

# VIRTUAL CLASSES

Virtual Recreation Classes taught by Cupertino Parks & Recreation Instructors *through Zoom.*

## Mandarin Music Class

3-4Y

This class will provide a fun and creative environment for children to explore music and learn Chinese through songs, rhymes, body movements, flash cards, instrument playing, and much more! The class will be taught by a fluent Chinese speaker who will use both English and Chinese (Mandarin) to expose the students to Chinese music, culture, and history. Children with or without prior Chinese language exposure are welcome to attend. Parent/caregiver participation is required.

### Online: Zoom Meeting

Codes	Days	Times	Dates	Mtgs	R	NR
12021	F	10:30a-11:10a	5/1-5/22	4	\$80	\$96

*Instructor: Joyful Melodies School*

## Little Mozart

3-4Y

Students will be introduced to musical concepts, symbols and notation, various instruments, famous composers, and much more. Our playful, fun and creative lessons are taught through singing, playing instruments and movement activities. Parent participation is required.

### Online: Zoom Meeting

Codes	Days	Times	Dates	Mtgs	R	NR
12020	Sa	10:50a-11:30a	5/16-6/6	4	\$80	\$96

*Instructor: Joyful Melodies School*

## Parent & Child ESL

4-7Y

This fun, interactive class for a child and one parent is designed to help you build your English language skills together through games, songs, and interactive activities. Join a small group, led by an experienced ESL teacher, and learn essential vocabulary, grammar, and conversation skills!

### Online: Zoom Meeting

Codes	Days	Times	Dates	Mtgs	R	NR
12024	Tu Th	10:00a-10:45a	5/19-6/11	8	\$128	\$154

*Instructor: Natasha Austin*

## Melody's Piano Beginner's

4-7Y

This course will introduce children the world of music through various music skills in a fun and exciting way. Your child will sing, practice ear-training, keyboard playing, rhythm ensemble and reading music! Parent participation required. Virtual Class, must have access to Zoom. Non-refundable material fee of \$45 is due on the first day of class.

### Online: Zoom Meeting

Codes	Days	Times	Dates	Mtgs	R	NR
12228	Su	11:00a-11:45a	5/10-6/14	6	\$180	\$216
12226	W	5:00p-5:45p	6/10-7/15	6	\$180	\$216

*Instructor: Melody Academy of Music*

## Melody's Group Guitar

5-8Y

Let's play Guitar and learn your favorite song! This is a beginner class for kids! Focus will be on learning basic skills and techniques for the instrument. No former musical knowledge is required. Please bring your own guitar with non-refundable \$25 material fee on the first day of class!

### Online: Zoom Meeting

Codes	Days	Times	Dates	Mtgs	R	NR
12268	Sa	3:00p-3:45p	5/23-6/27	6	\$180	\$216

*Instructor: Melody Academy of Music*

## Melody's Group Ukulele

5-13Y

Let's play Ukulele and learn your favorite song! This beginner class for kids will focus on learning basic skills and techniques for the instrument. Virtual class, must have access to zoom. Please bring your own Ukulele with non-refundable \$25 material fee on the first day of class!

### Online: Zoom Meeting

Codes	Days	Times	Dates	Mtgs	R	NR
12229	Sa	4:00p-4:45p	5/23-6/27	6	\$180	\$216

*Instructor: Melody Academy of Music*

**Piano Keyboard Level 2+ 6-10Y**

Continue to refine your skills playing the piano. Level 2 is designed for continuing/experienced students. Students are expected to have their own piano/keyboard at home to practice while not in class.

Online: Zoom Meeting

Codes	Days	Times	Dates	Mtgs	R	NR
12019	Sa	11:00a-11:50a	5/16-6/6	4	\$140	\$168

Instructor: Joyful Melodies School

**Melody's Violin Group Class 6-13Y**

Learn to play the violin! Suzuki method is combined with Western teaching methods to provide a strong foundation for playing this sophisticated instrument. Your child will enjoy the beautiful sound of the violin. Non-refundable material fee \$25; additional \$20 with violin rental with MAM!

Online: Zoom Meeting

Codes	Days	Times	Dates	Mtgs	R	NR
12227	M W	5:00p-5:45p	5/20-6/24	6	\$180	\$216

Instructor: Melody Academy of Music

**Play-Well Online STEM 7-11Y**

Students will explore their creative boundaries, learn new building techniques, and connect their projects to practical real-world STEM concepts, all with a focus on open-ended builds. Any assorted LEGO® pieces you have at home will work.

Online: Zoom Meeting

Codes	Days	Times	Dates	Mtgs	R	NR
12018	M	11:00a-12:00p	5/18-6/8	4	\$48	\$58

Instructor: Play-Well Teknologies

**AMC 8 Math 10-15Y**

Advanced math concepts and strategies to solve challenging, out of the box AMC8 problems with ease and efficiency.

Online: Zoom Meeting

Codes	Days	Times	Dates	Mtgs	R	NR
10650	Tu Th	5:00p-6:00p	5/19-6/11	8	\$240	\$288

Instructor: Madhu Marathe

**ESL for Adults: Beginner & Low Intermediate 18Y+**

Take the opportunity to improve your English skills by joining a small group, led by an experienced ESL instructor. Each class includes a conversation topic, popular idioms, grammar practice, and interactive conversation practice. The instructor will email class materials.

Online: Zoom Meeting

Codes	Days	Times	Dates	Mtgs	R	NR
12022	M W	10:00a-10:45a	5/18-6/10	8	\$128	\$154

Instructor: Natasha Austin

**ESL for Adults: High Intermediate & Advanced 18Y+**

Take the opportunity to improve your English skills by joining a small group, led by an experienced ESL instructor. Each class includes a conversation topic, popular idioms, grammar practice, and interactive conversation practice. The instructor will email class materials.

Online: Zoom Meeting

Codes	Days	Times	Dates	Mtgs	R	NR
12023	M W	11:00a-11:45a	5/18-6/10	8	\$128	\$154

Instructor: Natasha Austin

**Line Dance – Beginning 18Y+**

Line Dance is a great exercise that may improve your balance, memorization skills, muscle tone, and overall health. Good exercise, great fun! *Geared for 50+, but open to all.*

Online: Zoom Meeting

Codes	Days	Times	Dates	Mtgs	R/NR
12271	Th	7:00p-8:30p	5/7-5/28	4	\$16

Instructor: Kathy Chang

**Line Dance – Intermediate 18Y+**

Line Dance is a great exercise that may improve your balance, memorization skills, muscle tone, and overall health. Good exercise, great fun! *Geared for 50+, but open to all.*

Online: Zoom Meeting

Codes	Days	Times	Dates	Mtgs	R/NR
12272	Tu	7:00p-8:30p	5/5-5/26	4	\$16

Instructor: Kathy Chang

## Cyber Security

18Y+

Technology is evolving every day and with it, cyber crime. Learn methods and best practices to keep your devices and information safe from cyber threats. This seminar is geared towards those who are 50 years or older and designed to inform, guide, and teach preventative measures against cyber attacks.

### Online: Zoom Meeting

Codes	Days	Times	Dates	Mtgs	R/NR
12269	M	12:30p-2:00p	5/11	1	\$5

Instructor: Curt Helvey

## Yoga for 50+

18Y+

Discover how yoga can strengthen your core, improve posture, and cultivate awareness of our body. Iyengar is a detailed style of yoga, with great attention paid to finding the proper alignment in a pose, and yoga props such as blankets and blocks are used. Join us and learn what benefits this class will hold for you! *Geared for 50+, but open to all.*

### Online: Zoom Meeting

Codes	Days	Times	Dates	Mtgs	R/NR
12289	Tu	12:30p-2:00p	5/12-5/26	3	\$12

Instructor: Polly Hu

## Chair Exercise

18Y+

Upbeat exercise class that meets twice a week and may help improve muscle strength and balance. *Geared for 50+, but open to all.*

### Online: Zoom Meeting

Codes	Days	Times	Dates	Mtgs	R/NR
12288	Th	10:30a-11:30a	5/14-5/28	3	\$12

Instructor: Polly Hu



# FREE VIRTUAL FITNESS CLASSES



**Mondays**  
Zumba® with Monica  
9:00 a.m. – 10:00 a.m.

**Tuesdays**  
Bootcamp with Raychel  
8:30 a.m. – 9:30 a.m.

**Wednesdays**  
Pilates with Jill  
9:00 a.m. – 10:00 a.m.

**Thursdays**  
Yoga with Polly  
9:00 a.m. – 10:00 a.m.

**Fridays**  
U-Jam® with Monica  
9:00 a.m. – 10:00 a.m.

Zumba® with Monica  
9:00 a.m. – 10:00 a.m.

Feldenkrais with Michele  
10:30 a.m. – 11:30 a.m.

Zumba Gold® with Grace  
10:30 a.m. – 11:30 a.m.

Body Sculpting with Raychel  
10:30 a.m. – 11:30 a.m.

Bombay Jam® with Archana  
12:00 p.m. – 1:00 p.m.

*Find the Zoom Class Link at  
[cupertino.org/virtualrecreation](http://cupertino.org/virtualrecreation)*