

# Medical Aid

## Your safety is #1...

Wear personal protective equipment (gloves, goggles, masks) when providing medical aid.

## Key threats to life involve the ABCs...

Airway

Breathing

Circulation

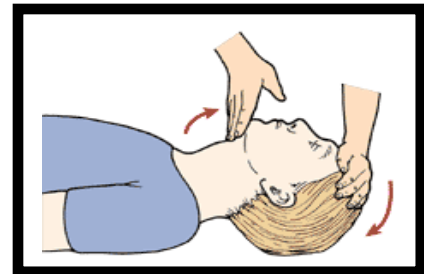
Always be careful of the head and neck to prevent additional injury!

**Do not delay calling 9-1-1!!!**

## Immediate steps that save lives...

### Open Airway

Look listen and feel in the position found  
Head tilt, chin lift



### Stop Bleeding

Direct Pressure  
Elevation  
Pressure Point

### Treat for Shock

Maintain body temperature  
Elevate legs 12" above heart



### Never move a patient unless...

You have to transport them elsewhere  
The location is hazardous

*Take CPR & First Aid classes regularly!*

[www.cupertino.org/emergency](http://www.cupertino.org/emergency)