## One challenge every month The Driver takes the challenge, the Passengers enforce the rules

## Mindful Driving Challenge for November See and be Seen!

Your mindful driving challenge for November is to clean your car windows, lights, and mirrors whenever you get gas.

Time just changed so the days are getting shorter and it's dark longer. We all know how hard it is to see a person in the road dressed in dark clothing at night. But do we think about how it's equally hard to see a car whose lights are all covered in dirt and grime? This month, we challenge you to take off your car's black hoodie by wiping off your headlights and taillights the next time you're at the gas station. And while you're at it, take off the car's sunglasses too by cleaning the windshield and re-adjusting your mirrors (here's a great video on how to adjust your mirrors to eliminate blind spots). See and be seen again!

These Challenges are brought to you by the Cupertino Safe Routes to School Program. Check out Cupertino's <u>Back to School page</u> for tips and resources on getting to school safely.

