	10:30a-11:30a	1/5-2/2	5	\$130	\$156
9084	Tu	3:00p-4:00p	1/7-2/4	5	\$130	\$156
9086	W	6:00p-7:00p	1/8-2/5	5	\$130	\$156
9089	F	5:00p-6:00p	2/7-3/6	5	\$130	\$156
9091	Sa	9:30a-10:30a	2/8-3/7	5	\$130	\$156
9093	Sa	10:30a-11:30a	2/8-3/7	5	\$130	\$156
9095	Su	9:30a-10:30a	2/9-3/8	5	\$130	\$156
9097	Su	10:30a-11:30a	2/9-3/8	5	\$130	\$156
9085	Tu	3:00p-4:00p	2/11-3/10	5	\$130	\$156
9087	W	6:00p-7:00p	2/12-3/11	5	\$130	\$156

Instructor:Lifetime Activities Staff

Little Rallyers

5-7Y

Graduates from Little Tennis or new students with prior experience and instructor approval. The Little Rallyers program further develops students technique to get them rallying fast students love our games that mimic real tennis and our coaches are experts at keeping it fun and engaging. *Class ratio is 4:1.*

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9025	F	5:00p-6:00p	1/3-1/31	5	\$130	\$156
9027	F	6:00p-7:00p	1/3-1/31	5	\$130	\$156
9098	Sa	10:30a-11:30a	1/4-2/1	5	\$130	\$156
9100	Su	10:30a-11:30a	1/5-2/2	5	\$130	\$156
9019	M	6:00p-7:00p	1/6-2/3	5	\$130	\$156
9021	W	3:00p-4:00p	1/8-2/5	5	\$130	\$156
9023	Th	6:00p-7:00p	1/9-2/6	5	\$130	\$156
9026	F	5:00p-6:00p	2/7-3/6	5	\$130	\$156
9028	F	6:00p-7:00p	2/7-3/6	5	\$130	\$156
9099	Sa	10:30a-11:30a	2/8-3/7	5	\$130	\$156
9101	Su	10:30a-11:30a	2/9-3/8	5	\$130	\$156
9020	M	6:00p-7:00p	2/10-3/9	5	\$130	\$156
9022	W	3:00p-4:00p	2/12-3/11	5	\$130	\$156
9024	Th	6:00p-7:00p	2/13-3/12	5	\$130	\$156
9103	Th	6:00p-7:00p	2/13-3/12	5	\$130	\$156

Instructor:Lifetime Activities Staff

Little Champs

6-8Y

Little Champs is designed to get our young players playing points and real games while emphasizing technique and motor skills needed to compete at higher levels. Our fun approach includes drills, point play, footwork, and other challenging activities. Students are strongly encouraged to attend twice a week. Graduates from this program may enter our Competition Training program. *Class ratio is 4:1.*

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9000	F	6:00p-7:00p	1/3-1/31	5	\$130	\$156
9002	Sa	12:00p-1:00p	1/4-2/1	5	\$130	\$156
9004	Su	12:00p-1:00p	1/5-2/2	5	\$130	\$156
9114	M	6:00p-7:00p	1/6-2/3	5	\$130	\$156
9116	Tu	6:00p-7:00p	1/7-2/4	5	\$130	\$156
9118	W	6:00p-7:00p	1/8-2/5	5	\$130	\$156
9121	F	6:00p-7:00p	2/7-3/6	5	\$130	\$156
9123	Sa	12:00p-1:00p	2/8-3/7	5	\$130	\$156
9125	Su	12:00p-1:00p	2/9-3/8	5	\$130	\$156
9115	M	6:00p-7:00p	2/10-3/9	5	\$130	\$156
9117	Tu	6:00p-7:00p	2/11-3/10	5	\$130	\$156
9119	W	6:00p-7:00p	2/12-3/11	5	\$130	\$156

Instructor:Lifetime Activities Staff

Ready! Rally! Play!

7-15Y

READY! Our entry level is focused on developing the skills necessary to play the sport of tennis. We focus on fun activities that develop technique, ball striking, tracking, racket control and footwork.

RALLY! This level continues the tennis journey by focusing on rallying and ball control. Players will continue to develop technique using the ball and court size appropriate for their age and level.

Players should be able to hold a simple rally and get their serve in consistently before moving on to **PLAY!** The **PLAY!** level places an emphasis on the skills necessary to play a real match. Coaches will continue to develop modern swing techniques as players focus on movement and ball control. Players graduating from the **PLAY!** level can demonstrate the skills necessary to play a match at the Orange or Green Ball level and are ready to move into our Junior Development family of classes or try-out for the Competition Training program.

Tennis Court at Cupertino Sports Center

4:1 Class Ratio						
Codes	Days	Times	Dates	Mtgs	R	NR
9299	F	3:30p-5:00p	1/3-1/31	5	\$195	\$234
9301	Sa	9:00a-10:30a	1/4-2/1	5	\$195	\$234
9303	Sa	10:30a-12:00p	1/4-2/1	5	\$195	\$234
9305	Sa	2:00p-3:30p	1/4-2/1	5	\$195	\$234
9307	Sa	5:30p-7:00p	1/4-2/1	5	\$195	\$234
9309	Su	9:00a-10:30a	1/5-2/2	5	\$195	\$234
9311	Su	10:30a-12:00p	1/5-2/2	5	\$195	\$234
9313	Su	2:00p-3:30p	1/5-2/2	5	\$195	\$234
9315	Su	5:30p-7:00p	1/5-2/2	5	\$195	\$234
9295	Tu	4:30p-6:00p	1/7-2/4	5	\$195	\$234
9297	Th	4:30p-6:00p	1/9-2/6	5	\$195	\$234
9300	F	3:30p-5:00p	2/7-3/6	5	\$195	\$234
9302	Sa	9:00a-10:30a	2/8-3/7	5	\$195	\$234
9304	Sa	10:30a-12:00p	2/8-3/7	5	\$195	\$234
9306	Sa	2:00p-3:30p	2/8-3/7	5	\$195	\$234
9308	Sa	5:30p-7:00p	2/8-3/7	5	\$195	\$234
9310	Su	9:00a-10:30a	2/9-3/8	5	\$195	\$234
9312	Su	10:30a-12:00p	2/9-3/8	5	\$195	\$234
9314	Su	2:00p-3:30p	2/9-3/8	5	\$195	\$234
9316	Su	5:30p-7:00p	2/9-3/8	5	\$195	\$234
9296	Tu	4:30p-6:00p	2/11-3/10	5	\$195	\$234
9298	Th	4:30p-6:00p	2/13-3/12	5	\$195	\$234
8:1 Class Ratio						
Codes	Days	Times	Dates	Mtgs	R	NR
9321	F	3:30p-5:00p	1/3-1/31	5	\$120	\$144
9323	Sa	2:00p-3:30p	1/4-2/1	5	\$120	\$144
9325	Su	2:00p-3:30p	1/5-2/2	5	\$120	\$144
9317	M	4:30p-6:00p	1/6-2/3	5	\$120	\$144
9319	W	4:30p-6:00p	1/8-2/5	5	\$120	\$144
9322	F	3:30p-5:00p	2/7-3/6	5	\$120	\$144
9324	Sa	2:00p-3:30p	2/8-3/7	5	\$120	\$144
9326	Su	2:00p-3:30p	2/9-3/8	5	\$120	\$144
9318	M	4:30p-6:00p	2/10-3/9	5	\$120	\$144
9320	W	4:30p-6:00p	2/12-3/11	5	\$120	\$144

Instructor:Lifetime Activities Staff

Bronze Team

7-16Y

For graduates of the **PLAY!** Program or those who can demonstrate a rally and can get a serve in the correct service box consistently. Students will be introduced to modern playing techniques, spins, and footwork. Strokes will be refined to encourage a full court game. *Class ratio is 8:1.*

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9340	F	5:30p-7:30p	1/3-1/31	5	\$160	\$192
9342	Sa	3:30p-5:30p	1/4-2/1	5	\$160	\$192
9344	Su	3:30p-5:30p	1/5-2/2	5	\$160	\$192
9338	M	4:00p-6:00p	1/6-2/3	5	\$160	\$192
9341	F	5:30p-7:30p	2/7-3/6	5	\$160	\$192
9343	Sa	3:30p-5:30p	2/8-3/7	5	\$160	\$192
9345	Su	3:30p-5:30p	2/9-3/8	5	\$160	\$192
9339	M	4:00p-6:00p	2/10-3/9	5	\$160	\$192

Instructor:Lifetime Activities Staff

Silver/Gold Team

8-16Y

Silver team students are capable players who can rally consistently from the baseline and demonstrate basic left and right ball control. Players should also be able to demonstrate a proper serve and have topspin on at least one stroke. More advanced footwork technique will be introduced to improve court coverage. Gold team players build the skills necessary to be an advanced all-court player. Players at this level have advanced ball control and the ability to apply spin on all shots. A consistent serve with spin and proper grip is also required. Players at this level often compete for their school teams or play USTA Tournaments. *Class ratio is 8:1.*

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9348	F	7:30p-9:30p	1/3-1/31	5	\$160	\$192
9350	Sa	3:30p-5:30p	1/4-2/1	5	\$160	\$192
9352	Su	3:30p-5:30p	1/5-2/2	5	\$160	\$192
9346	W	4:00p-6:00p	1/8-2/5	5	\$160	\$192
9349	F	7:30p-9:30p	2/7-3/6	5	\$160	\$192
9351	Sa	3:30p-5:30p	2/8-3/7	5	\$160	\$192
9353	Su	3:30p-5:30p	2/9-3/8	5	\$160	\$192
9347	W	4:00p-6:00p	2/12-3/11	5	\$160	\$192

Instructor:Lifetime Activities Staff

Shoggy's Match Play

7-15Y

This program is for current private lesson students of Shoggy Park. Students will learn to play in a match play format conducted by Shoggy and his assistants.

Sports Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8921	Sa	8:00p-9:30p	1/4-3/7	10	\$120	\$144

Instructor:Lifetime Activities Staff

ADULT TENNIS



ADULT FRIDAY NIGHT TENNIS

FRIDAYS 7 PM - 9:40 PM

\$3 for members \$8 for non-members

Non-Competitive Format

All Levels Welcome

New Players Welcome!

Beginning Tennis

16Y+

For students with little or no previous tennis instruction. Students will be introduced to the forehand, backhand, serve, and basic point play. *Class ratio is 6:1.*

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9334	Sa	8:00a-9:00a	1/4-2/1	5	\$110	\$132
9336	Su	8:00a-9:00a	1/5-2/2	5	\$110	\$132
9328	M	7:00p-8:30p	1/6-2/3	5	\$165	\$198
9330	W	9:00a-10:30a	1/8-2/5	5	\$165	\$198
9332	W	7:00p-8:30p	1/8-2/5	5	\$165	\$198
9335	Sa	8:00a-9:00a	2/8-3/7	5	\$110	\$132
9337	Su	8:00a-9:00a	2/9-3/8	5	\$110	\$132
9329	M	7:00p-8:30p	2/10-3/9	5	\$165	\$198
9331	W	9:00a-10:30a	2/12-3/11	5	\$165	\$198
9333	W	7:00p-8:30p	2/12-3/11	5	\$165	\$198

Instructor:Lifetime Activities Staff

Adv. Beginning Tennis

16Y+

For students completing at least two sessions of the beginning tennis program. In this level we will be adding movement to the groundstroke rallying and improving the serving technique. *Class ratio is 6:1.*

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9290	Sa	8:00a-9:00a	1/4-2/1	5	\$110	\$132
9292	Su	9:00a-10:30a	1/5-2/2	5	\$165	\$198
9284	M	7:00p-8:30p	1/6-2/3	5	\$165	\$198
9286	W	10:30a-12:00p	1/8-2/5	5	\$165	\$198
9288	W	7:00p-8:30p	1/8-2/5	5	\$165	\$198
9291	Sa	8:00a-9:00a	2/8-3/7	5	\$110	\$132
9293	Su	9:00a-10:30a	2/9-3/8	5	\$165	\$198
9285	M	7:00p-8:30p	2/10-3/9	5	\$165	\$198
9287	W	10:30a-12:00p	2/12-3/11	5	\$165	\$198
9289	W	7:00p-8:30p	2/12-3/11	5	\$165	\$198

Instructor:Lifetime Activities Staff

Intermediate Tennis

16Y+

For students completing at least two sessions of the advanced beginning program. Students will be introduced to volleys and overheads while improving overall confidence and consistency of the forehand, backhand and serve. *Class ratio is 6:1.*

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8912	M	7:00p-8:30p	1/6-2/3	5	\$165	\$198
8992	W	7:00p-8:30p	1/8-2/5	5	\$165	\$198
8991	M	7:00p-8:30p	2/10-3/9	5	\$165	\$198
8993	W	7:00p-8:30p	2/12-3/11	5	\$165	\$198

Instructor:Lifetime Activities Staff

Drill Tennis

16Y+

Drill classes allow players to practice a variety of shots and point play scenarios through fast paced drills and games you will hit a lot of balls and get the practice you need. *Class ratio is 6:1.*

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8910	Sa	8:00a-9:00a	1/4-2/1	5	\$110	\$132
8990	Sa	8:00a-9:00a	2/8-3/7	5	\$110	\$132

Instructor:Lifetime Activities Staff

Academy 3.0+

Academy classes focus on helping players improve the skills necessary to compete at their current level and beyond. You will hit a lot of balls and get the practice you need! **Prerequisite: Intermediate level students and above.**

16Y+

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9278	Sa	9:00a-10:30a	1/4-2/1	5	\$165	\$198
9280	Tu	9:30a-11:00a	1/7-2/4	5	\$165	\$198
9279	Sa	9:00a-10:30a	2/8-3/7	5	\$165	\$198
9281	Tu	9:30a-11:00a	2/11-3/10	5	\$165	\$198

Instructor:Lifetime Activities Staff

Academy 3.5+

Academy classes focus on helping players improve the skills necessary to compete at their current level and beyond. You will hit a lot of balls and get the practice you need! **Prerequisite: Intermediate level students and above.**

16Y+

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9282	Th	7:00p-8:30p	1/9-2/6	5	\$165	\$198
9283	Th	7:00p-8:30p	2/13-3/12	5	\$165	\$198

Instructor:Lifetime Activities Staff

YOUTH SPORTS

Little Ballers

Little Ballers is designed for our future NBA superstars. This class combines learning and fun with unique games, equipment, and enthusiastic coaches. This program is the perfect compliment to any Little Tennis program for faster motor skill development. *Ratio is 4:1.*

4-6Y

Sports Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9812	Sa	11:00a-12:00p	1/4-2/1	5	\$130	\$156
8913	Tu	3:00p-4:00p	1/7-2/4	5	\$130	\$156
8995	Th	3:00p-4:00p	1/9-2/6	5	\$130	\$156
9813	Sa	11:00a-12:00p	2/8-3/7	5	\$130	\$156
8994	Tu	3:00p-4:00p	2/11-3/10	5	\$130	\$156
8996	Th	3:00p-4:00p	2/13-3/12	5	\$130	\$156

Instructor:Lifetime Activities Staff

Little Champs & Chess

Combo classes are twice as much fun as a single focus program. *Class ratio is 8:1.*

5-7Y

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8886	Su	12:00p-2:30p	1/5-2/2	5	\$266	\$319
8938	Su	12:00p-2:30p	2/9-3/8	5	\$266	\$319

Instructor:Lifetime Activities Staff

Chess

Great activity for cognitive development! Beginners will learn rules of the game and basic strategies. Intermediate-level students will learn openings, middle-games and end-game approaches. Chess notation and timed play may be explored during class. *Class ratio 8:1.*

6-12Y

Conference Room at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9368	F	5:00p-6:00p	1/3-1/31	5	\$100	\$120
9370	F	6:00p-7:00p	1/3-1/31	5	\$100	\$120
9372	Sa	10:30a-11:30a	1/4-2/1	5	\$100	\$120
9374	Sa	1:30p-3:00p	1/4-2/1	5	\$150	\$180
9376	Sa	3:00p-4:30p	1/4-2/1	5	\$150	\$180
9378	Su	12:00p-1:00p	1/5-2/2	5	\$100	\$120
9380	Su	1:00p-2:30p	1/5-2/2	5	\$150	\$180
9364	Tu	6:00p-7:00p	1/7-2/4	5	\$100	\$120
9366	Th	6:00p-7:00p	1/9-2/6	5	\$100	\$120
9369	F	5:00p-6:00p	2/7-3/6	5	\$100	\$120
9371	F	6:00p-7:00p	2/7-3/6	5	\$100	\$120
9373	Sa	10:30a-11:30a	2/8-3/7	5	\$100	\$120
9375	Sa	1:30p-3:00p	2/8-3/7	5	\$150	\$180
9377	Sa	3:00p-4:30p	2/8-3/7	5	\$150	\$180
9379	Su	12:00p-1:00p	2/9-3/8	5	\$100	\$120
9381	Su	1:00p-2:30p	2/9-3/8	5	\$150	\$180
9365	Tu	6:00p-7:00p	2/11-3/10	5	\$100	\$120
9367	Th	6:00p-7:00p	2/13-3/12	5	\$100	\$120

Instructor:Lifetime Activities Staff

Basketball & Chess

Combo classes are twice as much fun as a single focus program. *Class ratio is 8:1.*

7-15Y

Multi-purpose Room at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8929	F	4:05p-7:00p	1/3-1/31	5	\$248	\$298
8885	F	6:00p-8:45p	1/3-1/31	5	\$248	\$298
8882	Tu	4:05p-7:00p	1/7-2/4	5	\$248	\$298
8927	Th	4:05p-7:00p	1/9-2/6	5	\$248	\$298
8930	F	4:05p-7:00p	2/7-3/6	5	\$248	\$298
8937	F	6:00p-8:45p	2/7-3/6	5	\$248	\$298
8926	Tu	4:05p-7:00p	2/11-3/10	5	\$248	\$298
8928	Th	4:05p-7:00p	2/13-3/12	5	\$248	\$298

Instructor:Lifetime Activities Staff

Chess & Badminton

Combo classes are twice as much fun as a single focus program. *Class ratio is 8:1.*

7-15Y

Conference Room at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8883	Sa	1:30p-4:30p	1/4-2/1	5	\$311	\$374
8935	Sa	1:30p-4:30p	2/8-3/7	5	\$311	\$374

Instructor:Lifetime Activities Staff

Chess & Table Tennis**7-15Y**

Combo classes are twice as much fun as a single focus program. *Class ratio is 8:1.*

Conference Room at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8884	Su	1:00p-4:00p	1/5-2/2	5	\$248	\$298
8936	Su	1:00p-4:00p	2/9-3/8	5	\$248	\$298

Instructor:Lifetime Activities Staff

Tennis & Chess**7-15Y**

Combo classes are twice as much fun as a single focus program. *Class ratio is 8:1.*

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8887	Su	10:30a-1:00p	1/5-2/2	5	\$266	\$319
8939	Su	10:30a-1:00p	2/9-3/8	5	\$266	\$319

Instructor:Lifetime Activities Staff

Volleyball & Chess**7-15Y**

Combo classes are twice as much fun as a single focus program. *Class ratio is 8:1.*

Sports Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8888	Th	4:05p-7:00p	1/9-2/6	5	\$248	\$298
8940	Th	4:05p-7:00p	2/13-3/12	5	\$248	\$298

Instructor:Lifetime Activities Staff

Activities Night**7-15Y**

Players will be able to enjoy a variety of sports and activities while parents enjoy an evening out.

Tennis Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8896	F	6:00p-8:00p	1/17	1	\$25	\$25

Instructor:Lifetime Activities Staff

Badminton Beginner-Intermediate**7-15Y**

Beginning-Intermediate players will develop basic serve, overhead and net-play techniques. All classes will integrate both training and rally elements. Rackets may be purchased in the Lifetime Activities Pro-Shop. Athletic attire/footwear required.

Multi-purpose Room at Cupertino Sports Center

Class Ratio 4:1						
Codes	Days	Times	Dates	Mtgs	R	NR
8899	Sa	1:30p-3:00p	1/4-2/1	5	\$195	\$234
8958	Sa	3:00p-4:30p	1/4-2/1	5	\$195	\$234
8957	Sa	1:30p-3:00p	2/8-3/7	5	\$195	\$234
8959	Sa	3:00p-4:30p	2/8-3/7	5	\$195	\$234

Class Ratio 8:1						
Codes	Days	Times	Dates	Mtgs	R	NR
8961	Sa	4:30p-6:00p	1/4-2/1	5	\$120	\$144
8963	Su	4:00p-5:30p	1/5-2/2	5	\$120	\$144
8900	M	4:05p-5:50p	1/6-2/3	5	\$140	\$168
8962	Sa	4:30p-6:00p	2/8-3/7	5	\$120	\$144
8964	Su	4:00p-5:30p	2/9-3/8	5	\$120	\$144
8960	M	4:05p-5:50p	2/10-3/9	5	\$140	\$168

Instructor:Lifetime Activities Staff

Badminton Advanced**7-15Y**

Advanced level players will develop shot selection and singles/doubles match-play strategies. Rackets may be purchased in the Lifetime Activities Pro-Shop. Appropriate athletic attire/footwear required. *Class ratio is 8:1.*

Multi-purpose Room at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8898	Sa	6:00p-7:30p	1/4-2/1	5	\$120	\$144
8955	Sa	7:30p-9:00p	1/4-2/1	5	\$120	\$144
8954	Sa	6:00p-7:30p	2/8-3/7	5	\$120	\$144
8956	Sa	7:30p-9:00p	2/8-3/7	5	\$120	\$144

Instructor:Lifetime Activities Staff

Basketball Indoor

7-15Y

Students will learn passing, dribbling, and shooting techniques. Team play will be introduced and students will learn the roles of the guard, forward, and center positions. Offensive and defensive responsibilities will be introduced, along with game rules, vocabulary and recreational game play as skills improve. *Class ratio is 8:1.*

Multi-purpose Room at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9358	F	4:05p-5:50p	1/3-1/31	5	\$175	\$210
9360	F	7:00p-8:45p	1/3-1/31	5	\$175	\$210
9354	Tu	4:05p-5:50p	1/7-2/4	5	\$175	\$210
9356	Th	4:05p-5:50p	1/9-2/6	5	\$175	\$210
9359	F	4:05p-5:50p	2/7-3/6	5	\$175	\$210
9361	F	7:00p-8:45p	2/7-3/6	5	\$175	\$210
9355	Tu	4:05p-5:50p	2/11-3/10	5	\$175	\$210
9357	Th	4:05p-5:50p	2/13-3/12	5	\$175	\$210

Instructor:Lifetime Activities Staff

Basketball Outdoors

7-15Y

Students will learn passing, dribbling, and shooting techniques. Team play will be introduced and students will learn the roles of the guard, forward, and center positions. Offensive and defensive responsibilities will be introduced, along with game rules, vocabulary and recreational game play as skills improve. *Class ratio is 8:1.*

Sports Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9362	Sa	12:00p-1:30p	1/4-2/1	5	\$150	\$180
9363	Sa	12:00p-1:30p	2/8-3/7	5	\$150	\$180

Instructor:Lifetime Activities Staff

Table Tennis Beginner-Intermediate

7-15Y

Advanced Table Tennis integrates both training and rally elements in this program. Students must get instructor approval to enroll. *Class ratio is 8:1.*

Multi-purpose Room at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9076	Su	2:30p-4:00p	1/5-2/2	5	\$120	\$144
8923	W	4:05p-5:50p	1/8-2/5	5	\$140	\$168
9077	Su	2:30p-4:00p	2/9-3/8	5	\$120	\$144
9075	W	4:05p-5:50p	2/12-3/11	5	\$140	\$168

Instructor:Lifetime Activities Staff

Volleyball Outdoor

7-15Y

Students will learn the two-handed pass, set, overhead spike, the concept of a net block, and either the underhand or overhand serve as appropriate. Game play will be introduced and students will learn how to set, rotate, and how scoring works. Teamwork and sportsmanship will be emphasized at all skill levels. *Class ratio is 8:1.*

Sports Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
9870	Su	1:00p-2:30p	1/5-2/2	5	\$175	\$210
9079	Th	4:05p-5:50p	1/9-2/6	5	\$175	\$210
9871	Su	1:00p-2:30p	2/9-3/8	5	\$175	\$210
9080	Th	4:05p-5:50p	2/13-3/12	5	\$175	\$210

Instructor:Lifetime Activities Staff

Basketball League

9-12Y

Looking to play more basketball? This program is designed to practice your skills on the court playing against other youth. All games all the time. Previous basketball experience recommended.

Sports Court at Cupertino Sports Center

Codes	Days	Times	Dates	Mtgs	R	NR
8905	M,W	5:30p-6:30p	1/6-2/12	12	\$96	\$116
8973	M,W	6:45p-7:45p	1/6-2/12	12	\$96	\$116

Instructor:Recreation Staff

DROP-IN ADULT SPORTS

Drop-in adult sports are free for members or \$7 for non-members. Check in at the front desk.

Basketball

Monday & Thursday 8:00p-9:45p

Table Tennis

Tuesday 8:00p-9:45p

Pickle Ball

Wednesday 8:00p-9:45p (MPR)














































































Wednesday 6:30p-8:30p (Sport Court)

Badminton

Sunday 6:00p-7:45p

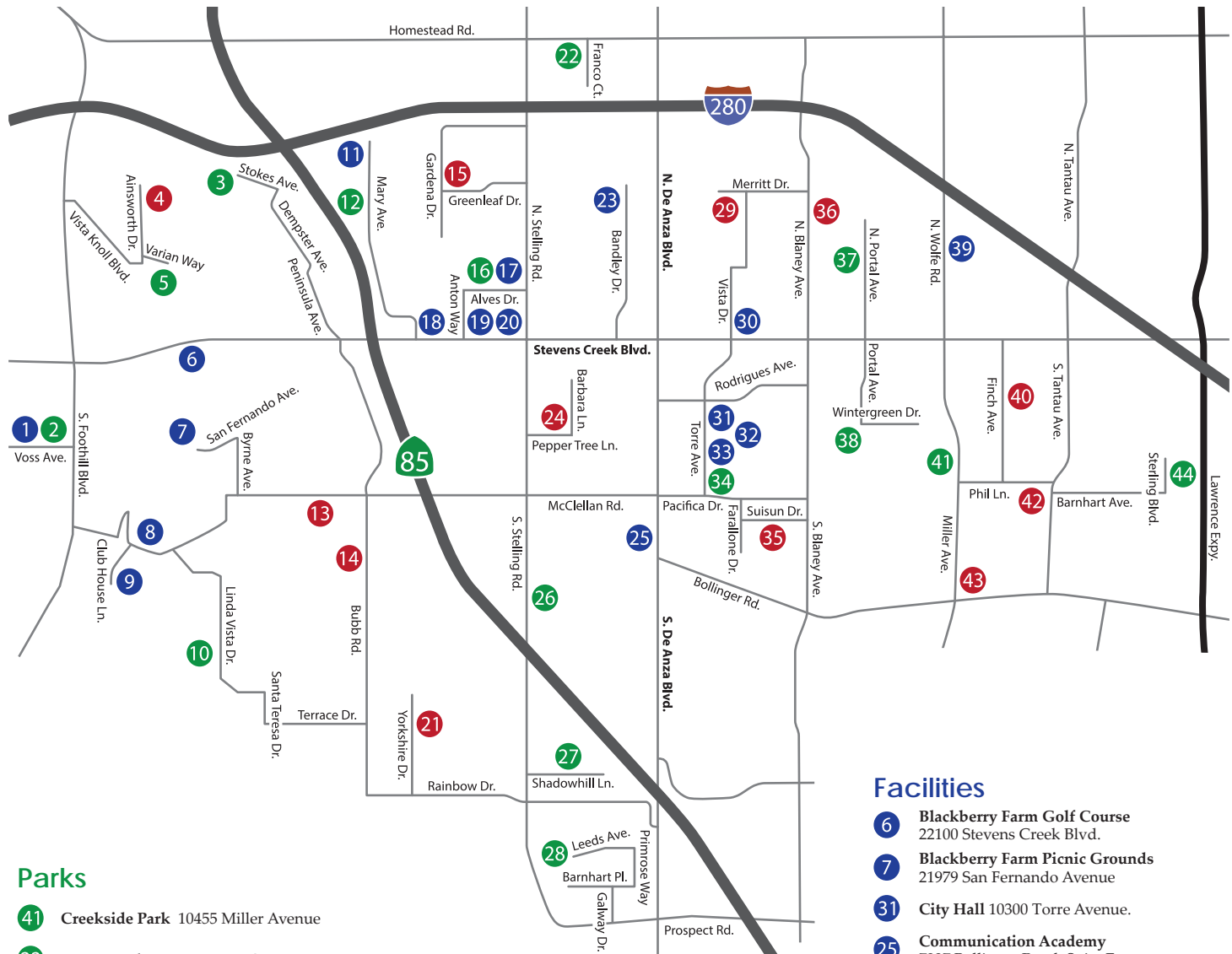


Cupertino Parks

City Parks & Locations	Play Structure	Grass Area	Picnic Area	BBQ	Tennis Court	Basketball Court	Sport Feilds	Restroom
Blackberry Farm* 21979 San Fernando Ave.								
Canyon Oak Park 21150 Canyon Oak Way								
Creekside 10455 Miller Ave.								
Franco Park 10981 Franco Court								
Hoover Park Leeds Ave.								
Jollyman Park 1000 S. Stelling Road								
Library Field Pacifica Drive								
Linda Vista Park* 11111 Linda Vista Drive								
Mary Avenue Dog Park 10309 Mary Ave								
Memorial Park* 21121 Stevens Creek Blvd.								
Monta Vista Park 22601 Voss Ave.								
Portal Park* 10225 N. Portal Ave.								
Somerset Park 10798 Stokes Ave.								
Sterling Barnhart Park 10486 Sterling Blvd.								
Three Oaks Park Candlelight Way								
Varian Park Varian Way								
Wilson Park 19784 Wintergreen Drive								

Cupertino offers many beautiful parks for your enjoyment, from large areas with expansive lawns to smaller neighborhood parks. *Blackberry Farm, Linda Vista, Memorial, and Portal, offer picnic/barbecue areas that can be reserved. Reservations for Linda Vista, Memorial, and Portal may be made in person at the Quinlan Community Center at 10185 N. Stelling Rd., during the hours of Monday-Thursday from 8 a.m. - 10 p.m., Friday from 8 a.m - 5 p.m., or Saturday from 8:30 a.m. - 4:30 p.m., or on-line at reg4rec.org. Reservations for Blackberry Farm can be made by calling 408-777-3140, online at www.blackberryfarm.org/reservation, or in person at Blackberry Farm. See www.cupertino.org for current office hours.

School, Facility, & Park Locations



Parks

- 41 Creekside Park 10455 Miller Avenue
- 22 Franco Park 10981 Franco Court
- 28 Hoover Park Leeds Avenue
- 26 Jollyman Park 1000 S. Stelling Road
- 34 Library Field Pacifica Drive
- 10 Linda Vista Park 11111 Linda Vista Drive
- 12 Mary Avenue Dog Park 10309 Mary Avenue
- 16 Memorial Park 21121 Stevens Creek Blvd.
- 2 Monta Vista Park 22601 Voss Avenue
- 37 Portal Park 10225 N. Portal Avenue
- 3 Somerset Park 10798 Stokes Avenue
- 44 Sterling Barnhart Park 10486 Sterling Blvd.
- 27 Three Oaks Park Candlelight Way
- 5 Varian Park Varian Way
- 38 Wilson Park 19784 Wintergreen Drive

Schools

- 36 Collins Elementary 10300 N. Blaney Avenue
- 40 Cupertino High School 10100 Finch Avenue
- 35 Eaton Elementary 20220 Suisun Drive
- 24 Faria Elementary 10155 Barbara Lane
- 15 Garden Gate Elementary 10500 Ann Arbor Avenue
- 43 Hyde Middle School 19325 Bollinger Road
- 14 Kennedy Middle School 821 Bubb Road
- 29 Lawson Middle School 10401 Vista Drive
- 13 Lincoln Elementary 21710 McClellan Road
- 21 Regnart Elementary 1170 Yorkshire Drive
- 42 Sedgwick Elementary 19200 Phil Lane
- 4 Stevens Creek Elementary 10300 Ainsworth Drive

Facilities

- 6 Blackberry Farm Golf Course 22100 Stevens Creek Blvd.
- 7 Blackberry Farm Picnic Grounds 21979 San Fernando Avenue
- 31 City Hall 10300 Torre Avenue.
- 25 Communication Academy 7337 Bollinger Road, Suite E.
- 32 Community Hall 10350 Torre Avenue
- 33 Cupertino Library 10800 Torre Avenue
- 19 Cupertino Sports Center 21111 Stevens Creek Blvd.
- 39 Cupertino Square Ice Center 10123 N. Wolfe Road
- 20 Cupertino Teen Center 21111 Stevens Creek Blvd.
- 9 Deep Cliff Golf Course 10700 Clubhouse Lane
- 23 Joyful Melodies Music School 10455 Bandlely Drive, Suite 300
- 8 McClellan Ranch Preserve & EEC 22221 McClellan Road
- 1 Monta Vista Recreation Center 22601 Voss Avenue
- 17 Quinlan Community Center 10185 N. Stelling Road
- 18 Senior Center 21251 Stevens Creek Blvd.
- 11 Service Center 10555 Mary Avenue
- 30 West Valley Community Services 10104 Vista Drive

Important Information

- Registration for Cupertino Residents begins **October 29, 2019**.
- Registration for Non-Residents begins **November 5, 2019**.
- Correctly completed registrations will have priority. Registration with incorrect or incomplete information or fees will not be processed.
- If requested, proof of age or proof of Cupertino residency may be required.
- Recreation Schedules will be available for pick-up at the Quinlan Community Center, Sports Center, Senior Center, and City Hall or may be found online at cupertino.org.
- Math Olympiads, College Prep, and LIT are subject to random processing.

General Information

Creating an account	Step 1: reg4rec.org Step 2: Click 'Create Account' Step 3: Complete your information!
Retrieving a forgotten password with a current email address	If you have an account but have forgotten your account PIN/password and the email address on your account is current, you can use the "Forgot My Password" feature on www.reg4rec.org .
Retrieving account information without a current email address	To protect the sensitive information in our customers' accounts, we will not disseminate information over the phone, or without identification in person.
Wait lists	If the class you requested is filled, you may be placed on a wait list, free of charge. If the class becomes available, we will call you. Payment is due within 24 hours.
Age requirement	Where an age is indicated, the participant must be that age by the first day of class. Proof of age may be required.
Class attendance	Class attendance is limited to the registered participants ONLY. Sorry, no children in parent's classes and no parents in children's classes.
Make-up classes	There are no make-ups for classes you don't attend. On occasion, a class/activity will be canceled due to weather, instructor availability or unforeseen emergencies. If Cupertino Parks & Recreation cancels a class meeting, a refund will be issued or a make-up class will be offered if schedule permits.
Class check-in/check-out	All children 0-14 years of age must be checked in and out of classes and activities by a parent or guardian. Please come into the classroom and see the instructor to check your child in and out.
Declined credit card	If your credit card is declined, Cupertino Parks & Recreation staff will contact you to request payment. If your payment is not received within 24 hours, your registration will be canceled.
Returned check	There is a \$28.83 fee for each returned check.
Paying with Cash	Exact amount required for cash payment.
Scholarships	Limited scholarship grants are available for youth recreation programs/classes for students in Cupertino Union School District. Our scholarships program is administered by the West Valley Community Services. To apply, contact WVCS or call 408-255-8033 for more information.
Disabilities	If you have any disability that requires special accommodations in order to participate, please let us know when you register.

Refund Policy

Activity withdrawals Withdrawals must be requested in writing at least **8 calendar days** prior to the start of the activity for a full refund.

Withdrawals requested **4-7 calendar days** prior to the first activity meeting will incur a 10% processing fee.

Refunds and transfers will not be issued **3 calendar days or less** before the start of the activity.

1-day Classes/Events Refunds must be requested in writing at least **8 calendar days** prior to start of 1-day class/event.

Aquatics Policy Request for course withdrawals from aquatics classes must be submitted at least **14 calendar days** prior to the start of the first class meeting. No refunds will be issued for aquatics classes if the request is made less than 14 days prior to the first class meeting.

Transfers will not be allowed once the class has begun.

Course Cancellations Refunds will be issued if a course is canceled by Cupertino Parks & Recreation. *Courses not reaching their minimum enrollment will be canceled.*

Refunds by Check Refunds by check take up to six weeks to process. Original payments made in cash or check will be refunded as a check.

Refunds by Credit Card If you paid by credit card, your refund will be applied to your credit card.

Refund Request Requests must be submitted in writing and must include: participant's name, address, phone number, name and activity number of the class, and reason for withdrawal.

Three easy ways to submit your refund request:

1) Email to refunds@cupertino.org

2) Mail to or Walk-in

Quinlan Community Center

10185 N Stelling Road

Cupertino, CA 95014

3) Fax to 408-777-1305

Separate Policies There are no refunds for: Fitness Passes.

Separate policies apply to Preschool, Lunch Bunch, Senior Center Programs, and Sports Center Memberships

Please inquire before registering.

4 Ways to Register!

Resident registration begins October 29, 2019

Non-resident registration and walk-in registration begins November 5, 2019

NOTE: A "resident" is anyone living in the Cupertino city limits (i.e., zip code 95014).
A "nonresident" is a Cupertino P.O. box address or anyone living outside the Cupertino city limits.

1 Online Registration

- Visit www.reg4rec.org
- Have your client login and account password ready
If you don't have an account, create an account by selecting 'create account'
- Pay with Visa, Mastercard, American Express, or Discover

2 Fax (Held for Random Processing*)

- Complete a registration form
- Pay with Visa, Mastercard, American Express, or Discover
- Fax to 408-777-1305
- Receipts e-mailed within 5 working days

3 Walk-in

- Visit our office at the **Quinlan Community Center at 10185 N. Stelling Road, Cupertino**, during these times:

Monday-Thursday 8:00 a.m. - 10:00 p.m.

Friday 8:00 a.m. - 5:00 p.m.

Saturday 8:30 a.m. - 4:30 p.m.

4 Mail-in (Held for Random Processing*)

- Complete registration form
- Include method of payment:
- By check payable to CITY OF CUPERTINO or by Visa, Mastercard, American Express, or Discover. There will be a \$28.83 service charge for all returned checks.
- Mail to:
Registration
10185 N. Stelling Road
Cupertino, CA 95014
- Receipts e-mailed within 5 working days

* **Random processing** means that every piece in that day's registration by mail or fax has an equal chance of being selected.



ACTIVITY REGISTRATION FORM

Cupertino Parks and Recreation Department
10185 N. Stelling Road * Cupertino, CA 95014 * (408) 777-3120

PARENT / LEGAL GUARDIAN INFORMATION (Please Print)

First Name ()	Last Name / /	Gender: <input type="radio"/> M <input type="radio"/> F
Main Phone ()	Date of Birth (mm/dd/yy)	

New or Updated Information

Home Address ()	Apt./Unit	City	Zip Code
Work Phone ()	Cell Phone ()	<input type="checkbox"/> I would like to receive text updates (e.g. cancelled classes, reminders, etc.)	
Email	<input type="checkbox"/> I would like to receive email updates (e.g. cancelled classes, reminders, programs, etc.)		
Emergency Contact (First & Last Name)	Relationship	Phone ()	

LIABILITY WAIVER & PHOTO RELEASE

WAIVER, RELEASE, HOLD HARMLESS AND AGREEMENT NOT TO SUE

I desire to participate in this PROGRAM, ACTIVITY, EVENT, MEMBERSHIP, OR CLASS (hereinafter, ACTIVITY). In consideration of the City of Cupertino accepting my application, participation, or entry into this ACTIVITY, I agree to release, waive, and discharge any and all claims for damages, death, personal injury, or property damage which I may have, or which hereafter accrue to me, against the City as a result of my participation in the ACTIVITY. This release is intended to discharge the City, its City Council, boards and commissions, officers, agents, employees, servants and volunteers, any other involved municipality or public agency (hereinafter, Indemnitees) from and against any and all liability arising out of or connected in any way with my participation in the ACTIVITY, even though that liability may arise out of the negligence or carelessness of other participants or the active or passive negligence of Indemnitees.

I further understand that accidents and injuries can result from the ACTIVITY; knowing the risks, nevertheless, I agree to assume those risks, and to release and hold harmless the Indemnitees who (through negligence or carelessness) might otherwise be liable to me (or my heirs or assigns) for damages.

In consideration for being permitted to participate in the ACTIVITY, I agree for myself, my heirs, administrators, executors, and assigns not to sue the City or any of the Indemnitees for any injury, death, damage, or loss of personal property that may arise out of, or in connection with, my participation in the ACTIVITY from whatever cause, including the active or passive negligence of the City or other participants, except for the sole negligence or willful misconduct of the City. Should a third party make a charge or claim against the City, I agree to indemnify, defend, and hold harmless the City from any and all claims, demands, actions or suits, and any other legal, administrative or regulatory proceeding arising out of, or in connection with, my participation in the ACTIVITY.

I understand this agreement and the promises contained herein are binding on myself and my heirs, administrators, executors and assigns, and shall be interpreted as broad and inclusive as allowed by law. If a court of competent jurisdiction declares any portion of this agreement invalid, the remainder of the agreement shall continue in full force and effect. I further allow my photograph to be taken and used for City purposes without compensation.

I have carefully read this agreement and fully understand its contents. I am aware that it is a full release of all liability and sign it on my own free will.

PARTICIPANT SIGNATURE
(Parent / Legal Guardian if under 18)

DATE

ACTIVITY INFORMATION / PAYMENT

Please check this box if you have any special needs requiring accommodations for the participant.

Participant Name (First & Last)	Birthdate (mm/dd/yy)	M/F	Grade	Activity Title	Code 1st Choice	Code 2nd Choice	Fee

(To enter additional activities use back page)

TOTAL DUE \$

(Fill out for Mail-in, Fax-in or if Cardholder not present)

CREDIT CARD PAYMENT:
(check one)

Card Number: _____ Exp Date: ____/____

Cardholder Name: _____

Authorized Amount: \$ _____ Signature: _____

Payment Options:

- Credit Card
- Checks- Payable to "CITY OF CUPERTINO" (\$28.83 fee charged per returned check)
- Cash- Exact amount required (DO NOT MAIL)

Registration form return options:

- Walk-in or Mail-in to Recreation Office:
10185 N. Stelling Road
Cupertino, CA 95014
- Fax-in to (408) 777-1305

Revised 09.26.19



CUPERTINO

FITFEST

Saturday, March 14 | 9 a.m.
Quinlan Community Center

FIT FUN, FOR EVERYONE

GIVE A GROUP FITNESS CLASS A TRY AT
THE CITY OF CUPERTINO'S ANNUAL FITFEST



DEMO CLASSES

Come for one class or try
out as many as you like.



FREE GIFT

Gifts for the first
100 people.



RAFFLE PRIZES

Keep an eye out for the class schedule and event details at
cupertino.org/events

Santa Visits Your Home

\$55

If you've always wanted to receive a special visit from Santa Claus, you're in luck! Santa Claus and his elf have decided to take a break from the North Pole and visit the beautiful City of Cupertino.

	Saturday, 12/14	Sunday, 12/15	Friday, 12/20	Saturday, 12/21	Sunday, 12/22
5:00 p.m.	9382	9390	9398	9406	9414
5:30 p.m.	9383	9391	9399	9407	9415
6:00 p.m.	9384	9392	9400	9408	9416
6:30 p.m.	9385	9393	9401	9409	9417
7:00 p.m.	9386	9394	9402	9410	9418
7:30 p.m.	9387	9395	9403	9411	9419
8:00 p.m.	9388	9396	9404	9412	9420
8:30 p.m.	9389	9397	9405	9413	9421

Registrations must be completed in person at the Quinlan Community Center.

If you are hosting participants up to age 12 this season, this in-home meet-and-greet will be truly magical!

Santa's time is limited and he can only spend **15-minutes** at each location. Make sure to have your camera and family ready to participate in this joyous occasion.

Please note: only 1 slot will be allowed per family. Cupertino residents only.
For more information on Santa Visits, please call 408-777-3120.



Cupertino Parks & Recreation
10185 N. Stelling Road
Cupertino, CA 95014

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Permit No. 341

Residential Customer
Cupertino, CA 95014
ECRWSS



CUPERTINO



OF FITNESS, FUN, & FAMILIES



Saturday, January 11, 2020
9 a.m. - 11:30 a.m.

Cupertino Sports Center

21111 Stevens Creek Blvd, Cupertino, CA 95014

See **page 50** for Open House details!